

071207.med guide powder final draft-F-XXXXXXXX

MEDICATION GUIDE

INTRON® A

(Interferon alfa-2b, recombinant)

Including appendix with instructions for using INTRON® A Powder for Injection

Read this Medication Guide carefully before you start to take INTRON® A (In-tron aye) for Injection alone or INTRON® A in combination with REBETOL® (REB-eh-tole) (ribavirin, USP) Capsules. Read the Medication Guide each time you refill your prescription because there may be new information. The information in this Medication Guide does not take the place of talking with your healthcare provider.

If you are taking INTRON® A and REBETOL® combination therapy, also read the medication guide for REBETOL® (ribavirin, USP) Capsules.

What is the most important information I should know about INTRON® A?

INTRON® A is a treatment for some people who have hairy cell leukemia, malignant melanoma, follicular lymphoma, AIDS-related Kaposi's sarcoma, chronic hepatitis B, chronic hepatitis C and condylomata acuminata. If you have chronic hepatitis C, your healthcare provider may prescribe INTRON® A in combination with REBETOL®. INTRON® A used by itself or with REBETOL® can help you, but can also have serious side effects and may cause death in rare cases. Before starting treatment, you should talk to your healthcare provider about the possible benefits and possible side effects of INTRON® A alone or in combination with REBETOL®, to decide if this treatment is right for you. While taking INTRON® A alone or in combination with REBETOL®, you need to see a healthcare provider regularly for medical examinations and lab tests to make sure the treatment is working and to check for side effects.

You should call your healthcare provider immediately if you develop any of these conditions while taking INTRON® A:

- You become pregnant or if you are a male and your female partner becomes pregnant
- New or worsening mental health problems such as thoughts about hurting or killing yourself or others
- Decreased vision
- Trouble breathing or chest pain
- Severe stomach or lower back pain
- Bloody diarrhea or bloody bowel movements
- High fever
- Easy bruising or bleeding

49 The most serious possible side effects of INTRON® A include:

50

51 **RISK TO PREGNANCY.** Combination INTRON® A and REBETOL® therapy can
52 cause death, serious birth defects or other harm to your unborn child. If you
53 are pregnant, you or your male partner must not take INTRON® A and
54 REBETOL® combination therapy. You must not become pregnant while either
55 you or your partner are taking the combination of INTRON® A and REBETOL®
56 and for 6 months after you stop taking the combination. If you are a woman of
57 childbearing age you must have negative pregnancy tests immediately before
58 starting treatment, during treatment and for 6 months after you have stopped
59 treatment. You should use two forms of birth control during and for 6 months
60 after you have stopped treatment. If you are a man taking INTRON®
61 A/REBETOL® combination therapy, one of the two forms of birth controls
62 should be a condom. You must use birth control even if you believe that you
63 are not fertile or that your fertility is low. You should talk to your healthcare
64 provider about birth control for you and your partner. If you or your partner
65 becomes pregnant while either of you is being treated or within 6 months of
66 stopping treatment tell your healthcare provider right away. There is a
67 Ribavirin Pregnancy Registry that collects information about pregnancy
68 outcomes in female patients and female partners of male patients exposed to
69 ribavirin. You or your healthcare provider are encouraged to contact the
70 Registry at 1-800-593-2214.

71

72 **Mental health problems and suicide.** INTRON® A may cause patients to develop
73 mood or behavioral problems. These can include irritability (getting easily upset)
74 and depression (feeling low, feeling bad about yourself, or feeling hopeless). Some
75 patients may have aggressive behavior. Former drug addicts may fall back into drug
76 addiction or overdose. Some patients think about hurting or killing themselves or
77 other people. Some patients have killed themselves (suicide) or hurt themselves or
78 others. You must tell your healthcare provider if you are being treated for a mental
79 illness or had treatment in the past for any mental illness, including depression and
80 suicidal behavior. You should also tell your healthcare provider if you have ever
81 been addicted to drugs or alcohol.

