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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 17, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our LIGNISIL™ MSM 750 mg supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition and Vitamin World:

- For Joint Health
- LIGNISIL MSM is an organic source of sulfur that synergistically enhances the benefits of natural glycosaminoglycans to support cartilage health.
- LIGNISIL MSM also provides one of the key raw materials for the body's connective tissue, including hair, skin and nails.
- As an organically based sulfur, LIGNISIL MSM is the perfect joint supplement for anyone, including those sensitive to shellfish.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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