

**CENTER FOR DRUG EVALUATION AND RESEARCH**

**Application Number: NDA 19777/S4**

**APPROVAL LETTER**

APR 11 1989

ICI Pharmaceuticals Group  
Attention: Mr. William A. Best  
ICI Americas Inc.  
Wilmington, DE 19897

Dear Mr. Best:

We acknowledge the receipt on March 27, 1989 of your March 20, 1989 supplemental new drug application submitted under section 505(b)(1) of the Federal Food, Drug, and Cosmetic Act for Zestril (lisinopril) Tablets.

The supplemental application provides for final printed labeling revised as follows to conform to labeling changes made for Merck Sharp & Dohme's Prinivil:

1. **CLINICAL PHARMACOLOGY AND OVERDOSAGE:** Addition of the statement "Lisinopril can be removed by hemodialysis."
2. **CONTRAINDICATIONS:** Addition of a drug-class contraindication to use in patients with a history of angioedema related to previous treatment with an ACE inhibitor.
3. **HOW SUPPLIED:** "Dispense in a well-closed container" changed to "Dispense in a tight container;" addition of the sentence "Protect from moisture, freezing and excessive heat."
4. **PRECAUTIONS, subsection Pregnancy:** Third paragraph revised to read: "Fetotoxicity was demonstrated in rabbits by an increased incidence of fetal resorption at an oral dose of lisinopril at 1 mg/kg/day and by an increased incidence of incomplete ossification at the lowest dose tested (0.1 mg/kg/day). A single intravenous dose of 15 mg/kg of lisinopril administered to pregnant rabbits on gestation days 16, 21 or 26 resulted in 88% to 100% fetal death."
5. **PRECAUTIONS, subsection Pregnancy:** Addition of information on the outcome of the use of ACE inhibitors in humans during pregnancy.
6. **PRECAUTIONS, subsection Drug Interactions:** Addition of the word "close," to read ". . . initiate therapy with ZESTRIL at a dose of 5 mg daily and provide close medical supervision . . ."
7. **DOSAGE AND ADMINISTRATION, subsection Dosage Adjustment in Renal Impairment:** the "greater than" sign was changed to a "greater than or equal to" sign in the sentence "For patients with creatinine clearance  $\geq 10$  mL/min  $\leq 30$  mL/min . . ."

In addition, the DESCRIPTION and HOW SUPPLIED sections, have been revised to include a 40 mg tablet size. This tablet size was included in the original application for Zestril and was approved. At the time of approval this tablet size was not marketed and so was not included in the labeling for your product.

As noted in your April 3, 1989 telephone conversation with Ms. Kathleen Bongiovanni, the PRECAUTIONS section, subsection Hyperkalemia contains an incorrect incidence of 1.4 percent. At the time of your next printing which we expect will be by the end of April, please correct the incidence of hyperkalemia to 2.2 percent.

We have completed the review of this supplemental application and it is approved. Our letter of May 19, 1988 detailed the conditions relating to the approval of this application.

We remind you that you must comply with the requirements for an approved NDA set forth under 21 CFR 314.80 and 314.81.

Should you have any questions, please contact:

Ms. Kathleen Bongiovanni  
Consumer Safety Officer  
Telephone: (301) 443-4730

Sincerely yours,

*RL 4/11/89*

Raymond J. Lipicky, M.D.  
Director  
Division of Cardio-Renal Drug Products  
Office of Drug Evaluation I  
Center for Drug Evaluation and Research

cc:

Original NDA

HFD-110

HFD-110/CSO

HFD-80/DDIR

HFD-100

HFD-232 (with labeling)

