

## BIOGRAPHICAL SKETCH

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NAME <b>Michael G. Goldstein, M.D.</b>	POSITION TITLE
eRA COMMONS USER NAME	Adjunct Professor

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)*

INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
University of Pennsylvania, Philadelphia, PA	B.A.	1973	Biology
New York University, New York, NY	M.D.	1977	Medicine
University of Rochester, Rochester, NY		1977-80	Internal Medicine Residency
University of Rochester, Rochester, NY		1980-82	Fellowship in Medicine/Psychiatry
University of Rochester, Rochester, NY		1981-84	Psychiatry Residency

### **A. Positions and Honors**

#### Professional Experience, Academic and Hospital Appointments

1980	Board Certification: American Board of Internal Medicine
1985	Board Certification: American Board of Psychiatry and Neurology
1984-1987	Instructor in Psychiatry, Alpert Medical School of Brown University
1987-1993	Assistant Professor of Psychiatry and Human Behavior, Alpert Medical School of Brown U.
1994	Elected Fellow, American Psychiatric Association
1989,1995	Initial Review Group, Special Review Committee, NIDA, Rockville, MD
1994-1996	Member, Smoking Cessation Practice Guideline Panel, AHCPR
1996	Elected Fellow, Society of Behavioral Medicine
1985-1997	Assistant Psychiatrist-in-Chief, The Miriam Hospital
1992-1997	Task Force on Nicotine Dependence, American Psychiatric Association
1993-1997	Associate Editor, Annals of Behavioral Medicine
1989-1998	Medical Director, Center for Behavioral and Preventive Medicine, The Miriam Hospital
1993-1997	Nicotine Dependence Practice Guideline Panel, American Psychiatric Association
1993-1998	Associate Professor of Psychiatry and Human Behavior, Alpert Medical School of Brown U.
1997-1998	Acting Psychiatrist-in-Chief, The Miriam Hospital
1998	Professor of Psychiatry and Human Behavior, Alpert Medical School of Brown Univ.
1998-present	Adjunct Professor of Psychiatry and Human Behavior, Alpert Medical School of Brown Univ.
1998-present	Associate Director, Clinical Education & Research, Institute for Healthcare Communication
1998-2000	Panel Member, Tobacco Dependence Treatment Guideline Update, AHRQ
2001-2002	President, Society of Behavioral Medicine
2006-present	Panel Member, Tobacco Dependence Treatment Guideline Update, AHRQ

### **B. Selected peer-reviewed publications (selected from 82)**

1989	Goldstein, M.G., Niaura, R., Follick, M.J., Abrams, D.B. Effects of behavioral skills training and schedule of nicotine gum administration on smoking cessation. <u>Am J Psychiatry</u> , 146, 56-60.
1989	Niaura, R., Goldstein, M.G., Ward, K.D., Abrams, D.B. Reasons for smoking and severity of residual withdrawal symptoms when using nicotine chewing gum. <u>Br J Addiction</u> , 84, 681-687.
1991	Niaura, R.S., Goldstein, M.G. Bioinformational systems perspective on tobacco dependence. <u>British Journal of Addiction</u> , 86, 593-597.
1991	Prochaska, J.O., Goldstein, M.G. Process of smoking cessation. Implications for clinicians. <u>Clinical Chest Medicine</u> , 12, 727-735.
1994	Goldstein, M.G., MacDonald, N.A., Niaura, R., Dubé, C. Dissemination of physician-based smoking cessation interventions. In S. Burns, S. Cohen, E. Gritz, T. Kottke (Eds), <u>Tobacco and the Clinicians Interventions for Medical and Dental Practice, Smoking and Tobacco Control Monograph #5</u> .USDHHS, NCI.
1994	Niaura, R., Goldstein, M.G., Abrams, D.B. Matching high and low dependence smokers to self-help treatment with or without nicotine replacement. <u>Preventive Medicine</u> , 23, 70-77.
1996	Niaura, R., Brown, R.A., Goldstein, M.G., et al. Transdermal clonidine for smoking cessation: A double

