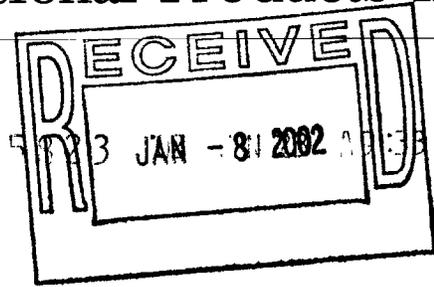


# Natural Factors Nutritional Products Inc.



November 29, 2001

Food and Drug Administration  
Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
200 C St. SW  
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Lecithin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.  
1550 United Blvd.  
Coquitlam, B.C.  
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.  
1111 80<sup>th</sup> St. SW, Suite 100  
Everett, WA 98203

Text of side Panel: Easy-to-swallow softgels contain unbleached whole Lecithin, the natural phospholipids fraction of the soya bean. Lecithin's primary active components are the naturally occurring phospholipids: phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol. Used by the vital organs, Lecithin is found concentrated in the brain, liver and kidneys. Lecithin's emulsifying properties help the body breakdown fat.\* Use of Soy sourced Lecithin is an excellent way to increase the dietary intake of polyunsaturated fats without increasing the intake of saturated fat and cholesterol.

Text of PDP:  
1111 80<sup>th</sup> Street S.W., Suite 100  
Everett, WA, USA 98203  
Phone: (425) 513-8800  
Fax: (425) 348-9050

HELPS THE BODY EMULSIFY FAT AND ABSORB FAT  
SOLUBLE VITAMINS\*

975-0162

LET 8997  
78861



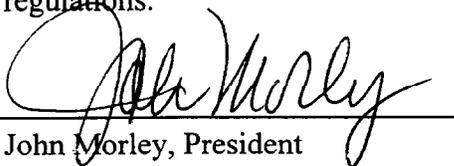
# Natural Factors Nutritional Products Inc.

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Name of dietary ingredient that is the subject of statement: Lecithin

Name of dietary supplement: Unbleached Lecithin 1200mg

I represent the information presented to be accurate and in compliance with supplement label regulations.



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John Morley, President



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Date

1111 80th Street S.W., Suite 100  
Everett, WA, USA 98203  
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Fax: (425) 348-9050

