

78983

November 23, 2001

Dr. Robert Moore  
Branch Chief (HFS-811)  
Dietary Supplements Branch  
Food and Drug Administration  
200 C Street S.W.  
Washington D.C. 20204

RECEIVED  
JAN 16 2002  
B2

Re: FDCA 403(r)(6) Notification

Dear Dr. Moore:

Pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDCA), 21 U.S.C. 343(r)(6), and implementing Food and Drug Administration regulation, 21 C.F.R. 101.93 (62 Fed. Reg. 49886 (Sept 23, 1997)), Vitamin Shoppe Industries Inc. submits this notification that statements are included in labeling its dietary supplements, as attached.

Vitamin Shoppe Industries Inc. at 4700 Westside Avenue, North Bergen, New Jersey is the distributor of the dietary supplements.

The undersigned certifies that the information contained in this notice is complete and accurate, and that the notifying firm has substantiation that each statement is truthful and not misleading.

Respectfully yours,



Patti Ann Kelly, Ph.D.  
Director of Scientific and Regulatory Affairs  
Vitamin Shoppe Industries Inc.

975 0162 LET 9068

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1525	Acetyl-L-Carnitine	Acetyl-L-Carnitine (as acetyl-l-carnitine HCl)	Supports Brain Function*	Memory Booster*
vs-1457	Allicin 6000 Garlic	Garlic (Allium sativum)(clove)	Promotes Cardiovascular Health*	Cardiovascular*
vs-1886	Alpha -Lipoic Acid 300mg	Alpha-Lipoic Acid	Protects Against Free Radicals*	Antioxidants*
vs-1396	Alpha-Lipoic Acid 100mg	Alpha-Lipoic Acid	Protects Against Free Radicals*	Antioxidants*
vs-1395	Alpha-Lipoic Acid 50mg	Alpha-Lipoic Acid	Protects Against Free Radicals*	Antioxidants*
vs-2064	American Ginseng 648mg	American Ginseng (Panax quinquefolius)(root)	Promotes Energy Levels*	
vs-1580	Antioxidant Cocktail II	Pine Bark Extract (Pinus maritimus)(bark) Grape Seed Extract (Vitis vinifera) (seed) (standardized to 95% Proanthocyanidins) Alpha Lipoic Acid Green Tea Extract (Camellia var. sinensis ) (leaf) (standardized to 75% Polyphenols) Coenzyme Q10		Antioxidants*
vs-1062	B-12 1000 mcg	Vitamin B12 (as cyanocobalamin)	Supports Energy Production*	
vs-1681	B-12 1000 mcg Methylcobalamin	Vitamin B12 (as methylcobalamin)	Active Form of B-12 Promotes Energy*	
vs-1475	B-12 3000 mcg	Vitamin B12 (as cyanocobalamin)	Supports Energy Production*	
vs-1170	B-12 500 mcg	Vitamin B12 (as cyanocobalamin)	Supports Energy Production*	
vs-1052	B-Complex 100	Thiamin (Vitamin B1)(as as thiamin mononitrate) Riboflavin (Vitamin B2) Naicin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folic acid Vitamin B12 (as cyanocobalamin) Biotin Pantothenic Acid (as d-calcium pantothenate)	Promotes Energy, Mental and Heart Health*	
vs-1054	B-Complex 100	Thiamin (Vitamin B1)(as as thiamin mononitrate) Riboflavin (Vitamin B2) Naicin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folic acid Vitamin B12 (as cyanocobalamin) Biotin Pantothenic Acid (as d-calcium pantothenate)	Supports Energy, Mental and Heart Health*	
vs-1048	B-Complex 125	Thiamin (Vitamin B1)(as as thiamin mononitrate) Riboflavin (Vitamin B2) Naicin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folic acid Vitamin B12 (as cyanocobalamin) Biotin Pantothenic Acid (as d-calcium pantothenate)	Promotes Energy, Mental and Heart Health*	
vs-1046	B-Complex 50	Thiamin (Vitamin B1)(as as thiamin mononitrate) Riboflavin (Vitamin B2) Naicin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folic acid Vitamin B12 (as cyanocobalamin) Biotin Pantothenic Acid (as d-calcium pantothenate)	Promotes Energy, Mental and Heart Health*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1910	Beta Sitosterol	Phytosterol Concentrate providing: Beta Sitosterol	Supports Normal Cholesterol Levels* Beta Sitosterol supports cholesterol levels already within the normal range.*	Cholesterol Solutions*
vs-3064	Bilberry Extract	Bilberry Extract MirtoSelect™ (Vaccinium myrtillus)(fruit) standardized to 25% Anthocyanosides	Supports Eye Health*	
vs-1011	Bioflavonoid Complex 1000 mg	Citrus Bioflavonoid Complex providing 35% Hesperidin	Improves Absorption of Vitamin C*	
vs-1504	Black Cohosh Extract	Black Cohosh Extract (Cimicifuga racemosa) (root) (standardized to 2.5% Triterpeneglycosides)	Menopause Support*	
vs-1299	Boron 3 mg	Boron	Supports Bone Health*	
vs-1235	Boron Complex Plus Calcium and Magnesium	Vitamin D (as cholecalciferol) Calcium (as carbonate, citrate) Magnesium (as oxide, aspartate) Zinc (as gluconate, picolinate) Boron Manganese (as sulfate)	Supports Bone Health*	