- blind randomized dose response study. Experimental & Clinical Psychopharmacology, 4, 285-291.
- 1996 Weinstock, M.A., Goldstein, M.G., Dubé, C.E., Rhodes, A.R., Sober, A.J. Basic skin cancer triage for teaching melanoma detection. J Am Acad Dermatology, 34, 1063-66.
- 1997 Marcus, B.H., Goldstein, M.G., Jette, A., et.al. Training physicians to conduct physical activity counseling. Preventive Medicine, 26, 382-388
- 1997 Goldstein, M.G., Niaura, R., Willey-Lessne, C., et al. Physicians Counseling Smokers: A population-based survey of patients' perceptions of health care provider-delivered smoking cessation interventions. Arch Intern Med, 157, 1313-1319.
- 1998 Pinto, B.M., Goldstein, M.G., Marcus, B.H. Activity counseling by primary care physicians. Preventive Medicine, 27, 506-513.
- 1998 Goldstein, M.G., DePue, J., Monroe, A., et al. A population-based survey of physician smoking cessation counseling practices. Preventive Medicine, 27, 720-729.
- 1999 Hughes J.R., Goldstein M.G., Hurt R.D., Shiffman S. Recent advances in the pharmacotherapy of smoking. JAMA, 281, 72-26.
- 1999 Goldstein, M.G., Pinto, B.M., Marcus, B.H., et. al. Physician-based physical activity counseling for middle-aged and older adults: A randomized trial. Annals of Behavioral Medicine, 21, 40-47.
- 2000 Emmons, K.M., Goldstein, M.G., Roberts, M., et. al. The use of nicotine replacement therapy during hospitalization. Ann Behav Med, 22(4), 325-329.
- 2001 Wing, R.R., Goldstein, M.G., Acton, K.J., et. al. Behavioral science research in diabetes: lifestyle changes related to obesity, eating behavior, and physical activity. Diabetes Care, 24, 117-23.
- 2001 Pinto, B.M., Lynn, H., Marcus, B.H., DePue, J., Goldstein, M.G. Physician-based activity counseling: Intervention effects on mediators of motivational readiness for physical activity. Ann Behav Med, 23, 2-10.
- 2002 Mikkilineni, R., Weinstock, M. A., Goldstein, M. G., Dube, C. E., & Rossi, J. S. (2002). The Impact of the Basic Skin Cancer Triage Curriculum on Providers' Skills, Confidence, and Knowledge in Skin Cancer Control. Preventive Medicine, 34(2), 144-152.
- 2002 Swartz, S. H., Cowan, T. M., DePue, J., & Goldstein, M. G. (2002). Academic profiling of tobacco-related performance measures in primary care. Nicotine Tob Res, 4(Suppl 1), 38-44.
- 2002 Kahler, C. W., Brown, R. A., Ramsey, S. E., Niaura, R., Abrams, D. B., Goldstein, M. G., Mueller, T. I., & Miller, I. W. (2002). Negative mood, depressive symptoms, and major depression after smoking cessation treatment in smokers with a history of major depressive disorder. J Abnorm Psychol, 111(4), 670-675.
- 2002 Niaura, R., Spring, B., Borrelli, B., Hedeker, D., Goldstein, M.G., Keuthen, N., DePue, J., Kristeller, J., Ockene, J., Prochazka, A., Chiles, J. A., & Abrams, D. B. (2002). Multicenter trial of fluoxetine as an adjunct to behavioral smoking cessation treatment. J Consult Clin Psychol, 70(4), 887-896.
- 2002 DePue, J. D., Goldstein, M. G., Schilling, A., et. al. Dissemination of the AHCPR clinical practice guideline in community health centres. Tob Control, 11(4), 329-335.
- 2002 Sciamanna, C. N., DePue, J. D., Goldstein, M.G., et.al. Nutrition counseling in the Promoting Cancer Prevention in Primary Care study. Prev Med, 35(5), 437-446.
- 2003 Goldstein, M. G., Niaura, R., Willey, C., Kazura, A., Rakowski, W., DePue, J., & Park, E. An academic detailing intervention to disseminate physician-delivered smoking cessation counseling: Smoking cessation outcomes of the Physicians Counseling Smokers Project. Prev Med, 36(2), 185-196.
- 2003 Park, E. R., DePue, J. D., Goldstein, M.G., Niaura, R., Harlow, L. L., Willey, C., Rakowski, W., & Prokhorov, A. V. (2003). Assessing the transtheoretical model of change constructs for physicians counseling smokers. Ann Behav Med, 25(2), 120-126.
- 2004 Goldstein, M.G., Whitlock, E.P., & DePue, J. Multiple behavioral risk factor interventions in primary care: A synthesis of research evidence. Am J Prev Med, 27 (2 suppl), 61-79.
- 2004 Glasgow, R. E., Goldstein, M. G., Ockene, J. K., & Pronk, N. P. (2004). Translating what we have learned into practice; Principles and hypotheses for interventions addressing multiple behaviors in primary care. Am J Prev Med, 27(2 Suppl), 88-101.
- 2004 Sciamanna, C. N., Goldstein, M. G., Marcus, B. H., Lawrence, K., Pinto, B. M. (2004). Accuracy of recall of exercise counseling in primary care settings. Preventive Medicine, 39, 1063-1067.
- 2005 Prochaska, J. O., Velicer, W. F., Redding, C., Rossi, J. S., Goldstein, M., DePue, J., et al. Stage-based expert systems to guide a population of primary care patients to quit smoking, eat healthier, prevent skin cancer, and receive regular mammograms. Prev Med, 41(2), 406-416.
- 2005 Pinto, B. M., Goldstein, M. G., Ashba, J., Sciamanna, C. N., & Jette, A.. Randomized controlled trial of physical activity counseling for older primary care patients. Am J Prev Med, 29(4), 247-255.

