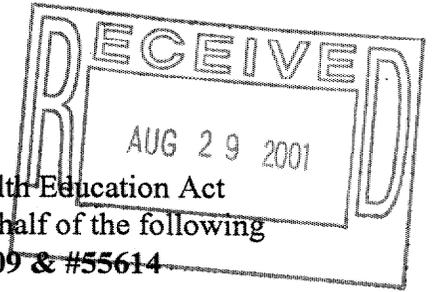


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building™ Extreme Body, #55609 & #55614** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Protein, Carbohydrates, Glutamine Peptide, Multiple Vitamins/Minerals (50% DV)** is as follows:

- (Statement 1) Supports Lean Muscle
- (Statement 2) Promotes Healthy Metabolism
- (Statement 3) Supports:
- Lean Muscle Development
 - Healthy Metabolism
 - Protein Synthesis
 - Positive Nitrogen Balance
 - Recovery and Recuperation
 - Anti-Catabolic
 - Muscle Cell Volumization/Hydration
 - Immune Function & Gut Integrity
 - Strength & Power
- (Statement 4) 3 g dietary fiber for digestive health

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 21st day of August, 2001.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____


DR. LUKE R. BUCCI
Vice President of Research

97S 0162

LET 8506