vs-1884	Boswellia Serrata Standardized Extract 250mg	Boswellia serrata Extract (resin) standardized to 65%-70% Total Organic Acids including Boswellic Acids	Supports Joint Health*	
vs-1014	Buffered C-Complex	Vitamin C (as calcium ascorbate)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1246	C-1000	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1021	C-1000 Complex	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1012	C-1000 Complex	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1016	C-1000 with Rose Hips	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1019	C-1500 Complex	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1255	C-2000 Complex	Vitamin C (as ascorbic acid, calcium, zinc, magnesium, manganese, molybdenum, chromium ascorbate) Pottasium (as citrate, aspartate)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1249	C-500	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1006	C-500 Complex	Vitamin C (as ascorbic acid )	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1008	C-500 Complex	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1002	C-500 with Orange Juice Concentrate	Vitamin C (as sodium ascorbate)	An Antioxidant to Support Immune, Vascular and Joint Health*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1004	C-500 with Rose Hips	Vitamin C (ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1415	Calcium 1000 mg	Calcium (as calcium carbonate) Vitamin D (from fish liver oil and as cholecalciferol)	Maintains Healthy Bones*	
vs-1078	Calcium Citrate Complex	Calcium (as calcium citrate, carbonate)	Maintains Healthy Bones and Teeth*	
vs-1590	Calcium Citrate plus Magnesium	Calcium (as calcium citrate) Magnesium (as aspartate, citrate, oxide)	Maintains Healthy Bones and Teeth*	
vs-1086	Calcium Citrate plus Magnesium & Vitamin D	Vitamin D (as cholecalciferol) Calcium (as calcium citrate) Magnesium (as oxide, aspartate, citrate)	Maintains Healthy Bones and Teeth*	
vs-1753	Calcium Citrate plus Vitamin D	Vitamin D (as cholecalciferol) Calcium (as calcium citrate)	Maintains Healthy Bones and Teeth*	
vs-1452	Calcium Magnesium Zinc	Calcium (as carbonate, aspartate, citrate) Magnesium (as oxide, aspartate, gluconate) Zinc (as oxide, aspartate, gluconate)	Maintains Healthy Bones and Teeth*	
vs-1506	Calcium Pyruvate	Calcium Pyruvate	May support a diet and weight management program that includes regular exercise and a calorie restricted diet.	Weight and Diet Management*
vs-2008	Carb Blaster	Phaseolamin™, a purified extract of Northern White Kidney Bean ( <i>Phaseolus vulgaris</i> )	A standardized amylase inhibitor; Inhibition of amylase can prevent the breakdown of carbohydrates.	Weight and Diet Management*
vs-1662	Chasterberry (Vitex) Extract	Chasteberry Extract ( <i>Vitex agnus-castus</i> )(berry) (standardized to 0.5% Agnusides) Chasteberry Extract ( <i>Vitex agnus-castus</i> )(berry)	Menopause Support*	
vs-1221	CholesAid	Niacin (as inositol hexaniacinate) Chromium (Chromemate®) (as chromium polynicotinate)	Supports Normal Cholesterol* CholesAid supports cholesterol levels already within the normal range.*	Cholesterol Solutions*
vs-1213	Choline & Inositol 500mg	Choline (as choline bitartrate) Inositol	Involved in Absorption and Transport of Fat*	
vs-1254	Chondroitin Sulfate 500	Chondroitin Sulfate A	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1222	Chromium Complex	Chromium (Chromemate®) (as chromium polynicotinate)	Supports Glucose and Fat Metabolism *	
vs-1130	Chromium Picolinate 200mcg	Chromium (Chromax®) (as chromium picolinate)	Supports Glucose and Fat Metabolism *	
vs-1472	Chromium Plus Selenium and Zinc	Chromium (Chromax®, Chromemate®) (as picolinate, polynicotinate)	Supports Glucose and Fat Metabolism*	
vs-2153	Citrimax plus Chromium Picolinate	Chromium (Chromax®)(as chromium picolinate)	Supports Glucose & Fat Metabolism*	
vs-1607	Colostrum 25% IgG	Colostrum (standardized to 25% IgG & 0.6% Lactoferrin)		Immune Booster*
vs-1756	Colostrum 40% IgG Super Strength	Colostrum (ColostruMune™)(from bovine) standardized to 40% IgG & 0.7% Lactoferrin		Immune Booster*
vs-1870	Colostrum Powder	Colostrum (ColostruMune™)(from bovine) standardized to 40% IgG & 0.6% Lactoferrin		Immune Booster*
vs-1276	CoQ-10 75 mg	Coenzyme Q-10	An Antioxidant to Promote Heart Health and Energy *	Cardiovascular*
vs-1088	CoQ-10 10 mg	Coenzyme Q-10	An Antioxidant to Promote Heart Health and Energy*	Cardiovascular*
vs-1260	CoQ-10 100 mg	Coenzyme Q-10	An Antioxidant to Promote Heart Health and Energy*	Cardiovascular*

