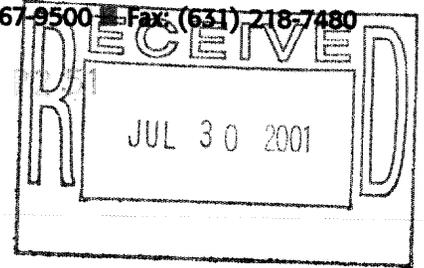




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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July 18, 2001

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Vitamin B-12 supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, HealthWatchers, Heartland, Home Health, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Supports Energy Metabolism
- A good diet contributes to disease prevention.
- The B vitamins play a role in energy metabolism in the body.
- Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

OS/lt

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