82

83 **Eye problems.** If you notice any changes in your eyesight such as difficulty seeing,
84 it could mean that your eyes are being affected, so you should call your healthcare
85 provider right away.

86

87 **Heart problems.** Some patients taking INTRON® A may develop problems with
88 their heart, including low blood pressure, fast heart rate, and very rarely, heart
89 attacks. Tell your healthcare provider if you have had any heart problems in the
90 past.

91

92 **Blood problems.** INTRON® A commonly lowers two types of blood cells (white
93 blood cells and platelets). In some patients, these blood counts may fall to
94 dangerously low levels. If your blood cell counts become very low, you could get
95 infections or have bleeding problems.

96

97 If you are taking INTRON® A and REBETOL® combination therapy, REBETOL®
98 can cause a drop in your number of red blood cells (anemia). A very low red blood
99 cell count can be dangerous especially if you have heart or breathing problems.
100 For other possible side effects of INTRON® A. see "*What are the possible side*
101 *effects of INTRON® A?*" in this Medication Guide.
102

103 **What is INTRON® A?**

104

105 The INTRON® A product contains a man-made protein called interferon. Interferon
106 is a protein that is part of the body's immune system that "interferes" with the growth
107 of viruses or cancer cells.

108

109 It is not known if INTRON® A or INTRON® A/REBETOL® combination therapy can
110 cure hepatitis B or C (permanently eliminate the virus) or if it can prevent liver failure
111 or liver cancer that is caused by hepatitis B or C infection.

112

113 It is also not known if INTRON® A or INTRON® A/REBETOL® combination therapy
114 will prevent one infected person from infecting another person with hepatitis B or C.

115

116 **Who should not take INTRON® A?**

117

118 Do not take the INTRON® A alone or in combination with REBETOL® if you:

119

- 120 • are pregnant, planning to get pregnant, or breast-feeding.
- 121 • are a male patient on combination therapy and have a female sexual partner who
122 is pregnant or plans to become pregnant while you are being treated with
123 REBETOL® or during the 6 months after your treatment has ended.
- 124 • have autoimmune hepatitis (hepatitis caused by your immune system attacking
125 your liver) or unstable liver disease (yellowing of the skin and eyes, swelling of
126 the abdomen).
- 127 • had an allergic reaction to another alpha interferon or ribavirin or are allergic to
128 any of the ingredients in INTRON® A or REBETOL®.

129

130 **If you have any of the following conditions or serious medical problems, tell**
131 **your healthcare provider before taking INTRON® A alone or in combination**
132 **with REBETOL®:**

133

- 134 • depression or anxiety
- 135 • eye problems
- 136 • sleep problems
- 137 • high blood pressure
- 138 • previous heart attack, or other heart problems
- 139 • liver problems (other than hepatitis B or C)
- 140 • any kind of autoimmune disease (where the body's immune system attacks the
141 body's own cells), such as psoriasis, sarcoidosis, systemic lupus erythematosus,
142 rheumatoid arthritis
- 143 • thyroid problems
- 144 • diabetes
- 145 • colitis (inflammation of the bowels)
- 146 • cancer
- 147 • hepatitis B or C infection
- 148 • HIV infection (the virus that causes AIDS)
- 149 • kidney problems
- bleeding problems

- 150 • alcoholism
- 151 • drug abuse or addiction
- 152 • body organ transplant and are taking medicine that keeps your body from
- 153 rejecting your transplant (suppresses your immune system).
- 154 • high blood triglycerides (fat particles normally found in your blood)

155

156 How should I take INTRON® A?

157

158 To get the most benefit from this medicine, it is important that you take INTRON® A
159 exactly as your healthcare provider tells you. Your healthcare provider will decide
160 your dose of INTRON® A and how often you will take it. Do not take more than your
161 prescribed dose. INTRON® A is given as an injection either under the skin
162 (subcutaneous) or into a muscle (intramuscular). You should be completely
163 comfortable with how to prepare and measure your dose of INTRON® A and how to
164 inject yourself before you use INTRON® A for the first time. Your healthcare provider
165 will train you on how to use and inject INTRON® A properly.