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1394	CoQ-10 30 mg Plus Vitamin E	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Coenzyme Q-10	An Antioxidant to Support Heart Health and Energy*	Cardiovascular*
vs-1090	CoQ-10 30mg	Coenzyme Q-10	An Antioxidant to Promote Heart Health and Energy*	Cardiovascular*
vs-1362	Cranberry Action Plus Vitamin C	Cranberry (Vaccinium oxycoccus)(berry)	Supports Urinary Tract Health*	
vs-1988	Crea-Glu Tech	Creatine Monohydrate Glutamine		Lean Mass Volumizers*
vs-1342	Creatine 750 mg	Creatine Monohydrate	Can be beneficial for enhancing body composition when used along with a strength training program.	Lean Mass Volumizers*
vs-1337	Creatine Powder	Creatine Monohydrate	Can be beneficial for enhancing body composition when used along with a strength training program.	Lean Mass Volumizers*
vs-1610	DHA 100 mg	DHA (Docosahexanoic Acid)	Essential for Mental and Visual Function*	
vs-1261	Dry A 10,000 IU	Vitamin A (as retinyl acetate)	Supports Eye Health and Immune Function*	
vs-1185	Dry Non- Oily A&D	Vitamin A(as beta-carotene & retinyl palmitate) Vitamin D (as cholecalciferol)	Supports Eye Health and Immune Function*	
vs-1030	E 400 IU with Wheat Germ Oil and Lecithin	Vitamin E (as d-alpha, gamma, beta, delta tocopherols)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1215	E 400 IU Dry	Vitamin E (as d-alpha tocopheryl succinate)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1561	E 400 IU with EPA/DHA	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Marine Lipid Concentrate - providing: 30% EPA (Eicosapentaenoic Acid) & 20% DHA (Docosahexaenoic Acid)	Supports Cardiovascular Health and Joint Health*	
vs-1564	E 400 IU with Ginkgo Biloba	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Ginkgo Biloba Extract (leaf) (standardized to 24% Ginkgoflavonglycosides & 6% Terperne Lactones)	Supports Cardiovascular Health*	
vs-1553	E 400 IU with Lycopene	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Lycopene (Lyc-O-Mato™) (from tomato)	Promotes Prostate Health*	
vs-1023	E-1000 IU	Vitamin E (as d-alpha, gamma, beta, delta tocopherols)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1556	E-1200 IU	Vitamin E (as d-alpha, gamma, beta, delta tocopherols)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1025	E-400 IU	Vitamin E (as d-alpha, gamma, beta, delta tocopherols)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1028	E-400 IU Plus Selenium	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Selenium (as l-selenomethionine)	An Antioxidant to Promote Cardiovascular and Joint Health*	
vs-1554	E-800 IU	Vitamin E (as d-alpha, gamma, beta, delta tocopherols)	An Antioxidant to Promote Cardiovascular and Joint Health*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-2047	Easy to Swallow B-Complex 100	Thiamin (Vitamin B1)(as thiamin mononitrate) Riboflavin (Vitamin B2) Niacin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folic Acid Vitamin B12 (as cyanocobalamin) Pantothenic Acid (as d-calcium pantothenate)	Supports Energy Production and Nervous System Function*	
vs-1828	Easy to Swallow C-1000	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1824	Easy to Swallow Calcium 1000	Vitamin D (as cholecalciferol) Calcium (as calcium carbonate)	Maintains Healthy Bones*	
vs-1831	Easy to Swallow Glucosamine & Chondroitin	Glucosamine Sulfate KCl Chondroitin Sulfate	Maintains Healthy Flexible Joints*	Joint Solutions*
vs-1664	Echinacea	Echinacea angustifolia Extract (herb) (standardized to 4% Echinacosides) Echinacea purpurea (root)	Promotes Immune Health*	
vs-2073	Eleuthero (Siberian Ginseng) 648 mg	Eleuthero (Siberian ginseng)(Eleutherococcus senticosus)(root)	Promotes Energy Levels*	
