*Candida auris:* Antifungal Clinical Trial Design Considerations Luis Ostrosky-Zeichner, MD, FACP, FIDSA, FECMM Professor and Vice Chair of Medicine McGovern Medical School President-elect Mycoses Study Group Disclosures-Research funding and/or personal honoraria for consulting or speaking from:

- Pfizer
- Merck
- Astellas
- Cidara
- Scynexis
- F2G
- Amplyx
- Gilead

- Therapeutics, Inc
- Viracor
- Octapharma
- Biotoscana
- Stendhal
- Mayne
- Takeda
- RealTime labs

In the beginning there was Amphotericin B (*6-page PI*)



#### INDICATIONS AND USAGE

FUNGIZONE Intravenous (Amphotericin B for Injection, USP) should be administered primarily to patients with progressive, potentially life-threatening fungal infections. This potent drug should not be used to treat noninvasive fungal infections, such as oral thrush, vaginal candidiasis, and esophageal candidiasis in patients with normal neutrophil counts.

FUNGIZONE Intravenous is specifically intended to treat potentially life-threatening fungal infections: aspergillosis, cryptococcosis (torulosis), North American blastomycosis, systemic candidiasis, coccidioido-mycosis, histoplasmosis, zygomycosis including mucormycosis due to susceptible species of the genera *Absidia, Mucor*, and *Rhizopus*, and infections due to related susceptible species of *Conidiobolus* and *Basidiobolus*, and sporotrichosis.

Amphotericin B may be useful in the treatment of American mucocutaneous leishmaniasis, but it is not the drug of choice as primary therapy.

# Brief history of antifungals

Ostrosky-Zeichner, et al. Nature Reviews Drug Discovery 2010.





### How do we use antifungals in Candida (mostly)?

Reference (Patient No.; Enrollment Dates)	Drugs and Maintenance Regimens	Design	Inclusion	Host or Disease Factor Exclusion	Treatment Duration	Modified Intent-to-Treat Population	Primary Outcome	Secondary Outcome
Rex et al, 1994 [46] (237; 1989–1993)	Fluconazole 400 mg/d vs amphotericin B 0.5–0.6 mg/kg/d	Randomized, double blinded	Candidemia and fever or hypotension	Neutropenia, hematologic malignancy, HIV, transplant, pregnancy	≥14 d after last positive blood culture	Receipt of ≥1 d of antifungal drug	Clinical and microbiologic success at EOT	All-cause death at EOT
Mora-Duarte et al, 2002 [48] (239; 1997–2001)	Caspofungin 50 mg/d vs amphotericin B 0.6–0.7 mg/kg/d (0.7–1.0 for neutropenic patients)	Randomized, double blinded	Candidemia or invasive candidiasis	Endocarditis, osteomyelitis, meningitis	10 d intravenous and all therapy >14 d after last positive culture	Receipt of ≥1 d of antifungal drug	Clinical and microbiologic success and absence of toxicity- required change in therapy at EOT	All-cause death at EOT
Rex et al 2003 [45] (236; 1995–1999)	Fluconazole 800 mg/d vs amphotericin B 0.6–0.7 mg/kg/d and fluconazole 800 mg/d	Randomized, double blinded	Candidemia and fever or hypotension	Neutropenia, pregnancy, Candida krusei	≥14 d after last positive blood culture, amphotericin B component 5–8 d	Receipt of ≥1 d of antifungal drug	Clinical and microbiologic success at EOT	All-cause death at EOT
Kullberg et al 2005 [47] (422; 1998–2003)	Voriconazole 3 mg/kg every 12 h for 3 d, then possible switch to 200 mg oral twice daily vs amphotericin B 0.7–1.0 mg/kg/d followed by fluconazole 400 mg/d	Randomized, double blinded	Candidemia and fever or hypotension	Neutropenia, AIDS, chronic granulomatous disease, aplastic anemia, hepatic and renal dysfunction, pregnancy	≥14 d after last positive blood culture	Receipt of ≥1 d of antifungal drug	Clinical and microbiologic success at 12 wk and EOT	All-cause death at 30 d
Reboli et al 2007 [43] (245; 2003–2004)	Anidulafungin 100 mg/d vs fluconazole 400 mg/d	Randomized, double blinded	Candidemia or invasive candidiasis	Pregnancy	≥14 d after last positive blood culture	Receipt of ≥1 d of antifungal drug and document fungal infection	Clinical and microbiologic success at EOT	All-cause death within 30 d
Kuse et al 2007 [41] (264; 2003–2004)	Micafungin 100 mg/d vs liposomal amphotericin B 3 mg/kg/d	Randomized, double blinded	Candidemia or invasive candidiasis	Hepatic dysfunction	>14 d	Receipt of ≥1 d of antifungal drug	Clinical and microbiologic success at EOT	All-cause death within 30 d
Pappas et al 2007 [49] (595; 2004–2006)	Micafungin 100 or 150 mg/d for ≥10 d then possible switch to fluconazole 400 mg/d vs caspofungin 50 mg/d for ≥10 d then possible switch to fluconazole 400 mg/d	Randomized, double blinded	Candidemia or invasive candidiasis	Hepatic dysfunction, pregnancy, cyclosporin use, endocarditis, osteomyelitis, meningitis	≥14 d after last positive blood culture	Receipt of ≥1 d of antifungal drug and documentation of fungal infection	Clinical and microbiologic success at EOT	All-cause death within 30 d