HFD-730

HFD-110/KBongiovanni  
sb/4/3/89;4/6/89/2169S

R/D: JShort/4/3/89

RWolters/4/4/89

CResnick/4/5/89

SChen/4/5/89

NMorgenstern/4/5/89

*K. Bongiovanni 4/6/89*

*man 4/6/89*

APPROVAL

**CENTER FOR DRUG EVALUATION AND RESEARCH**

**APPLICATION NUMBER: NDA 19777/S4**

**FINAL PRINTED LABELING**

PROFESSIONAL INFORMATION BROCHURE

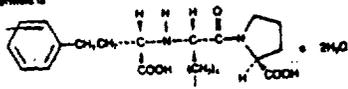
ZESTRIL<sup>®</sup> LISINAPRIL-STUART

APR 11 1989

APPROVED

DESCRIPTION

ZESTRIL (lisinopril), a synthetic peptide derivative, is an oral long-acting angiotensin converting enzyme inhibitor. Lisinopril is chemically described as 1-N<sup>1</sup>-(2S)-1-Carboxy-3-phenylpropyl-L-prolyl-L-proline dihydrochloride. Its empirical formula is C<sub>21</sub>H<sub>34</sub>N<sub>2</sub>O<sub>7</sub>·2HCl and its structural formula is



Lisinopril is a white to off-white, crystalline powder, with a molecular weight of 441.53. It is soluble in water and sparingly soluble in methanol and practically insoluble in ethanol. ZESTRIL is supplied as 5 mg, 10 mg, 20 mg and 40 mg tablets for oral administration.

Inactive Ingredients:

- 5, 10 and 20 mg tablets—calcium phosphate, magnesium stearate, monobasic red ferric oxide, starch.
40 mg tablets—calcium phosphate, magnesium stearate, monobasic red ferric oxide

CLINICAL PHARMACOLOGY

Mechanism of Action: Lisinopril inhibits angiotensin converting enzyme (ACE) in human subjects and animals. ACE is a peptidyl dipeptidase that catalyzes the conversion of angiotensin I to the vasoconstrictor substance, angiotensin II. Angiotensin II also stimulates aldosterone secretion by the anterior pituitary. Inhibition of ACE results in decreased plasma angiotensin II which leads to decreased vasopressor activity and to decreased aldosterone secretion. The latter decrease may result in a net decrease of sodium retention. In hypertensive patients with normal renal function treated with ZESTRIL, mean rise in 24 hours, the mean increase in serum potassium was approximately 0.1 mEq/L; however, approximately 15% of patients had increases greater than 0.5 mEq/L and approximately 5% had a decrease greater than 0.5 mEq/L. In the same study, patients treated with ZESTRIL and hydrochlorothiazide for up to 24 weeks had a mean decrease of serum potassium of 0.1 mEq/L; approximately 2% had a mean decrease greater than 0.5 mEq/L and approximately 12% had a decrease greater than 0.5 mEq/L. (See PRECAUTIONS.) Removal of potassium if negative feedback on renal excretion leads to increased plasma renin activity.

ACE is identical to kininase, an enzyme that degrades bradykinin. Whether increased levels of bradykinin, a potent vasodilator peptide, play a role in the therapeutic effects of ZESTRIL remains to be determined.

While the mechanism through which ZESTRIL lowers blood pressure is believed to be primarily suppression of the renin-angiotensin-aldosterone system, ZESTRIL is alsooppressive on the renin-angiotensin-aldosterone system. Although ZESTRIL can also suppress renin in animal studies, which hypertensive patients (mostly first-time hypertensive population) had a smaller average response to monotherapy than essential patients.

Concomitant administration of ZESTRIL and hydrochlorothiazide further reduced blood pressure in black and nonblack patients and may result in differences in blood pressure response over no longer evident.

Pharmacokinetics and Metabolism: Following oral administration of ZESTRIL, peak serum concentrations of lisinopril occur within about 7 hours. Declining serum concentrations exhibited a prolonged terminal phase which does not contribute to drug accumulation. The terminal phase probably represents reversible binding to ACE and is not proportional to dose. Lisinopril does not appear to be bound to other serum proteins.

Lisinopril does not undergo metabolism and is excreted unchanged in the urine. Based on urinary recovery, the mean extent of absorption of lisinopril is approximately 25%, with large inter-subject variability (8%-60%) at all doses tested (5-60 mg). Lisinopril absorption is not influenced by the presence of food in the gastrointestinal tract.

