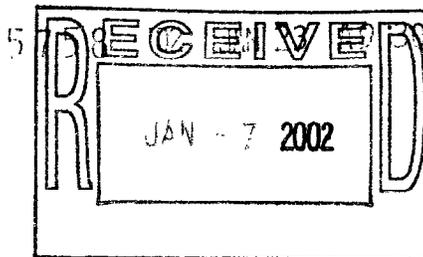


Natural Factors Nutritional Products Inc.

November 15, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement:	B12 250 mcg (Cyanocobalamin)
Manufacturer, packer:	Natural Factors Nutritional Products, Ltd. 1550 United Blvd. Coquitlam, B.C. Canada V3K 6Y7
Distributor:	Natural Factors Nutritional Products, Inc. 1111 80 th St. SW, Suite 100 Everett, WA 98203
Text of side Panel:	Vitamin B12 is especially critical for proper energy production and a healthy nervous system. B12 supplementation is recommended for vegetarians and those suffering from B12 deficiency.
Text of PDP:	SUPPORT FOR NERVE FUNCTION, ENERGY PRODUCTION & RED BLOOD CELLS*

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

975-0162

LET 8932 78845



Natural Factors Nutritional Products Inc.

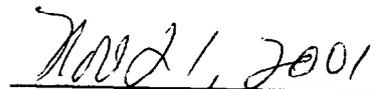
Name of dietary ingredient that is the subject of statement: Vitamin B12 (Cyanocobalamin)

Name of dietary supplement: B12 250mcg (Cyanocobalamin)

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date

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