

HerbsForever, Inc.

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December 15, 2001

RECEIVED
FEB 04 2002
BY:

ONPLDS
HFS 800

Dr. Elizabeth Yetley
Office of Special Nutrition (HFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

RECEIVED
FEB 04 2002
BY:

Re: Notification of Product Claims

Dear Dr. Yetley:

This letter serves as notification of the nutrition support labeling statements being made by our company in connection with our line of dietary nutritional supplements. A list of the products and their respective nutritional support statements and ingredients are listed in the attached Exhibit "A".

Herbsforever certifies that the information contained in this notice is complete and accurate, and the company maintains documentation to substantiate that its product claims are truthful and not misleading.

If you have any questions, please feel free to contact me and I will do my best to answer your questions.


Gladys Valencia
Director
Herbsforever, Inc.

EXHIBIT "A"

HERBSFOREVER, INC.

BLOOD CLEANER

Helps to Maintain Skin Lustrous; Smooth and Silky with Natural Glow; Supports Skin Natural Health and Beauty; Helps Maintains Healthy Blood Circulation; Skin Support System from Inside Out; Blood Purification Support; Overall Body Health.

Ingredients: Centratherum Anthelminticum; Picrorhiza Kurroa; Berberis Aristata; Sphaeranthus Hirtus; Psoralea Corylifolia; Azadirachta Indica; Fumaria Officinalis; Hemidesmus Indicus; Ocimum Sanctum; Pipernigrum; Centella Asiatica; Phyllanthus Niruri; Terminalia Chebula; Rubia Cordifolia; Pterocarpus Santalinus; Curcuma Longa; OysterShell.

FEMALE-30 PLUS

Nutritional Support for Females beyond 30. Promotes Emotional Well-being. Promotes Bone Health and Revitalizes the Body.

Trifolium Alexandrianum is rich in proteins, calcium, Iron, Isoflavone and plant Estrogens in natural form. Plant Estrogens are close to human Estrogens and the body accepts them as such. Supplements the body's own decreasing Estrogen supply associated with mid-life. Dietary Supplement for women interested in replenishing and maintaining healthy Estrogen levels before and during mid-life. May be taken with other supplement

Use of this dietary supplement raises your plant Estrogen consumption to a level similar to those of traditional Latin and Asian diets, as Western diet contains less plant Estrogens.

Ingredient: Trifolium Alexandrianum (arial plant) Plant estrogens-Isoflavones extract.

FEMALE HEALTH

Supports Normal Menstruation Cycle and Vaginal Discharge; Helps to Reshape and Revitalize the Body; Supports Energy and Stamina; Provides Overall Female Health.

Ingredients: Acacia Arabica ; Areca Catechu; Butea Frondosa; Cyperus Rotundus; Emblica Officinalis; Hemidesmus Indicus; Mesua Ferrea ; Oyster Shell; Pterocarpus Santalinus; Quercus Infectoria; Rubia Cordifolia; Saraca Indica; Symplocos Racemosa; Terminalia Arjuna; Terminalia Chebula; Tribulus Terrestris; Withania Somnifera; Zingiber Officinale.

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JOINT HEALTH

Helps Maintain Joint Health and Flexibility, Supports Cartilage and Joint Function;
Revitalizes Body and Optimizes Many Body Functions.

Ingredients: Boswellia Serrata ; Picrorhiza Kurroa; Curcuma Longa; Zingiber Officinale;
Azadirachta Indica; Withania Somnifera; Tribulus Terrestris; Ocimum Sanctum; Pluchea
Lanceolata.

JOINT HEALTH FLEX

Helps Maintain Joint Health and Flexibility, Supports Cartilage and Joint Function;
Revitalizes Body and Optimizes Many Body Functions.

Ingredients: Boswellia Serrata; Picrorhiza Kurroa; Curcuma Longa; Bromelain; Zingiber
Officinale; Azadirachta Indica; Withania Somnifera; Tribulus Terrestris; Ocimum
Sanctum; Pluchea Lanceolata.

MENOPAUSE HEALTH

Provides nutritional support during Menopause; Supports Normal Healthy Attitude for
menopausal women.

Ingredients: Laccifer Lacca; Areca Catechu; Quercus Infectoria; Bombax Malabaricum; Acacia Arabica;
Astragalus Gummifer; Tamarix Gallica; Daemnon Rops Draco; Mesua Ferrea.

RESLIM

Supports Weight Loss Plan; helps decrease hunger and desire for sugar; provides energy
and stamina;
helps to stay healthy while dieting.

Ingredients: Garcinia Cambogia; Gymnema Sylvestre; Commiphora Mukul; Shilajit;
Withania Somnifera.