166

167 INTRON® A comes in different strengths and different forms (a powder in a vial, a
168 solution in a vial and a multidose pen). Your healthcare provider will determine which
169 form is best for you. The instructions for giving a dose of INTRON® A are at the end
170 of this leaflet.

171

172 If you miss a dose of INTRON® A, take the missed dose as soon as possible during
173 the same day or the next day, then continue on your regular dosing schedule. If
174 several days go by after you miss a dose, check with your healthcare provider to see
175 what to do. **Do not double your next dose** or take more than your prescribed dose
176 without talking to your healthcare provider. Call your healthcare provider right away if
177 you take more than your prescribed dose. Your healthcare provider may wish to
178 examine you more closely and take blood for testing.

179

180 If you are taking INTRON® A in combination with REBETOL®, you should also read
181 the Medication Guide for REBETOL® (ribavirin, USP) for more information about
182 side effects and how to take REBETOL®. **REBETOL® capsules should be taken**
183 **twice a day with food.** Taking REBETOL® with food helps your body take up more
184 of the medicine. Taking REBETOL® at the same time of day every day will help
185 keep the amount of medicine in your body at a steady level. This can help your
186 healthcare provider decide how your treatment is working and how to change the
187 number of REBETOL® capsules you take if you have side effects. If you miss a
188 dose of REBETOL®, take the missed dose as soon as possible during the same
189 day. If an entire day has passed, check with your healthcare provider about what to
190 do. **Do not double your next dose.**

191

192 You must see your healthcare provider on a regular basis for blood tests so your
193 healthcare provider can check how the treatment is working for you and to check for
194 side effects.

194

195 Tell your healthcare provider if you are taking or planning to take other prescription
196 or non-prescription medicines, including vitamin and mineral supplements and
197 herbal medicines.

198

199 **What should I avoid while taking INTRON® A?**

- 200 • Avoid becoming pregnant while taking the INTRON® A. INTRON® A alone and
 201 INTRON® A taken in combination with REBETOL® may harm your unborn child
 202 or cause you to lose your baby (miscarry). If you or your partner becomes
 203 pregnant during treatment or during the 6 months after treatment with INTRON®
 204 A/REBETOL® combination therapy, immediately report the pregnancy to your
 205 healthcare provider. Your healthcare provider will make decisions about your
 206 treatment. Your healthcare provider should call 1-800-593-2214. Your healthcare
 207 provider will be asked to give follow-up information about the pregnancy.
- 208 • Do not breast-feed your baby while taking INTRON® A.

209

210 **What are the possible side effects of INTRON® A?**

211

212 Possible, serious side effects include:

213

- 214 • **Risk to pregnancy, mental health problems, including suicide, blood**
 215 **problems, heart problems and eye problems.** see "What is the most
 216 *important information I should know about INTRON® A?*"
- 217 • **Other body organ problems.** Certain symptoms like severe pain in the middle
 218 of your body, nausea, and vomiting may mean that your liver or pancreas is
 219 being damaged. A few patients have lung problems such as pneumonia
 220 (inflammation of the lung tissue), and inflammation of the kidney. If you are short
 221 of breath, coughing or have severe stomach or back pains or a fever, you should
 222 call your healthcare provider right away.
- 223 • **Thyroid problems.** Some patients develop changes in the function of their
 224 thyroid. Symptoms of thyroid changes include the inability to concentrate, feeling
 225 cold or hot all the time, a change in your weight and changes to your skin.
- 226 • **New or worsening autoimmune disease.** Some patients taking INTRON® A
 227 develop autoimmune diseases (a condition where the body's immune cells attack
 228 other cells or organs in the body), including rheumatoid arthritis, systemic lupus
 229 erythematosus, sarcoidosis, and psoriasis. In some patients who already have
 230 an autoimmune disease, the disease may worsen while on INTRON® A.

