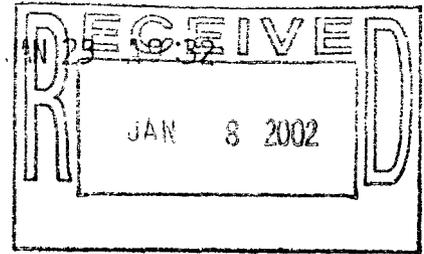


Natural Factors Nutritional Products Inc.

5813 '02



November 29, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Phosphatidyl Serine + Essential Fatty Acids

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: PS-IQ™ is a unique combination of Phosphatidylserine (PS), a natural phospholipids, Decosahexaenoic Acid (DHA), Gamma Linolenic Acid (GLA) and Arachidonic Acid (AA), three essential polyunsaturated fatty acids which work synergistically with PS to optimize brain function.* Standardized for potency, our DHA and AA come from the Dolphin-Safe tuna oil. This formula is solvent and pesticide free and is tested for heavy metals and peroxide. Antioxidant Vitamin E is added to naturally preserve the precious oils. PS-IQ™ is ideal for anyone seeking nutritional brain support safely and naturally.*

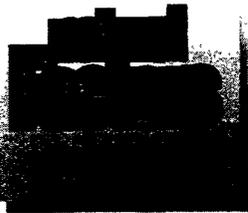
Text of PDP:
1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

NUTRITIONAL SUPPORT TO OPTIMIZE BRAIN
FUNCTION*

975-0162

LET 8987

78861

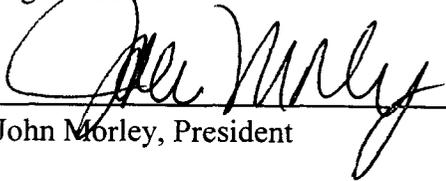


Natural Factors Nutritional Products Inc.

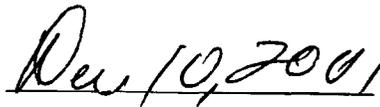
Name of dietary ingredient that is the subject of statement: Phosphatidylserine

Name of dietary supplement: PS-IQ™ Memory

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

