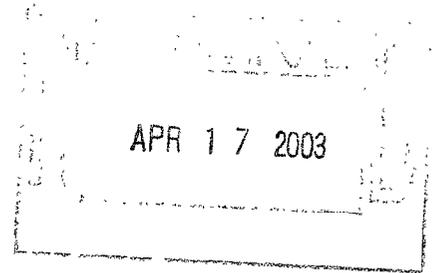




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March 21, 2003

Office of Special Nutritionals (HF-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

Notice is hereby given the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Goldenseal, a dietary supplement.

Statements being made in the labeling of Goldenseal Capsules

Promotes Immune and Respiratory Health

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Mason Vitamins possesses substantiation that the statements are truthful and not misleading.

MASON VITAMINS, INC.

Sonia C. Rodriguez
President

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