vs-1991	Energy Tech	MaHuang Extract (Ephedra sinica)(aerial part) (standardized to 6% Ephedrine Alkaloids) Citrus aurantium (Zhi Shi/Bitter Orange) standardized to contain 5% Adrenergic Amines (Synephrine, N-Methyltyramine, Hordenine, Octopamine, Tyramine) Cordyceps sinensis, Siberian Ginseng, Panax Ginseng	May support a diet and weight management program that includes regular exercise and a calorie restricted diet.*	Weight and Diet Management; Energy Boosters*
vs-1419	Ester C 1000	Vitamin C (Ester C®) (as calcium ascorbate)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1417	Ester C 500	Vitamin C (Ester C®) (as calcium ascorbate)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-1190	Fiber Force-6	Oat Bran Fiber (Avena sativa)(hull) Apple pectin (Malus domestica)(fruit) Prune (prunus domestica)(fruit) Lactobacillus acidophilus Rice Bran (Oryza sativa)(hull) Citrus Fiber (Citrus aurantium)(peel) Psyllium (Plantago ovata)(husk) Soy Fiber (Glycine max)(seed)	Supports Healthy Regularity*	Intestinal Health and Colon Care*
vs-1148	Folic Acid 800 mcg	Folic Acid	Promotes Cardiovascular Health*	
vs-2065	Ginger Root 550mg	Ginger (Zingiber officinale)(root)	A Calming Digestive Herb*	
vs-1134	Ginkgo Biloba Extract 60 mg	Ginkgo Biloba Extract (Ginkgo Select™)(leaf) (standardized 24% Ginkgo flavonglycosides & 6% Terpene lactones)	Supports Memory and Circulation*	
vs-1567	Ginkgo Biloba Extract 120mg	Ginkgo Biloba Extract (leaf) (standardized to 24% Ginkgo flavonglycosides & 6% Terpene Lactones)	Supports Memory and Circulation*	
vs-2076	Ginseng Complex	Korean Ginseng (Panax ginseng)(root) Eleuthero (Siberian ginseng) (Eleutherococcus senticosus) (rhizome)	Promotes Energy Levels*	
vs-3010	Ginseng Extract	Panax ginseng (root) standardized. to 8% Ginsenosides	Promotes Energy Levels*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-2011	Gluco Tech	Inzitol a trademarked d-Pinnitol (derived from pine trees) Gymnema Sylvestre (std. to 24% Gymnemic Acid) Chromium Alpha Lipoic Acid	Pinitol supports the transport of glucose, similar to insulin. Gymnema Sylvestre, Chromium, Alpha Lipoic Acid supports glucose transport.	Glucose Support*
vs-1486	Glucosamine & Chondroitin Sulfate	Glucosamine Sulfate 2KCl Chondroitin Sulfate A	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1907	Glucosamine & Chondroitin Sulfate	Glucosamine HCl Chondroitin Sulfate A	Maintains Healthy Flexible Joints*	Joint Solutions*
vs-1879	Glucosamine & Chondroitin Sulfate with Ester C®	Vitamin C (Ester C®)(as calcium ascorbate) Glucosamine Sulfate 2KCl Chondroitin Sulfate A	Maintains Healthy Flexible Joints*	Joint Solutions*
vs-1632	Glucosamine & Chondroitin with MSM	Glucosamine Sulfate 2KCl Chondroitin Sulfate A	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1903	Glucosamine & Chondroitin with MSM	Glucosamine HCl Chondroitin Sulfate A MSM (OptiMSM™)	Maintains Healthy Flexible Joints*	Joint Solutions*
vs-1634	Glucosamine & Chondroitin with Quercetin & Bromelain	Glucosamine Sulfate 2KCl Chondroitin Sulfate A	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1630	Glucosamine and Chondroitin with Calcium and Soy Isoflavones	Glucosamine Sulfate 2KCl Chondroitin Sulfate A	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1657	Glucosamine Sulfate 1000	Glucosamine Sulfate 2KCl	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-3009	Glucosamine Sulfate 500	Glucosamine Sulfate 2KCl	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1172	Glutamine and Ginkgo	L-Glutamine Ginkgo biloba Extract (leaf) Ginkgo Biloba (leaf)	Supports Memory and Circulation*	Memory Booster*
vs-2043	Gotu Kola 441 mg	Gotu Kola (Centella asiatica)(herb)	Circulatory System Health*	
vs-1677	Gotu Kola Extract	Gotu Kola Extract (Centella asiatica) (leaf) (standardized to 10% Triterpenes) Gotu Kola (Centella asiatica) (herb)	Supports Healthy Circulation*	
vs-1767	Grape Seed 100 mg	Grape Seed Extract (MegaNatural®) (Vitis vinifera) (seed) (standardized to 95% Proanthocyanidins)		Antioxidants*
vs-2117	Grape Seed 60 mg	Grape Seed Extract (LeucoSelect®)(Vitis vinifera)(seed) std. to 95% proanthocyanidins		Antioxidants*