Upon multiple dosing, lisinopril exhibits an effective half-life of accumulation of 12 hours.

Angiotensin II is a potent vasoconstrictor and stimulates the release of aldosterone, which in turn causes sodium and water retention. Lisinopril, which is converted to lisinopril, inhibits the release of angiotensin II. The decrease in angiotensin II is observed only when the plasma renin activity is elevated. Above the plasma renin activity of 200 ng/ml/hour, the elimination half-life is 11.5 hours. With greater renin activity, however, peak and trough levels are similar, time to peak concentration decreases and time to reach steady state is prolonged. Older patients, on average, have (approximately) higher blood levels and the area under the plasma concentration-time curve (AUC) than younger patients. (See DOSAGE AND ADMINISTRATION.) Lisinopril can be removed by hemodialysis.

Studies in rats demonstrate that lisinopril is not excreted in appreciable amounts in the urine. In rats, lisinopril is excreted in the urine as lisinopril and as lisinopril metabolites. In humans, the elimination half-life is 11.5 hours. By whole body autoradiography, radioactivity was found in the plasma following administration of labeled drug to pregnant rats, but none was found in the fetus.

Pharmacodynamics: Administration of ZESTRIL to patients with hypertension results in a reduction of both systolic and diastolic blood pressure to about the same extent with no compensatory tachycardia. Symptomatic postural hypotension is usually not observed although it can occur and should be anticipated in volume deplete and/or elderly patients. (See WARNINGS.) When given together with thiazide-type diuretics, the blood pressure lowering effects of the two drugs are approximately additive.

In most patients studied, onset of antihypertensive activity was seen at one hour after oral administration of an individual dose of ZESTRIL, with peak reduction of blood pressure achieved by 6 hours. Although an antihypertensive effect was observed 24 hours after dosing with once-daily dosing, the effect was more pronounced and the mean effect was consistently larger in some studies with doses of 20 mg or more than with lower doses. However, in all doses studied, the mean antihypertensive effect was substantially similar 24 hours after dosing than it was 6 hours after dosing.

In some patients achievement of optimal blood pressure reduction may require two to four weeks of therapy.

The antihypertensive effects of ZESTRIL are maintained during long-term therapy. Although withdrawal of ZESTRIL has not been associated with a rapid increase in blood pressure, an asymptomatic increase in blood pressure compared to pretreatment levels.

Two double-blind, randomized, placebo-controlled studies were conducted to evaluate the antihypertensive effects of ZESTRIL. In the first study, 100 patients with moderate hypertension were treated with ZESTRIL or placebo. ZESTRIL 20 mg was given once daily for 24 hours. In the second study, 100 patients with moderate hypertension were treated with ZESTRIL 20 mg or 40 mg or 80 mg of ZESTRIL. In both studies, ZESTRIL 20-80 mg has been compared in patients with mild to moderate hypertension to hydrochlorothiazide 12.5-50 mg and with atenolol 50-200 mg and to patients with moderate to severe hypertension to metoprolol 100-200 mg. It was superior to hydrochlorothiazide in effects on systolic and diastolic pressure in a population that was 24 Caucasians. ZESTRIL was approximately equivalent to atenolol and metoprolol in effects on diastolic blood pressure, and had somewhat greater effects on systolic blood pressure.

ZESTRIL had similar effectiveness and adverse effects in younger and older (> 65 years) patients. It was less effective in blacks than in Caucasians.

In hemodialyzed patients in patients with essential hypertension, blood pressure reduction was accompanied by a reduction of peripheral arterial resistance with little or no change in cardiac output and to heart rate. In a study in mild hypertensive patients, following administration of ZESTRIL, there was an increase in mean renal blood flow that was not significant. Data from several other studies suggest that in hypertensive patients with normal renal function, but suggest that changes, if any, are not large in patients with renovascular hypertension. ZESTRIL has been shown to be well tolerated and effective in lowering blood pressure. (See PRECAUTIONS.)

