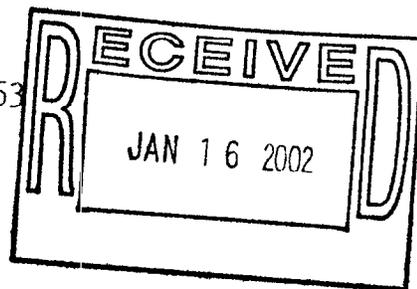


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January 2, 2002

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety & Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories Inc.  
150 Motor Parkway  
Hauppauge, NY 11788

Text of statement being made: "Helps to maintain cholesterol levels that are already within the normal range."

Dietary supplement ingredients: Reducol (phytosterols/phytostanols)

Dietary supplement brand and name: Twinlab TODAY'S WOMAN CHOLESTEROL CARE

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories Inc. has substantiation that the statement is truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Neil Blechman".

Neil Blechman  
Executive Vice President  
Twin Laboratories Inc.

Enclosures

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RET 9171