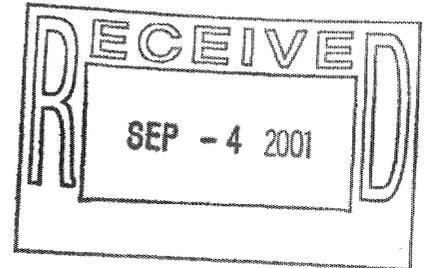


Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



August 2, 2001

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Maxi Sorb™ Q-Gel Ultra + E Softgels (dietary ingredients: vitamin E, and coenzyme Q-10). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Triple absorption. Coenzyme Q-10 Cellular Energizer. Country Life's Q-Gel® Ultra + E is hydrosoluble and employs the patented BioSolv™ delivery system which enhances absorption 300% over that found with CoQ10 tablets, hard shell capsules or other softgels tested. Supports normal cardiovascular function.

Sincerely,

Morag Thorsen
Director of Regulatory Affairs B.A., M.A.L.S.

97S 0162

LET 8493