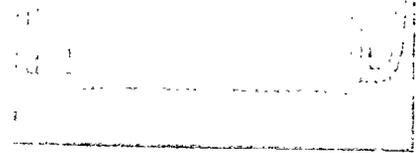




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

1513 03 JUN 01 21 52



Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 13, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Metabolic Action supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin B-6, Vitamin B-12, Chromium, PABA, Licorice, Siberian Ginseng, Bee Pollen, L-Glutamine, L-Tyrosine, DMAE, L-Taurine, Korean Ginseng, Suma, Schizandra, Chlorella, Gymnema Sylvestre, American Ginseng.

- Supports Energy and Fat Metabolism
- Metabolic Action contains over 16 key vitamins, amino acids and premium herbs, including Vitamins B-6 and B-12 for energy metabolism and Chromium Picolinate for fat metabolism.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk

975 0162

LET 9149

75986