vs-1678	Green Tea Extract	Green Tea Extract (Camellia sinensis) (leaf) (standardized to 75% Polyphenols & 30% Epigallocatechin Gallate)	Protects Against Free Radicals*	
vs-1290	Gymnema sylvestre 250mg	Gymnema sylvestre (leaf)	Supports Glucose Metabolism*	
vs-1515	5-HTP (5-Hydroxytryptophan) with Vitamin B6	5-HTP (5-Hydroxytryptophan) Vitamin B6 (as pyridoxine HCl)	Supports Positive Mood*	
vs-1458	HMB	HMB	Can support development of lean body mass along with resistance training.	Recovery Agent*
vs-1158	Inositol 650 mg	Inositol	Supports Healthy Cell Growth*	
vs-1413	IP-6 Inositol Hexaphosphate	Inositol hexaphosphate	Supports Healthy Cell Growth*	
vs-1202	Iron 28 mg	Iron (as ferrous fumarate, iron amino acid chelate, iron citrate)	Essential for Red Blood Cell Function*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1470	Iron with Vitamin C, B12, Folic Acid and Copper	Vitamin B12 (as cyanocobalamin) Iron (as ferrous fumarate, bisglycinate, gluconate, aspartate, ascorbate, citrate, histinate, ketoglutarate, malate, succinate)	Iron is Essential for Red Blood Cell Function*	
vs-1856	Joint Ultra	Vitamin C (as ascorbyl palmitate) Vitamin E (as d-alpha, gamma, beta tocopherol) Marine Lipid Concentrate providing: EPA & DHA Glucosamine HCl Chondroitin Sulfate	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-1889	Joint Vitality	Vitamin C (as ascorbic acid) Vitamin E (as d-alpha tocopheryl succinate) Glucosamine Sulfate 2KCl Chondroitin Sulfate A Turmeric Extract (Curcuma longa)(rhizome) (standardized to 95% Curcuminoids)	Promotes Healthy Flexible Joints*	Joint Solutions*
vs-2143	Kava Kava Extract	Kava Kava Extract (Piper methysticum)(root) 30% Kavalactones Kava Kava (Piper methysticum)(root)	Promotes Calm and Relaxation*	
vs-2101	Korean Ginseng 648 mg	Korean Ginseng (Panax ginseng)(root)	Promotes Energy Levels*	
vs-1596	Lactoferrin with Colostrum	Colostrum (standardized to 25% IgG & 0.6% Lactoferrin)	Promotes Intestinal Health*	Immune Booster*
vs-1105	L-Carnitine 250 mg	Vitamin B6 (as pyridoxine HCl) L-Carnitine	For Healthy Heart and Fat Metabolism*	
vs-1297	L-Carnitine 500 mg	L-Carnitine	Promotes Heart Health*	
vs-2086	L-Glutamine 500 mg	L-Glutamine	May be beneficial to the recovery process after intense or endurance workouts..	Recovery Agent*
vs-2089	L-Glutamine Powder	L-Glutamine	May be beneficial to the recovery process after intense or endurance workouts.	Recovery Agent*
vs-1581	Liver Support w/ Milk Thistle	Milk Thistle Extract (Silybum marianum) (seed/fruit) (standardized to 80% Silymarin)	Maintains Liver Health*	
vs-1715	Lutein 20 mg	Lutein (FloraGlo®)(from marigolds) Zeaxanthin (from marigolds)	Supports Eye Health*	Eye Health*
vs-1269	Lutein 6 mg	Lutein (FloraGlo®) (from marigolds) Zeaxanthin (from marigolds)	Promotes Healthy Vision*	Eye Health*
vs-1628	Lutein with Bilberry	Lutein (FloraGlo®) (from marigolds) Zeaxanthin (from marigolds) Bilberry Extract (Myrtilli furctus) (berry) (standardized to 25% Anthocyanosides)	Promotes Healthy Vision*	Eye Health*
vs-1719	Lycopene 10 mg	Lycopene (Lyc-O-Mato™) (from tomato)	An Antioxidant that Protects Against Free Radicals*	Antioxidant*
vs-1270	Lycopene 5 mg	Lycopene (Lyc-O-Mato™) (from tomato)	Protects Against Free Radicals *	Antioxidants*
vs-1400	Magnesium Complex A.M.	Magnesium (as magnesium citrate, oxide, hydroxyapatite)	Promotes Healthy Bones and Teeth*	
vs-1282	Magnesium, Potassium, Aspartate	Magnesium (as magnesium aspartate) Potassium (as potassium aspartate)	Maintains Healthy Bones and Teeth*	
vs-1330	Mega Acidophilus w/Psyllium	Lactobacillus acidophilus Psyllium (Plantago asiatica)(husk)		Intestinal Health and Colon Care*
vs-1393	Melatonin 1 mg	Melatonin	Promotes Normal Sleep*	Sleep Solutions*
vs-1335	Melatonin 3 mg Capsule	Melatonin	Promotes Normal Sleep*	Sleep Solutions*
vs-1334	Melatonin 3 mg Lozenge	Melatonin	Promotes Normal Sleep*	Sleep Solutions*
vs-1333	Melatonin 3 mg Tablet	Melatonin	Promotes Normal Sleep*	Sleep Solutions*

