

FITNESS LABS™
NUTRITION CORPORATION

78194

OCT 11 2001

October 5, 2001

Linda S. Kahl, Ph.D.
Office of Special Nutritionals (HFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is NutraFit. The dietary ingredients that are the subject of the statements are whey protein and fructose. The statements read as follows.

"This versatile, high protein, 24g carbohydrate, low fat, 280 calorie formula is ideal for any Health, Fitness or Strength program.

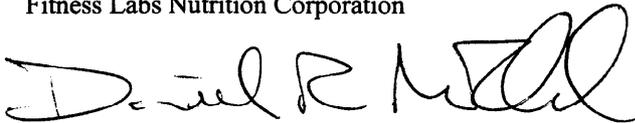
This highly digestible 40-gram protein combination is packed full of muscle-building nitrogen for maximum growth and repair.

Just enough carbohydrates are added from low glycemic index carbohydrates (fructose) to help replenish body fuel stores and keep your energy levels up."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,
Fitness Labs Nutrition Corporation



Daniel R. McFarland
President

975 0162

LET 8699