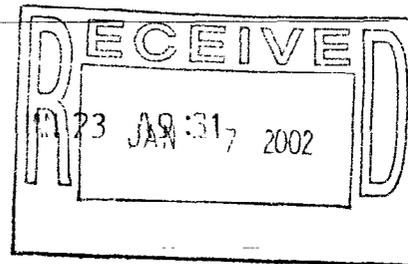




Natural Factors Nutritional Products Inc.

5796 '02



November 20, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Women's *Plus* MultiStart™ Multi Vitamin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

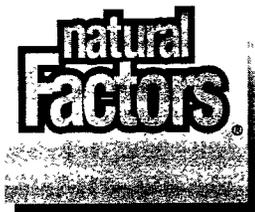
Text of side Panel: Women's *Plus* MultiStart™ Formula offers a complete spectrum of vitamins, minerals, lipotropic factors and herbs to meet the nutritional needs of the nature woman. This special formula provides antioxidant protection, maintains heart health, supports bones and helps regulate hormones. Lutein helps maintain vision while Ginkgo supports memory. Black Cohosh and Licorice have traditionally been used for easing menopausal discomforts.* This all-in-one, nutrient-rich combination is ideal for optimizing vitality and longevity.

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050



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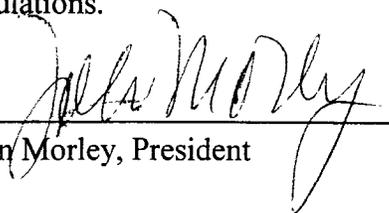
Natural Factors Nutritional Products Inc.

Text of PDP: n/a

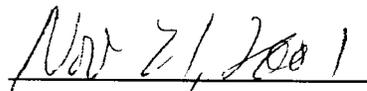
Name of dietary ingredient that is the subject of statement: Multi vitamins/minerals/herbs

Name of dietary supplement: Women's *Plus* MultiStart™ (Vitamin-A-Day for Women)

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date

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Everett, WA, USA 98203
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Fax: (425) 348-9050

