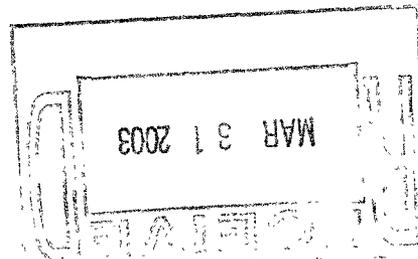




March 18, 2003

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204



SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
ARTICLE #: 7099 3400 0016 4139 9881

RE: BONE AND BODY BENEFITS

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Andrew Lessman's Bone and Body Benefits**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

The combined levels of Calcium (900 mgs) and Magnesium (450 mgs) in **Bone and Body Benefits** are the highest we have included in any single formula to achieve optimum skeletal maintenance, support and growth. Calcium and Magnesium are the two most predominant and vital minerals in your skeleton, but are often found to be lacking from the American diet. Moreover, because they can often be difficult to absorb -- particularly as we get older, we provide special highly soluble forms of these two critical building blocks for strong healthy bones. We also include the important trace mineral Boron, as well as Vitamin D, which is essential for calcium absorption. Silicon plays an important structural role in bone tissue but it is often stripped from most of the foods we eat, making it difficult to get from your diet. Equaling the two-capsule potency of our Women's Wellness formula, **Bone and Body Benefits** delivers 67 milligrams of natural hormone balancing anti-oxidant Isoflavones from our Standardized Soy Extracts. The natural hormonal balancing effects of Soy can benefit a woman at all stages of life. We also include high levels of standardized water-extracted Chinese Green Tea with its powerful anti-oxidant polyphenols and catechins to support several specific organs and tissues in the body, including the delicate tissues of the breast. **Bone and Body Benefits** also includes a natural component of cruciferous vegetables called sulphoraphane that is thought to be responsible for many of the health benefits of broccoli in supporting and stimulating the body's production of its own powerful anti-oxidants, such as glutathione. Additional powerful anti-oxidant and urinary tract support is provided by high levels of our ultra-concentrate of cranberry, along with the important carotenoids, Lutein and Lycopene, which deliver powerful anti-oxidant benefits to certain vital organs, including the eye and breast.

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Respectfully Submitted,

Dr Nancy Steely, ND
Director of Research

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