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1891	Metabo Drene	Chromium (Chromax®)(as chromium picolinate) MaHuang Extract (Ephedra sinica)(stem) standardized to 6% Ephedrine Alkaloids L-Carnitine (L-Carnipure®)(as L-carnitine L-tartrate)	Metabolic Enhancer*	Weight Management*
vs-1937	Metabo Drene MaHuang Free	Citrus aurantium Extract (fruit) (standardized to 6% Synephrine Alkaloids) St. John's Wort Extract (Hypericum perforatum) (aerial part) (standardized to 0.3% Hypericin) L-Phenylalanine Guarana Extract (Paullinia cupana)(seed) standardized to 22% Caffeine	Clinically shown to Stimulate Fat Loss* Metabolic Enhancer*	Weight Management*
vs-1934	Metabo Drene Diet	Chromium (Chromax®)(as chromium picolinate) MaHuang Extract (Ephedra sinica)(aerial part) standardized to 6% Ephedrine Alkaloids L-Carnitine (L-Carnipure®)(as l-carnitine-l-tartrate) Guarana Extract (Paullinia cupana)(seed) standardized to 22% Caffeine Garcinia cambogia Extract (Citrimax™) standardized to 50%(-)Hydroxycitric Acid (HCA)	Thermogenic Formula*	Weight Management*
vs-1928	Metabo Drene Diet Ma Huang Free	Chromium (Chromax®)(as chromium picolinate) L-Carnitine (L-Carnipure®)(as l-carnitine-l-tartrate) Guarana Extract (Paullinia cupana)(seed) standardized to 22% Caffeine Garcinia cambogia Extract (Citrimax™) standardized to 50%(-)Hydroxycitric Acid (HCA)	Thermogenic Formula*	Weight Management*
vs-1931	Metabo Shape	Chromium (Chromax®)(as chromium picolinate) MaHuang Extract (Ephedra sinica)(aerial part) standardized to 6% Ephedrine Alkaloids Guarana Extract (Paullinia cupana)(seed) standardized to 22% Caffeine	Thermogenic Diet Formula*	Weight Management*
vs-1926	Metabo Shape MaHuang Free	Guarana Extract (Paullinia cupana)(seed) standardized to 22% Caffeine Citrus aurantium Extract (fruit) standardized to 6% Synephrine Alkaloids St. John's Wort Extract standardized to Hypericin Green Tea Extract standardized to Epigallocatechin Gallate	Clinically shown to Stimulate Fat Loss* Thermogenic Diet Formula*	Weight Management*
vs-2079	Milk Thistle Extract 70mg	Milk Thistle Extract (Silybum marinum)(seed/fruit) (standardized to 80% Silymarin)	Maintains Liver Health*	
vs-1724	Milk Thistle Extract 175mg Maximum Strength	Milk Thistle Extract (Silybum marinum)(seed/fruit) (standardized to 80% Silymarin)	Maintains Liver Health*	
vs-1403	Monthly Cycle*	Vitamin B6 (as pyridoxine HCl) Calcium (as dicalcium phosphate, calcium ascorbate) Chasteberry Extract (Vitex agnus-castus)(berry)	PMS Support*	
vs-1686	MSM 1000	MSM (OptiMSM™)(Methylsulfonylmethane)	A Structural Component of Cartilage*	Joint Solutions*
vs-1500	MSM 500	MSM (OptiMSM™)(Methylsulfonylmethane)	A Structural Component of Cartilage*	Joint Solutions*
vs-1758	MSM POWDER 1000	MSM (OptiMSM™)(Methylsulfonylmethane)	A Structural Component of Cartilage*	Joint Solutions*
vs-1295	NAC N-Acetyl-L-Cysteine 600 mg	N-Acetyl-L-Cysteine	Protects Against Free Radicals *	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1208	Niacin 250 mg	Niacin	Supports Normal Cholesterol* Niacin supports cholesterol levels already within the normal range.	
vs-1532	Niacinamide 500mg	Niacin (as niacinamide)	Supports Normal Cholesterol* Niacinamide supports cholesterol levels already within the normal range.*	
vs-1310	No-Flush Niacin 500mg	Niacin (as inositol hexaniacinate)	Supports Normal Cholesterol* Niacin supports cholesterol levels already within the normal range.*	
vs-1408	Nutritional Heart Support*	L-Carnitine (as l-carnitine-l-tartrate) Garlic (Allium sativum) (bulb) Coenzyme Q10 Folic Acid Vitamin E (as d-alpha tocopheryl succinate) Potassium (as aspartate, chloride, ascorbate) Vitamin C (as ascorbic acid)	Essential for Heart Health*	Cardiovascular/Heart*
vs-1095	Oat Bran 1000 mg	Oat Bran (Avena sativa)(hull)	Supports Normal Cholesterol* Oat Bran supports cholesterol levels already within the normal range.*	
vs-1448	Omega 3-6-9	Salmon Oil - providing: 18% EPA (Eicosapentaenoic Acid) & 12% DHA (Docosahexaenoic Acid) Canola Oil Flax Seed Oil (Linum usitatissimum) Olive Oil Safflower Oil (Carthamus tinctorius)(flower) - providing: 72% Linoleic Acid & 7% Oleic Acid	Promotes Healthy Heart Function*	
vs-1642	One Daily with Lutein	Lutein (FloraGlo®) (from marigolds)	Provides Lutein to Support Eye Health*	
vs-1646	One Daily with Lutein No Iron	Lutein (FloraGlo®) (from marigolds)	Provides Lutein to Support Eye Health*	
vs-2128	Opti-Vue with Lutein	Vitamin A (as 50% beta-carotene, 50% acetate) Lutein (FloraGLO®)(from marigolds) Zeaxanthin (from marigolds) Bilberry (Vaccinium myrtillus)(leaf) standardized to 25% Anthocyanidins	Promotes Healthy Vision*	Eye Health*
VS-1584	Oseto Protector* with Ipriflavone	Calcium (as calcium carbonate, hydroxyapatite) Vitamin D (as cholecalciferol) Magnesium (as magnesium oxide, citrate) Ipriflavone (7-Isopropoxy-Isouflavone)	Maintains Healthy Bones and Teeth*	Bone Solutions*
vs-1401	Osteo-Cal P.M.	Vitamin D (as cholecalciferol) Calcium (as calcium carbonate, citrate, magnesium calcium hydroxyapatite) Boron	Maintains Healthy Bones and Teeth*	
vs-1476	Osteo-Support*	Calcium (as carbonate, citrate) Magnesium (as oxide, citrate)	Promotes Healthy Bones*	Bone Solutions*
vs-1057	Pantethine Complex	Pantothenic Acid (as d-calcium pantothenate) Pantethine	Supports Normal Cholesterol* Pantehenic Acid supports cholesterol levels already within the normal range.*	
vs-1360	Phosphatidylserine Complex	Phosphatidylserine	Promotes Brain Health*	Memory Booster*

