

Source Naturals
Scotts Valley, CA 95066

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July 20, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.
Washington, D.C. 20204

RECEIVED
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BY: _____

RE: Notification of Nutritional Support Statements

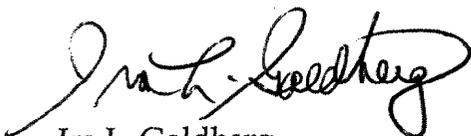
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Complete Essential Fatty Acids, a dietary supplement. Source Naturals® is the manufacturer of Complete Essential Fatty Acids.

Statements being made in the labeling of Complete Essential Fatty Acids:

- (1) Docosahexaenoic Acid (DHA) is an omega-3 fatty acid which plays a significant role in cerebral development throughout the life cycle, especially during the crucial period of fetal development and infancy.
- (2) *Gamma*-Linolenic Acid (GLA) is an omega-6 fatty acid used by most cells in the body to produce soothing PGE₁ prostaglandins.
- (3) Essential Fatty Acids, or EFA's, act as precursors to molecules such as prostaglandins, thromboxanes and leukotrienes, which help regulate cellular function.
- (4) EFA's have been shown to play a role in blood pressure maintenance, immune system balance, sustaining healthy skin, and providing nutritional support during women's cycles.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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