231

232 Common but less serious side effects include:

233

- 234 • **Flu-like symptoms.** Most patients who take INTRON® A have "flu-like"
 235 symptoms (headache, muscle aches, tiredness, and fever) that usually lessen
 236 after the first few weeks of therapy. You can reduce some of these symptoms by
 237 injecting your INTRON® A dose at bedtime. Over-the-counter pain and fever
 238 medications can be used to prevent or reduce the fever and headache. If your
 239 fever does not go away you should tell your healthcare provider.
- 240 • **Extreme fatigue (tiredness).** Many patients become extremely tired while on
 241 INTRON® A.
- 242 • **Appetite problems.** Nausea, loss of appetite, and weight loss, occur commonly.
- 243 • **Blood sugar problems.** Some patients develop problems with the way their
 244 body controls their blood sugar and may develop high blood sugar or diabetes.

- 245 • **Skin reactions.** Redness, swelling, and itching are common at the site of
246 injection. If after several days these symptoms do not disappear, contact your
247 healthcare provider. You may get a rash during therapy. If this occurs, your
248 healthcare provider may recommend medicine to treat the rash.
249 • **Hair thinning.** Hair thinning is common during INTRON® A treatment. Hair loss
250 stops and hair growth returns after therapy is stopped.

251
252 These are not all the side effects of INTRON® A or INTRON® A/REBETOL®
253 combination therapy. Your healthcare provider can give you a more complete list.
254

255 **General advice about prescription medicines**

256 Medicines are sometimes prescribed for purposes other than those listed in a
257 Medication Guide. If you have any concerns about the INTRON® A product, ask
258 healthcare provider. Your health care provider can give you additional information
259 about INTRON® A. Do not use INTRON® A for a condition for which it was not
260 prescribed. Do not share this medication with other people.

261
262 This Medication Guide has been approved by the U.S. Food and Drug
263 Administration.

264
265 Manufactured by: Schering Corporation Kenilworth, NJ 07033 USA

266
267 Issued: July 2007

268
269 *Safety-Lok is a trademark of Becton Dickinson and Company

270
271 Copyright © 1996, 2001, Schering Corporation.

272 All rights reserved.

273 Rev. 2/04

B-XXXXXXXX

274

275 **Medication Guide Appendix: Instructions for Preparing and Giving a Dose of** 276 **INTRON® A Powder for Injection**

- 277
278 • INTRON® A medication has been supplied to you as a powder form that requires
279 you to add the supplied liquid (DILUENT) to the powder. The liquid (DILUENT) is
280 supplied to you in a vial.

281
282 **The INTRON® A Powder for Injection may be supplied to you in 10 million IU,**
283 **18 million IU, or 50 million IU vials.** These packages contain 1 vial of INTRON® A
284 powder and 1 vial of DILUENT (Sterile Water for Injection, USP). Syringes are not
285 supplied to you. Talk to your healthcare provider about what syringes you should
286 use

287 288 **Storing INTRON® A Powder for Injection**

289 Before and after reconstitution, INTRON® A Powder for Injection should be stored in
290 the refrigerator between 2° and 8°C (36° and 46°F). **DO NOT FREEZE.**

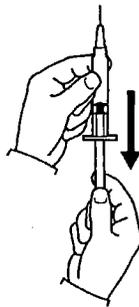
291
292
293
294
295

NOTE: INTRON® A Powder for Injection does not contain a preservative. The vial must be discarded after reconstitution and withdrawal of a single dose.