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-2165	Probiotic Junior	Lactobacillus rhamnosus Lactobacillus acidophilus Bifidobacterium longum		Intestinal Health*
vs-2119	Prosta-Metto Saw Palmetto Complex	Saw Palmetto Extract (Serenoa repens)(berry) (std. to 85%-95% Fatty Acids, 0.2%-0.4% Sterols)	Promotes Prostate Health*	
vs-2182	Psyllium Husk with Acidophilus	Psyllium (Plantago ovata)(husk) Lactobacillus acidophilus	Supports Healthy Regularity*	Intestinal Health and Colon Care*
vs-1132	Psyllium Husk with Acidophilus	Psyllium (Plantago ovata)(husk) Lactobacillus acidophilus	Supports Healthy Regularity*	Intestinal Health and Colon Care*
vs-1654	Psyllium Husks Powder	Psyllium (Plantago ovata)	Supports Healthy Regularity*	Intestinal Health and Colon Care*
vs-2132	Pycnogenol 50mg	Pine Bark Extract (Pycnogenol®)(Pinus maritimus) (bark) (providing 55% proanthocyanidins)		Antioxidants*
vs-1661	Pygeum Extract	Pygeum Extract (Prunus africana)(bark) (standardized to 13% Phytosterols) Pygeum africanum (bark)	Supports Prostate Health*	
vs-1267	Quercetin+ C	Vitamin C (as ascorbic acid)	Supports Immune Health*	
vs-1997	R-3	Calcium Glucosamine Sulfate 2KCl Chondroitin Sulfate Troloxerutin Diosmin	Calcium supports recovery of muscles after workout. Glucosamine, chondroitin, MSM for healthy flexible joints.	Recovery, Repair, Rebuild*
vs-1358	Recall Support	Ginkgo Biloba Extract (leaf) (standardized to 24% Ginkgoflavonglycosides & 6% Terpene Lactones) Phosphatidylserine Vitamin B6 (as pyridoxine HCl)	For Healthy Brain and Memory*	Memory Booster*
vs-2070	Red Chinese Ginseng 648mg	Red Chinese Ginseng (Panax ginseng)(root)	Promotes Energy Levels*	
vs-1684	SAMe 200 mg	S-adenosyl-L-methionine (as 1,4-butanedisulfonate, disulphate tosylate)	For Mood and Joint Support*	Mood Support*
vs-2097	Saw Palmetto 540 mg	Saw Palmetto (Serenoa repens)(berry)	Supports Prostate Health*	
vs-1860	Saw Palmetto and Pygeum Complex	Saw Palmetto Extract (Serenoa repens)(berry) (standardized to 45% Fatty Acids)	Supports Prostate Health*	
vs-2115	Saw Palmetto Extract 160mg	Saw Palmetto Extract (Serenoa repens)(berry) standardized to 85%-95% Fatty Acids & 0.2%-0.4% Sterols	Promotes Prostate Health*	
vs-2138	Selenium 100mcg	Selenium (as L-selenomethionine)	Antioxidant Protection Against Free Radicals*	
vs-1388	Selenium 200 mcg	Selenium	Antioxidant Protection Against Free Radicals*	
vs-1036	Selenium 50 mcg	Selenium	Antioxidant Protection Against Free Radicals*	
vs-1353	Snooze-In* with Melatonin	Melatonin Valerian (Valeriana officinalis)(root)	Promotes Relaxation and Sleep*	Sleep Solutions*
vs-1913	Soy Isoflavones Mega Strength	Soybean Extract (NovaSoy®)(seed) (standardized to 40% Soy Isoflavones)	Supports Bone and Cardiovascular Health*	
vs-1592	Soy Isoflavones Super Strength	Soy Bean Extract (NovaSoy®) (seed) (standardized to 50% Soy Isoflavones)	Supports Bone and Cardiovascular Health*	
vs-1620	Soy Protein	Soy Protein (26 grams per serving)	Soy Protein Promotes Cardiovascular and Bone Health*	
vs-1490	Soy Protein with Phytonutrients	Soy Protein (26 grams per serving)	Soy Protein Promotes Cardiovascular and Bone Health*	
vs-1435	Soy Vegetable Protein	Soy Protein (24 grams per serving)	Soy Protein Promotes Cardiovascular and Bone Health*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1586	St. John's Wort Traveler's Companion	St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin) Ginger Root Extract (Zingiber officinale) (standardized to 4% Gingerols) Chamomile (Matricaria chamomilla)(flower)	Promotes Calmness*	Positive Mood Support*
vs-1589	St. John's Wort Every Day Mood Support*	St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin) Eleuthero Extract (Eleutherococcus senticosus) (rhizome) (standardized to 0.8% Eleutherosides)		Positive Mood Support*
vs-2124	St. John's Wort Extract	St. John's Wort Extract (StJohnSelect™)(Hypericum perforatum)(flower) std. To 0.3% Hypericin	Promotes Positive Mood*	
vs-1588	St. John's Wort for Women's Monthly Needs*	Vitamin B6 (as pyridoxine HCl) Vitamin B12 (as cyanocobalamin) St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin) Eleuthero Extract (Eleutherococcus senticosus)(root) (standardized to 0.8% Eleutherosides) Korean Ginseng Extract (Panax ginseng) (root) (standardized to 15% Ginsenosides) Chamomile (Matricaria chamomilla)(flower)	PMS Support*	
vs-1587	St. John's Wort Sound Asleep*	St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin) Kava Kava Extract (Piper methysticum)(root) (standardized to 30% Kavalactones) Valerian (Valerian officinalis)(root)	Promotes Rest and Relaxation*	Sleep Solutions*
vs-1563	St. John's Wort Ultra Stressless*	Vitamin B6 (as pyridoxine HCl) Vitamin B12 (as cyanocobalamin) St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin)		Positive Mood Support*
vs-1585	St. John's Wort with Kava Kava	St. John's Wort Extract (Hypericum perforatum) (flower) (standardized to 0.3% Hypericin) Kava Kava Extract (Piper methysticum)(root) (standardized to 30% Kavalactones)	Promotes Calmness and Relaxation*	Positive Mood Support*
vs-1206	Super Energy Up	Vitamin B12 (as cyanocobalamin) Korean Ginseng (Panax ginseng)(root) Korean Ginseng Extract (Panax ginseng)(root)	Vitamin B-12 and Ginseng For Energy Support*	Energy Booster*
vs-1126	Super Snooze*	Calcium (as calcium carbonate) Magnesium (as magnesium oxide)	Promotes Relaxation and Sleep*	Sleep Solutions*
vs-1050	Super Stress with Vitamin C	Thiamin (Vitamin B1)(as as thiamin mononitrate) Vitamin B6 (as pyridoxine HCl) Vitamin B12 (as cyanocobalamin)	Supports the Immune System*	
vs-1994	Technadrine	MaHuang Extract (Ephedra sinica)(aerial part) (standardized to 6% Ephedrine Alkaloids) Citrus Aurantium (Zhi Shi/Bitter Orange) (standardized to 5% Adrenergic Amine) (Synephrine, N-Methyltyramine, Hordenine, Octopamine, Tyramine) Yerba Mate and Guarana Extracts (standardized to 22% Methylxanthines) Pyruvate (from Calcium, Potassium and Sodium salts of Pyruvic Acid, plus Dihydroxyacetone)	May support a diet and weight management program that includes regular exercise and a calorie restricted diet.	Weight and Diet Management; Energy Boosters*
vs-1558	Tocotrienols Plus E 100 IU	Vitamin E (as d-alpha, gamma, beta, delta tocopherols) Tocotrienols (Nutriene™) (from Rice Bran Oil) (as d-alpha, delta, gamma, beta tocotrienols)	Supports Cardiovascular Health*	

