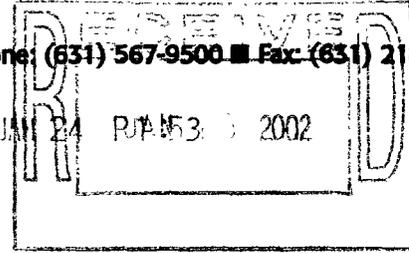




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 28, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Milk Thistle 175 mg supplement under the Spring Valley label:

- Nutritionally Supports Liver Function
- Derived from a purple flower, Milk Thistle helps maintain healthy liver function.
- Milk Thistle may protect the cells of the liver by blocking the entrance of harmful toxins and helping remove these toxins from the liver cells.
- In addition, Milk Thistle acid possesses antioxidant properties that may help neutralize cell-damaging free radicals.
- Studies have shown that oxidative stress caused by free radicals may contribute to aging.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/lt

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