INDICATIONS AND USAGE:

ZESTRIL is indicated for the treatment of hypertension. It may be used alone or in combination with other classes of antihypertensive agents.

In using ZESTRIL, consideration should be given to the fact that another angiotensin converting enzyme inhibitor, lisinopril, has been compared to hydrochlorothiazide in patients with renal impairment or collagen vascular disease, and that available data are insufficient to show that ZESTRIL does not have a similar risk. (See WARNINGS.)

CONTRAINDICATIONS:

ZESTRIL is contraindicated in patients who are hypersensitive to the product and to patients with a history of angioedema related to previous treatment with an angiotensin converting enzyme inhibitor.

WARNINGS:

Angioedema: Angioedema of the face, extremities, lips, tongue, glottis and/or larynx has been reported in patients treated with angiotensin converting enzyme inhibitors, including ZESTRIL. In such cases, ZESTRIL should be promptly discontinued, and the patient carefully observed until the swelling subsides. In instances where swelling has been confined to the face and lips the condition has generally resolved without treatment. Although antihypertensives have been useful in relieving symptoms, angioedema associated with laryngeal edema may be fatal. Unless there is improvement of the tongue, glottis or larynx, tracheostomy or other airway intervention, appropriate therapy, eg, tracheostomy or epinephrine 1:1000 (0.3 mL to 0.5 mL) should be promptly administered. (See ADVERSE REACTIONS.)

Hypotension: Excessive hypotension may rarely occur in uncompensated hypertensive patients but is a possible consequence of use with ZESTRIL in volume-depleted patients, such as those treated surgically with diuretics or patients on diuretics. (See PRECAUTIONS, Drug Interactions and ADVERSE REACTIONS.) In patients with severe congestive heart failure, with or without associated renal insufficiency, excessive hypotension has been observed and may be associated with oliguria and/or progressive azotemia, and rarely with renal and/or adrenal insufficiency. Symptoms of hypotension may be relieved by placing the patient in a supine position. Such patients should be treated with fluids for the first two weeks of treatment and thereafter the dose of ZESTRIL, and/or diuretic is increased. Similar observations apply to patients with ischemic heart or cerebrovascular disease in which an excessive fall in blood pressure could result in a myocardial infarction or cerebrovascular accident.

If hypotension occurs, the patient should be placed in a supine position and, if necessary, receive an intravenous infusion of normal saline. A transient hypotensive response is not a contraindication to further doses which usually can be given without difficulty once the blood pressure has increased after volume expansion.

Myocardial Infarction: Another angiotensin converting enzyme inhibitor, captopril, has been shown to cause angioedema and have adverse effects. Rarely in uncompensated patients but more frequently in patients with renal impairment adverse effects of ZESTRIL are cardiovascular disease. Available data from clinical trials of ZESTRIL are insufficient to show that ZESTRIL does not cause angioedema or other similar risks. Periodic monitoring of white blood cell counts in patients with collagen vascular disease and renal disease should be considered.

PRECAUTIONS

General

Impaired Renal Function: As a consequence of inhibiting the renin-angiotensin-aldosterone system, changes in renal function may be anticipated in susceptible individuals. In patients with severe congestive heart failure whose renal function may depend on the activity of the renin-angiotensin-aldosterone system, treatment with angiotensin converting enzyme inhibitors, including ZESTRIL, may be associated with oliguria and/or progressive azotemia and rarely with acute renal failure and/or death.

In patients with renal insufficiency and/or bilateral renal artery stenosis, increases in blood urea nitrogen and serum creatinine may occur. Experience with another angiotensin converting enzyme inhibitor suggests that these increases are usually reversible after discontinuation of ZESTRIL. Such increases are usually reversible after treatment with ZESTRIL.

Some hypertensive patients with no apparent pre-existing renal vascular disease have developed increases in blood urea nitrogen and serum creatinine, usually minor and transient, especially when ZESTRIL has been given concomitantly with a diuretic. This is more likely to occur in patients with pre-existing renal impairment. Changes responsive to ZESTRIL and/or diuretic should be monitored. Changes responsive to ZESTRIL and/or diuretic should be monitored. Changes responsive to ZESTRIL and/or diuretic should be monitored.