296 **Preparing a Dose of INTRON® A Powder for Injection**

297
298
299
300
301
302
303
304
305
306
307
308
309
310
311
312
313
314
315
316
317
318
319
320
321
322

1. Find a well lit, clean, flat working surface such as a table. Collect the supplies you will need for an injection:
 - A vial of INTRON® A powder
 - A vial of DILUENT (Sterile Water for Injection, USP)
 - A single-use, disposable syringe, as prescribed by your healthcare provider
 - A cotton ball or gauze
 - Two Alcohol swabs
 - A puncture-proof disposable container
2. Before removing the vials from the carton, check the expiration date printed on the carton to make sure that the expiration date has not passed. Do not use if the expiration date has passed.
3. Wash your hands with soap and warm water. It is important to keep your work area, your hands and injection site clean to minimize the risk of infection.
4. Gently warm the DILUENT vial by slowly rolling the vial in the palms of your hands for one minute.
5. Remove the protective caps from both vials (INTRON® A powder and the supplied DILUENT). Clean the rubber stopper on the top of each vial with an alcohol swab.
6. Open the syringe package and remove the syringe.
7. Remove the needle cover from the syringe. Fill the syringe with air by pulling the plunger back to the mark on the syringe that matches the dose prescribed by your healthcare provider.

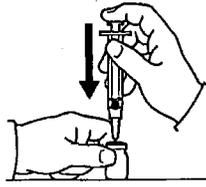


323
324
325
326
327
328
329
330
331
332
333
334
335
336
337

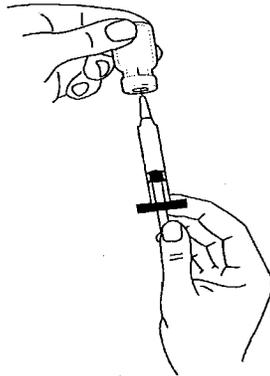
8. Hold the DILUENT vial on your flat working surface without touching the cleaned rubber stopper with your hands.

- 338 9. Insert the needle straight down through the middle of the rubber stopper of the
339 vial containing the DILUENT. Slowly inject all the air from the syringe into the air
340 space above the DILUENT.

341
342
343
344
345
346
347
348
349
350
351
352
353
354
355
356
357
358
359
360
361

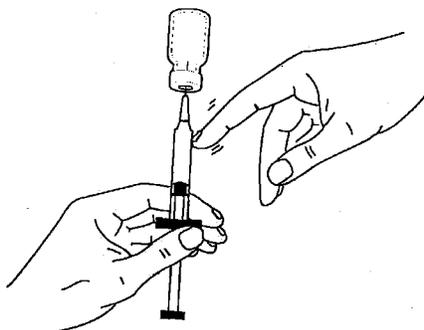


10. Keep the needle in the vial and turn the vial upside down. Make sure the tip of the needle is in the DILUENT. Slowly pull the plunger back to fill the syringe with DILUENT to the number (mL or cc) that your healthcare provider instructed you to use.



362
363
364
365
366
367
368
369
370
371
372

11. With the needle still inserted in the vial, check the syringe for air bubbles. If there are any air bubbles, gently tap the syringe with your finger until the air bubbles rise to the top of the syringe. Slowly push the plunger up to remove the air bubbles. If you push DILUENT back into the vial, slowly pull back on the plunger to again draw the correct amount of DILUENT back into the syringe.



373

374

375

376

12. Remove the needle from the vial. Do not let the syringe touch anything.

377

13. Without touching the cleaned rubber stopper, insert the needle through the middle of the rubber stopper and gently place the needle tip, at an angle, against the side of the INTRON® A powder vial.

378

379

380

14. Slowly push the plunger down to inject the DILUENT. The stream of liquid should run down the sides of the glass vial. **DO NOT INJECT THE DILUENT DIRECTLY AT THE WHITE POWDER.**

381

382

383

384

385

386

387

388

389

390

391

392

393

394

395

15. Do not remove the needle from the vial.

396

16. To dissolve the white powder, gently swirl the INTRON® A vial in a circular motion until the powder is completely dissolved. **DO NOT SHAKE.** If the solution is foamy, wait a few minutes until the bubbles have settled before withdrawing your dose from the vial.

