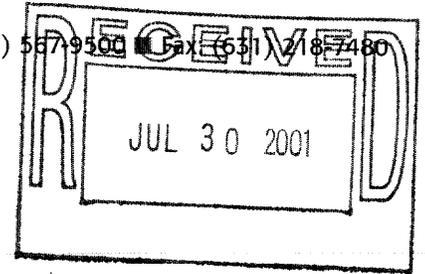




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products/Labeling & Dietary
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-810)
Washington, D.C. 20204

July 9, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Copper supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin City and Vitamin World:

- Assists Iron in the Release of Energy
- Copper is an essential trace mineral that can be found in your bones, muscles, blood and brain.
- This important nutrient assists iron in the body's process for releasing energy.
- In addition, Copper is critical to many enzymes, especially enzymes associated with heart health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/lt

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