Evaluation of the hypotensive potential should always include assessment of renal function. (See DOSAGE AND ADMINISTRATION.)

Hypotension: In uncompensated hypertensive (severe) patients greater than 3.7 mEq/L observed in approximately 1.4% of hypertensive patients and 4.0% of patients with congestive heart failure. In most cases these were patients who had received diuretic therapy. Hypotension is more likely to occur in patients with pre-existing renal impairment. Such factors for the development of hypotension include renal insufficiency, volume depletion, and the concomitant use of potassium-sparing diuretics, potassium supplements and/or potassium containing oral medications, which should be used cautiously, if at all, with ZESTRIL. (See Drug Interactions.)

Surgery/Anesthesia: In patients undergoing major surgery or during anesthesia with agents that produce hypotension, ZESTRIL may block the pressor response to catecholamines or other vasoconstrictors. If hypotension occurs and is considered to be due to this mechanism, it can be corrected by volume expansion.

Information for Patients

Angioedema: Angioedema, including laryngeal edema, may occur especially following the first dose of ZESTRIL. Patients should be so advised and told to report immediately any signs or symptoms suggesting angioedema (swelling of face, extremities, eyes, lips, tongue, difficulty in swallowing or breathing) and to take no more drug until they have consulted with the prescribing physician.

Symptomatic Hypotension: Patients should be cautioned to report hypotension especially during the first few days of therapy. If actual hypotension occurs, the patient should be told to discontinue the drug until they have consulted with the prescribing physician.

All patients should be cautioned that excessive perspiration and dehydration may lead to an excessive fall in blood pressure because of reduction in total volume. Other causes of volume depletion such as vomiting or diarrhea may also lead to a fall in blood pressure; patients should be advised to consult with their physician.

Hypotension: Patients should be told not to use salt substitutes containing potassium without consulting their physician.

Caution: Patients should be told to report promptly any occurrence of lightheadedness (dizziness, faintness, lightheadedness) which may be a sign of hypotension.

Note: As with many other drugs, certain advice to patients being treated with ZESTRIL is warranted. This information is intended to aid in the safe and effective use of this medication. It is not a substitute for all possible adverse or intended effects.

DRUG INTERACTIONS

Hypotension—Patients on Diuretic Therapy: Patients on diuretics and especially those in whom diuretic therapy was recently initiated, may occasionally experience an excessive reduction of blood pressure after initiation of therapy with ZESTRIL. The possibility of hypotensive effects with ZESTRIL, can be minimized by either discontinuing the diuretic or increasing the salt intake prior to initiation of treatment with ZESTRIL. If it is necessary to continue the diuretic, initiate therapy with ZESTRIL at a dose of 5 mg daily, and provide close medical supervision after the initial dose for at least two hours and until blood pressure has stabilized for at least an additional hour. (See WARNINGS, and DOSAGE AND ADMINISTRATION.) When a diuretic is added to the therapy of a patient receiving ZESTRIL, an additional antihypertensive effect is usually observed. Studies with ACE inhibitors on combination with diuretics indicate that the dose of the ACE inhibitor can be reduced when it is given with a diuretic. (See DOSAGE AND ADMINISTRATION.)

Interactions: In a study in 20 patients with mild to moderate hypertension where the antihypertensive effects of ZESTRIL alone were compared to ZESTRIL given concomitantly with indomethacin, the use of indomethacin was associated with a reduced effect, although the difference between the two regimens was not significant.

CONTINUED ON REVERSE SIDE

**ZESTRIL® (lisinopril)**  
**(ACE Inhibitor)**

Other Agents: ZESTRIL has been used concomitantly with diuretics and/or digitalis without evidence of clinically significant interactions.

No clinically important pharmacokinetic interactions occurred when ZESTRIL was used concomitantly with propranolol or hydrochlorothiazide. The presence of food in the stomach does not alter the bioavailability of ZESTRIL.

