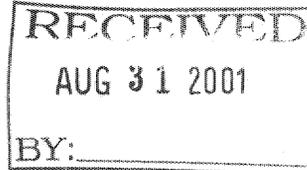


1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132
August 28, 2001



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Jarrow Formulas' Arginine + Ornithine contains only crystalline, pure free form amino acids. L-Arginine is a semi-essential amino acid synthesized by the body from L-Ornithine. Arginine + Ornithine support protein synthesis because they are involved in the transport and storage of nitrogen. Arginine enhances physical performance, because it is used by the body to produce creatine.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Arginine + Ornithine amino acid blend

(4) Name of the dietary supplement(s)

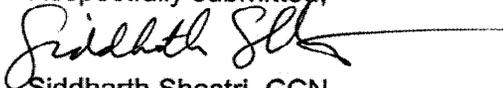
Arginine + Ornithine (750 mg 100 capsules)

(5) The following disclaimer appears on the label in bold: These

statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,


Siddharth Shastri, CCN

Vice President, Product Development
Licensed Clinical Nutritionist, #002378
(by the University of the State of New York, State Board of Education)