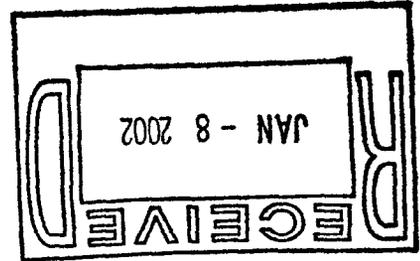


Natural Factors Nutritional Products Inc.

97S 0162 LET 4036

December 3, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Big Friends Chewable Multi Vitamin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

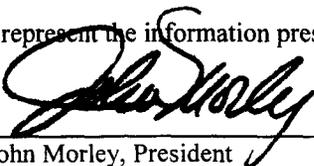
Text of side Panel: Big Friends Children's Chewable Multi, Mixed Fruit Flavor, provides children with a complete, balanced spectrum of nutrients essential to maintaining optimal health.* Naturally sweetened with Bio Sweet (a combination of real fruit sweeteners, maple syrup crystals and Fruitsource®, an all-natural combination of grape juice concentrate and rice syrup). Big Friends dinosaur-shaped Chewable Multi is a delicious and healthy way to obtain necessary daily nutrients. Big Friends Chewable Multi is insurance to fortify your child's daily diet with important vitamins and minerals.

Text of PDP: COMPLETE NUTRITIONAL SUPPORT FOR CHILDREN*

Name of dietary ingredient that is the subject of statement: Multi Vitamins and Minerals

Name of dietary supplement: Big Friends Children's Chewable Multi Vitamin - Mixed Fruit Flavor

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President

12/10/01
Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050



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