Item #	Name	Basis for Structure/Function Statement	Structure/Function Statement	Structure/Function Category
vs-1922	Tonalin® CLA 1000 mg	Conjugated Linoleic Acid	Supports Reduction of Body Fat When Used In Conjunction With a Calorie Restricted Diet and Exercise Program*	Weight Management*
vs-2163	Ultimate '10' Probiotic	Bacterial Culture providing: Lactobacillus rhamnosus Lactobacillus casei Lactobacillus acidophilus Lactobacillus plantarum Lactobacillus bulgaricus Enterococcus faecium Streptococcus thermophilus Bifidobacterium longum Fructo-oligosaccharides (FOS)		Intestinal Health*
vs-1272	Ultra Carotenoid Complex	Vitamin A (as beta-carotene) Lycopene (Lyc-O-Mato™) (from tomato) Lutein (FloraGlo®)(from marigolds)	Antioxidant *	Antioxidants*
vs-2139	Ultra Chromium Picolinate 500 mcg	Chromium (Chromax®)(as chromium picolinate)	Supports Glucose and Fat Metabolism *	
vs-1547	Ultra Prosta-Metto	Saw Palmetto Extract (Serenoa repens)(berry) (standardized to 85%-95% Fatty Acids & 0.2%-0.4% Sterols) Lycopene (Lyc-O-Mato™) (from tomato)	Promotes Prostate Health*	
vs-2058	Valerian Root 450 mg	Valerian (Valeriana officinalis)(root)	Promotes Rest and Relaxation*	
vs-1663	Valerian Root Extract	Valerian Extract (ValeroSelect™) (Valeriana officinalis)(root) (standardized to 0.8% Valerenic Acid) Valerian (Valeriana officinalis)(root)	Promotes Rest and Relaxation*	
vs-1593	Vita-Acidophilus	Lactobacillus acidophilus, Bifidobacterium bifidum, Bifidobacterium longum		Intestinal Health*
vs-2146	Vita-Bear C-200	Vitamin C (as ascorbic acid)	An Antioxidant to Support Immune, Vascular and Joint Health*	
vs-2148	Vita-Bear Calcium & Magnesium	Calcium (as calcium carbonate, gluconate) Magnesium (as magnesium oxide, gluconate)	Maintains Healthy Bones and Teeth*	
vs-1264	Vitamin D 400 IU	Vitamin D (as cholecalciferol)	Essential for Bone Maintenance*	
vs-1450	Zinc 50 mg	Zinc (as zinc gluconate, oxide, aspartate)	Supports Immune Health*	
vs-1082	Zinc Citrate 100 mg	Zinc (as zinc citrate)	Supports Immune Health*	