397

398

399

400



401

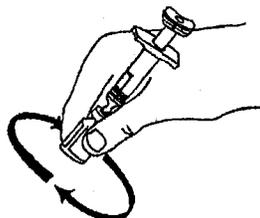
402

403

404

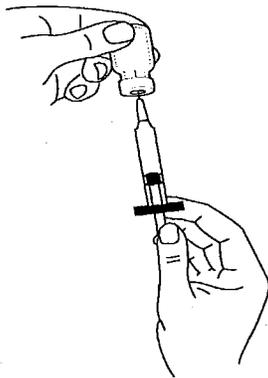
17. Check the solution inside the vial of the INTRON® A. The solution should be clear and colorless to light yellow, without particles. Do not use the INTRON® A

405



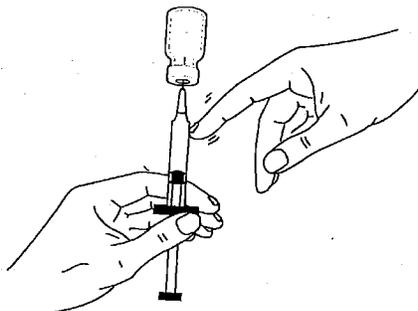
406 if the medicine is cloudy, has particles or is any color besides clear and colorless
407 to light yellow.

408 18. With the needle in the vial, turn the vial upside down. Make sure the tip of the
409 needle is in the INTRON® A solution. Slowly pull the plunger back to fill the
410 syringe with the INTRON® A solution to the number (mL or cc) that your
411 healthcare provider has prescribed.
412



413
414
415
416

417 19. With the needle still inserted in the vial, check the syringe for air bubbles. If there
418 are any air bubbles, gently tap the syringe with your finger until the air bubbles
419 rise to the top of the syringe.
420
421

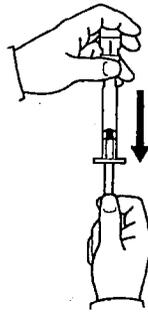


422
423
424
425
426
427
428

20. Slowly push the plunger up to remove the air bubbles. If you push solution back
into the vial, slowly pull back on the plunger again to draw the correct amount of
INTRON® A solution back into the syringe.

21. Do not remove the needle from the vial. Lay the vial and syringe on its side on
your flat work surface until you are ready to inject the INTRON® A solution.

429
430
431
432
433
434
435
436
437
438
439
440
441
442
443
444
445
446
447
448
449
450
451
452
453
454
455
456



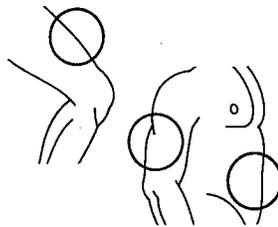
Choosing an Injection site

Based on your treatment, your health care provider will tell you if you should inject a dose of INTRON® A subcutaneously (under the skin) or intramuscularly (into the muscle). If it is too difficult for you to inject, ask someone who has been trained to give injections to help you.

FOR SUBCUTANEOUS INJECTION

The best sites for injection are areas on your body with a layer of fat between skin and muscle such as:

- the front of your middle thighs
- the outer area of your upper arms
- the abdomen, except around the navel

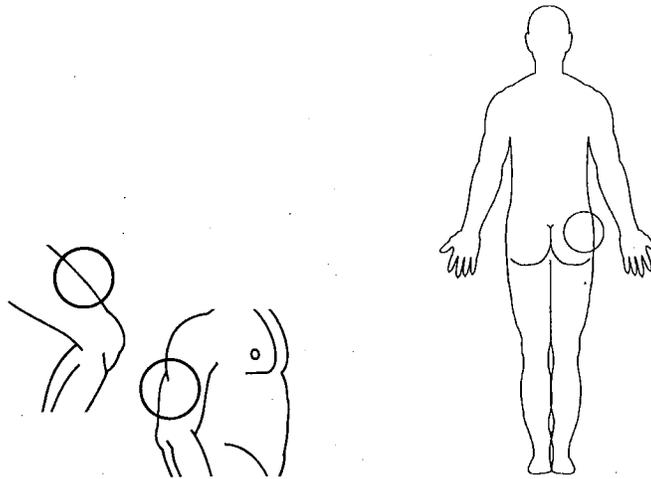


457
458
459
460
461
462
463
464

FOR INTRAMUSCULAR INJECTION

The best sites for injection into your muscle are:

