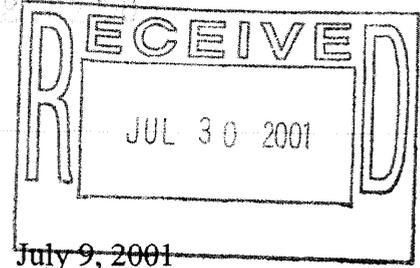




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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July 9, 2001

Office of Nutritional Products/Labeling & Dietary
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-810)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Stinging Nettle supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin City and Vitamin World:

- Nutritive Herb for Holistic Support
- Helps Promote Urinary Health
- Stinging Nettle contains polysaccharides (complex sugars) and lectins.
- As a dietary supplement, Stinging Nettle is known to promote urinary function in men.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/lt

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