## **C. Research Support**

### **Ongoing Research Support**

03-243-01-PBP (Bernardine Pinto, Ph.D., P.I.) 7/1/03-6/30/08  
Research Scholar Grant in Psychosocial and Behavioral Research  
American Cancer Society  
Physical Activity Promotion in Cancer Follow-Up Care  
The aims of this study are to assess the effects of oncologist advice on physical activity plus telephone based counseling among breast cancer patients.

1 R01 HL76734-01 (Pinto, PI) 4/1/2004-3/31/2009  
National Heart, Lung, and Blood Institute  
Maintaining Exercise after Cardiac Rehabilitation  
The major goal of this study is to examine the efficacy of a theoretically-based intervention to promote exercise maintenance after Phase II cardiac rehabilitation.

1 R01 CA101770-01A1 (Pinto, PI) 7/1/2004-6/30/2008  
National Cancer Institute  
Promoting Exercise after Colorectal Cancer  
The primary aim of this study is to examine the effects of a home-based physical activity program on physical activity and well-being of colorectal cancer survivors.

R18-DK075371 (McGarvey, PI) 7/1/2006-6/30/2010  
National Institute of Diabetes & Digestive & Kidney Diseases  
Diabetes Care in American Samoa  
The major goal of this grant is to improve diabetes care with use of community health workers in the context of primary care in American Samoa.

### **Completed Research Support**

5 K07 CA91976-03(Chris Sciamanna, M.D., PI)  
NCI  
Computer-Assisted Cancer Risk Behavior Counseling  
To investigate the efficacy of computerized prompts to encourage and guide physician counseling for smoking cessation, physical activity promotion and fruit and vegetable intake.

1 R01 HL067005-01A2 (Chris Sciamanna, M.D., PI) 6/5/03-5/31/06  
NHLBI  
Computerized Physical Activity Promotion in Primary Care  
The specific aim of this study is to determine the efficacy of computer program that creates 1) patient-specific physical activity self-help reports for individuals and 2) patient-specific reports to prompt and guide physician advice.

1R25 CA88095-01 (Chris Sciamanna, M.D., PI) 9/8/00-8/31/2001  
NCI  
Interactive Technologies to Modify Cancer Risk Behaviors  
Role: Mentor/Co-Investigator  
To develop the paper interactive tailored health messages regarding smoking, physical activity, and healthy eating to be delivered via a website or by interactive voice response over the telephone.

1 RO1 CA78800-01A1 (Martin Weinstock, M.D., PI) NCI Role: Co-Investigator Skin Self-examination for Early Detection of Melanoma The project is a randomized controlled trial of a primary care-based intervention to increase the frequency of thorough skin self-examinations among patients at risk for melanoma.	4/1/99-3/31/03
5R01 DA12529-04 (Ray Niaura, Ph.D., PI) NIDA	9/30/98-8/31/03
1 R01 DA05623-01 (Goldstein) National Institute of Drug Abuse Effectiveness of Clonidine as an Aid to Smoking Cessation Role: Principal Investigator	1989-1993
1 P01 CA50087 (J. Prochaska, PI) National Cancer Institute, Division of Cancer Prevention and Control Accelerating Physicians' Adoption of Smoking Protocols Role: Project Leader/PI	1989-1994
1 R01 CA55917 (W. Rakowski, PI). National Cancer Institute Standard vs. Individualized Intervention for Mammography Role: Co-Principal Investigator	1992 - 1996
1 R01 AG12025 (Goldstein) National Institute of Aging Medical Office-Based Activity Counseling of Older Adults Role: Principal Investigator	1994-1997
1 P01 CA50087 (J. Prochaska, PI) National Cancer Institute Promoting Cancer Prevention in Primary Care Role: Project Leader	1994-1999
ACS IN45zSub-3 (Goldstein) American Cancer Society Schedule of Nicotine Gum Administration and Smoking Cessation Role: Principal Investigator	1985-1987
1 R03 CA44022-01 (Goldstein) National Cancer Institute Cancer Control Program Self-Help Smoking and Nicotine Dependence	1986-1988
RFP #NIAAA 86-0021 (D. Lewis, PI) NIAAA The Development, Implementation and Evaluation of an Integrated Model Program and Curriculum in Alcohol and Drug Abuse for Primary Care Physician Education Role: Faculty Development Coordinator	1986-1988