We have a pretty good system



## Anatomy of a Candida trial

#### Common pitfalls- Disease definitions updated

Revision and Update of the Consensus Definitions of Invasive Fungal Disease From the European Organization for Research and Treatment of Cancer and the Mycoses Study Group Education and Research Consortium

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CID 2019

### Common pitfalls- Disease definitions updated

#### Table 1. Criteria for Proven Invasive Fungal Disease

Fungus	Microscopic Analysis: Sterile Material	Culture: Sterile Material	Blood	Serology	Tissue Nucleic Acid Diagnosis
Moldsª	Histopathologic, cytopathologic, or direct microscopic examination <sup>b</sup> of a specimen obtained by needle aspiration or biopsy in which hyphae or melanized yeast-like forms are seen accompanied by evidence of associated tissue damage	Recovery of a hyaline or pigmented mold by culture of a specimen obtained by a sterile procedure from a normally sterile and clinically or radiologically abnormal site consistent with an infectious disease process, excluding BAL fluid, a paranasal or mastoid sinus cavity specimen, and urine	Blood culture that yields a mold <sup>c</sup> (eg, <i>Fusarium</i> species) in the context of a compatible infectious disease process	Not applicable	Amplification of funga DNA by PCR combined with DNA sequencing when molds are seen in formalin-fixed paraffin-embedded tissue
Yeasts <sup>a</sup>	Histopathologic, cytopathologic, or direct microscopic examination of a specimen obtained by needle aspiration or biopsy from a normally sterile site (other than mucous membranes) showing yeast cells, for example, <i>Cryptococcus</i> species indicating encapsulated budding yeasts or <i>Candida</i> species showing pseudohyphae or true hyphae <sup>d</sup>	Recovery of a yeast by culture of a sample obtained by a sterile proce- dure (including a freshly placed [<24 hours ago] drain) from a normally sterile site showing a clinical or radio- logical abnormality consistent with ar infectious disease process	Blood culture that yields yeast (eg, <i>Cryptococcus</i> or <i>Candida</i> species) or yeast-like fungi (eg, <i>Trichosporon</i> species)	Cryptococcal antigen in cerebrospinal fluid or blood confirms cryptococ- cosis	Amplification of funga DNA by PCR combined with DNA sequencing when yeasts are seen in formalin-fixed paraffin-embedded tissue
Pneumo- cystis	Detection of the organism microscopically in tissue, BAL fluid, expectorated sputum using conventional or immunofluores- cence staining	Not applicable	Not applicable	Not applicable	Not applicable
Endemic mycoses	Histopathology or direct microscopy of specimens obtained from an affected site showing the distinctive form of the fungus	Recovery by culture of the fungus from specimens from an affected site	Blood culture that yields the fungus	Not applicable	Not applicable

#### Table 3. Other Probable Invasive Diseases

Candidiasis	
Host factors	
Recent history of neutropenia $< 0.5 \times 10^9$ neutrophils/L (<500 neut mm <sup>3</sup> for >10 days) temporally related to the onset of invasive fung disease	rophils/ jal
Hematologic malignancy	
Receipt of an allogeneic stem cell transplant	
Solid organ transplant recipient	
Prolonged use of corticosteroids (excluding among patients with a bronchopulmonary aspergillosis) at a therapeutic dose of ≥0.3 mg/ ticosteroids for ≥3 weeks in the past 60 days	llergic /kg cor-
Treatment with other recognized T-cell immunosuppressants, such calcineurin inhibitors, tumor necrosis factor-a blockers, lymphocyte specific monoclonal antibodies, immunosuppressive nucleoside ar during the past 90 days	as <del>-</del> nalogues
Inherited severe immunodeficiency (such as chronic granulomatou sease, STAT 3 deficiency, CARD9 deficiency, STAT-1 gain of function severe combined immunodeficiency)	is di- on, or
Acute graft-versus-host disease grade III or IV involving the gut, lur liver that is refractory to first-line treatment with steroids	ngs, or
Clinical features	
At least 1 of the following 2 entities after an episode of candidemia w the previous 2 weeks:	within
Small, target-like abscesses in liver or spleen (bull's-eye lesions) or brain, or, meningeal enhancement	in the
Progressive retinal exudates or vitreal opacities on ophthalmologic ination	exam-
Mycological evidence	
ß-D-glucan (Fungitell) $\geq\!80$ ng/L (pg/mL) detected in at least 2 conserver samples provided that other etiologies have been excluded	ecutive
Positive T2Candida <sup>a</sup>	

