



National Vitamin Company, Inc.

2075 WEST SCRANTON AVENUE • PORTERVILLE, CALIFORNIA 93257-8358

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Food & Drug Administration
200 C St. SW
Washington DC 20204

To Whom It May Concern:

APR - 4 2003

Subject: Structure/Function Claims for dietary supplement registration.

- (i) National Vitamin Company
2075 W Scranton Avenue
Porterville CA 93257
- (ii) The dietary supplement Rest and Relaxation states "The Rest and Relaxation herbal blend may be used to manage anxiety, emotional stress and help provide a relaxing sleep."
- (iii) The name of the dietary ingredients are Calcium (from Calcium Carbonate & Calcium Amino Acid Chelate) at 35mg per capsule, Magnesium (from Magnesium Oxide & Magnesium Amino Acid Chelate) at 35mg per capsule, St. John's Wort Standardized Extract Hypericin .3% at 100mg per capsule, Magnolia Bark Concentrate 8:1 at 60mg per capsule, Chamomile (Leaves) at 50mg per capsule, and Valerian (Root) at 5mg per capsule.
- (iv) The brand label name is Nature's Blend Rest and Relaxation, 60 capsules per bottle.

Sincerely,

 3/26/03

Tom Rumolo, Technical Director

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