- the front of the middle thighs
- the upper arms
- the upper outer areas of the buttocks



465
466
467
468
469
470
471
472
473
474
475
476
477
478
479
480
481
482
483
484
485
486
487
488
489
490
491
492
493
494
495
496
497
498
499
500
501

You should use a different site each time you inject INTRON® A to avoid soreness at any one site. Do not inject INTRON® A into an area where the skin is irritated, red, bruised, infected or has scars, stretch marks or lumps.

Injecting the Dose of INTRON® A

1. Clean the injection site with a new alcohol swab.
2. Pick up the vial and syringe from your flat work surface. Remove the syringe and needle from the vial. Hold the syringe in the hand that you will use to inject INTRON® A. Do not touch the needle or allow it to touch the work surface. If you are using a Safety-Lok* syringe, make sure the safety sleeve is pushed against the syringe flange so that the needle is fully exposed.
3. With your free hand, pinch a fold of the skin at the cleaned injection site.

FOR SUBCUTANEOUS INJECTION:

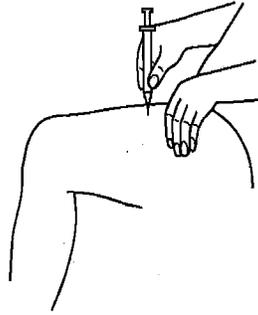
- 4a. Hold the syringe (like a pencil) at a **45-degree angle** to the skin. With a quick “dart-like” motion push the needle into the skin.



FOR INTRAMUSCULAR INJECTION:

- 4b. Hold the syringe (like a pencil) at a **90-degree angle** to the skin. With a quick “dart-like” motion, push the needle into the muscle.

502
503



504
505
506
507
508
509
510
511
512
513
514
515
516
517
518
519
520
521
522
523
524
525
526
527
528
529
530
531
532
533
534
535
536
537
538
539
540

5. After the needle is in, remove the hand used to pinch the skin and use it to hold the syringe barrel. Pull the plunger back slightly. If blood comes into the syringe, the needle has entered a blood vessel. Do not inject INTRON® A. Withdraw the needle and discard the syringe in the puncture-proof container. See *"How should I dispose of materials used to inject INTRON® A?"* Prepare a new dose of INTRON® A using a new INTRON® A Powder for Injection vial and prepare a new injection site.
6. If no blood is present in the syringe, inject the medicine by gently pushing the plunger all the way down until the syringe is empty.
7. When the syringe is empty, pull the needle out of the skin and place a cotton ball or gauze over the injection site and press for several seconds. Do not massage the injection site. If there is bleeding, cover the injection site with a bandage.
8. Dispose of syringe and needle. See *"How should I dispose of materials used to inject INTRON® A?"*
9. It is important to check your injection site approximately two hours after your injection for redness, swelling, or tenderness. These are signs of inflammation that you may need to talk to your healthcare provider about if they do not go away.

How should I dispose of materials used to inject INTRON® A?

There may be special state and local laws for disposal of used needles and syringes. Your healthcare provider should provide you with instructions on how to properly dispose of your used syringes and needles. Always follow those instructions. The instructions below should be used as a general guide for proper disposal.

- The needles and syringes should never be reused.
- Place all used needles and syringes in a puncture-proof disposable container that is available through your pharmacy or healthcare provider. You may also

541 use a hard plastic container with a screw-on cap (like a laundry detergent
542 container).
543 • DO NOT use glass or clear plastic containers for disposal of needles and
544 syringes.

545

546 The container should be clearly labeled as "USED SYRINGES AND NEEDLES."
547 When the container is about two-thirds full, tighten the lid. Tape the cap or lid to
548 make sure it does not come off. Dispose of the container as instructed by your
549 healthcare provider. DO NOT throw the container in your household trash. DO NOT
550 recycle.

551 • **Always keep the container out of reach of children**