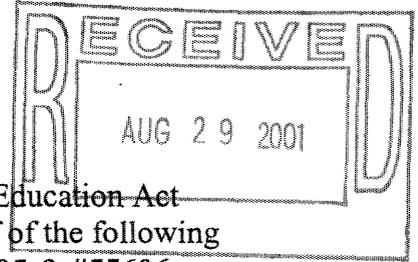


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building™ Extreme Pure Pro, #55605 & #55606** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Protein & Fiber** is as follows:

- (Statement 1) Fitness & Recovery Formula
- (Statement 2) Supports Lean Muscle Tissue
- (Statement 3) 3 g non-viscous fiber (per two scoop serving) to help promote healthy microflora, gut integrity, nutrient absorption and digestion.
- (Statement 4) Whey protein may be best consumed immediately post-workout and upon waking in the morning, as a quick source of amino acids to aid your muscles.
- (Statement 5) Supports
- Lean Muscle Development
 - Healthy Metabolism
 - Positive Nitrogen Balance
 - Cell Development & Neurotransmitter Activity
 - Muscle Recovery
 - Protein Synthesis
 - Anti-Catabolic
 - Immune Function
 - Absorption & Digestion

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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 21st day of August, 2001.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: 
DR. LUKE R. BUCCI
Vice President of Research