# Common pitfalls- Outcome adjudication guidelines are outdated

Defining Responses to Therapy and Study Outcomes in Clinical Trials of Invasive Fungal Diseases: Mycoses Study Group and European Organization for Research and Treatment of Cancer Consensus Criteria

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CID 2008:47

#### Table 1. General criteria for global responses to antifungal therapy.

Outcome, response	Criteria		
Success			
Complete response	Survival within the prespecified period of observation, resolution of all attributable symptoms and signs of disease and radiological abnormalities, and mycological evidence of eradication of disease		
Partial response	Survival within the prespecified period of observation, improvement in attributable symptoms and signs of dis- ease and radiological abnormalities, and evidence of clearance of cultures or reduction of fungal burden, as as- sessed by a quantitative and validated laboratory marker		
Failure			
Stable response <sup>a</sup>	Survival within the prespecified period of observation and minor or no improvement in fungal disease, but no evidence of progression, as determined on the basis of a composite of clinical, radiological, and mycological criteria		
Progression of fungal disease	Evidence of progressive fungal disease based on a composite of clinical, radiological, and mycological criteria		
Death	Death during the prespecified period of evaluation, regardless of attribution		

### Common pitfalls- Signs and symptoms

- Not always present, even in the setting of of proven disease
- When present can be multifactorial given the complexity of patients
  - Underlying disease
  - Other interventions
  - Other infections
- May or may not correlate with clinical improvement

### Common pitfalls- Microbiology and pathology

#### • Slow growth, laborious ID and susceptibility

- 3-5 days for Candida
- 1 to 2 weeks for moulds
- Automatically narrows enrollment windows to critical times
- Blood cultures have poor sensitivity but very high specificity
- Molecular ID not mainstream yet
- Not always feasible to re-sample invasive sites
- Biomarkers and serologies
  - Hit or miss send outs, narrow enrollment windows
  - Generally accepted for enrollment
  - Despite ample data, not accepted as surrogates for outcomes

### Common pitfalls- Radiology

- High sensitivity
- Low specificity
- Long term changes with very slow or no resolution
- Does not generally correlate with clinical improvement
- Radiation doses





#### Common pitfalls- Mortality as an endpoint

#### Hospital-Acquired Candidemia

The Attributable Mortality and Excess Length of Stay

Sergio B. Wey, MD; Motomi Mori, MS; Michael A. Pfaller, MD; Robert F. Woolson, PhD; Richard P. Wenzel, MD, MSc Fifty of the 88 cases died, representing a crude mortality rate of 57%. Seventeen controls died for an overall mortality rate of 19%. The attributable mortality rate was 38% with a 95% confidence interval of 26% to 49%. Thirty-seven cases died whose matched controls lived (Table 2), and only four cases that lived had matched controls that died. The risk ratio was 2.94 with a 95% confidence interval of 1.95 to 4.43. Additionally, 23 (46%) of the deaths occurred in the first week after candidemia was detected. Nineteen (38%) of the 50 cases that died had an autopsy performed. In 14 (74%), *Candida* species infection was reported as the cause of death.

The median length of stay for the cases was 48 days, while the median for the controls was 40 days. This difference was statistically significant (P = .006). A further analysis of the length of stay for the 34 matched pairs that survived showed a median of 70 days for cases and 40 days as a median for length of stay in the control group (P < .0001).

### Don't bring up problems without bringing solutions

- Disease definitions need a nimble/dynamic process
- Need new panel for response/outcome definitions
  - De-emphasize signs and symptoms
  - Biomarkers as surrogate endpoints
  - De-emphasize radiology in outcomes
  - De-emphasize crude mortality and work toward attributable mortality
  - No composite endpoints
- Expand enrollment/prior antifungal windows until micro technology and biomarker availability catches up
- LPAD
- Small open label trials in high incidence areas (US and EX-US) with 20-30 well studied cases with contemporary controls along with strong preclinical and safety data.



#### The space we should be working on now

### How should we be using antifungals? (Candida)



Garey, et al. CID 2006.



#### **Molecular microbiology**

### Next gen clinical trials

#### **POC Biomarkers**

Strategy trials

Prophylaxis vs. pre-emptive vs. empirical vs. full blown

Personalized medicine

Uncommon pathogens Resistant pathogens Pharmacogenomics Genetic risk



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#### **Review Article**

Clinical mycology today: A synopsis of the mycoses study group education and research consortium (MSGERC) second biennial meeting, September 27–30, 2018, Big Sky, Montana, a proposed global research agenda

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#### Homework



## THANK YOU

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