Agents Increasing Serum Potassium: ZESTRIL, like other ACE inhibitors, may cause hyperkalemia. Agents that increase serum potassium (e.g., potassium supplements, potassium-sparing diuretics, potassium supplements, or potassium-containing salt substitutes) may lead to significant increases in serum potassium. Therefore, if concomitant use of these agents is indicated because of documented hypokalemia, they should be used with caution and with frequent monitoring of serum potassium.

Concomitantly, Magnesium, Impaired of Function: There was no evidence of a pharmacologic effect when lisinopril was administered for 100 weeks to male and female rats at doses up to 50 mg/kg/day (about 20 times the maximum recommended daily human dose) or when lisinopril was administered for 52 weeks to female rats at doses up to 150 mg/kg/day (about 64 times the maximum recommended daily human dose).

Based on patient weight of 50 kg, Lisinopril was not mutagenic in the Ames bacterial mutagen test with or without metabolic activation. It was also negative in a forward mutation assay using Chinese hamster lung cells. Lisinopril did not produce single strand DNA breaks in an *in vitro* alkaline elution DNA hypoxanthine assay. In addition, lisinopril did not produce increases in chromosomal aberrations in an *in vitro* test in Chinese hamster ovary cells or in an *in vivo* study in female mice.

There were no adverse effects on reproductive performance in male and female rats treated with up to 200 mg/kg/day of lisinopril.

Prepregnancy Category C: Lisinopril was not teratogenic in rats treated on days 6-15 of gestation with up to 1,000 mg/kg/day (100 times the maximum recommended human dose). There was no decrease in fetal response of dose down to 100 mg/kg/day of dose of 1,000 mg/kg/day was not observed in rats supplemented. There was no teratogenicity or fetotoxicity in rats treated with up to 200 mg/kg/day (20 times the maximum recommended dose) of lisinopril on days 6-17 of gestation. In rats receiving lisinopril from day 15 of gestation through day 21 postpartum, there was an increased incidence in pup deaths on days 2-1 postpartum and a lower average body weight of pups on day 21 postpartum. The increase in pup deaths and decrease in pup weight did not occur with maternal saline supplementation.

Lisopril, at doses up to 1 mg/kg/day, was not teratogenic when given throughout the organogenic period in saline supplemented rabbits. Saline supplementation (physiologic saline in place of the water) was used to eliminate reproductive effects and obtain evaluation of the teratogenic potential of the highest possible dosage level. The rabbit was found to be extremely sensitive to angiotensin converting enzyme inhibitors (captopril and enalapril) with maternal and foetal effects apparent if or below the recommended therapeutic dosage levels in man.

Fetotoxicity was demonstrated in rabbits by an increased incidence of fetal resorptions at an oral dose of lisinopril at 1 mg/kg/day and by an increased incidence of incomplete ossification at the lowest dose tested (0.1 mg/kg/day). A single intravenous dose of 15 mg/kg of lisinopril administered to pregnant rabbits on gestation days 16, 21 or 28 resulted in 50% to 100% fetal death.

In whole body autoradiography, radioactivity was found in the placenta following intramuscular administration of labeled lisinopril to pregnant rats, but none was found in the fetus.

Human Experience: There are no adequate and well-controlled studies of lisinopril in pregnant women. However, data are available that show drugs of this class cross the human placenta. Because the risk of fetal toxicity with the use of ACE inhibitors has not been clearly defined (see below), lisinopril should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Postmarketing experience with all ACE inhibitors thus far suggests the following with regard to pregnancy outcome. Inadvertent exposure limited to the first trimester of pregnancy has not been reported to affect fetal outcome adversely. Fetal exposure during the second and third trimesters of pregnancy has been associated with fetal and neonatal morbidity and mortality.

When ACE inhibitors are used during the later stages of pregnancy, there have been reports of hypotension and decreased renal perfusion in the newborn. Oligohydramnios in the mother has also been reported, presumably representing decreased renal function in the fetus. Infants exposed *in utero* to ACE inhibitors should be closely observed for hypotension, oliguria and hyperkalemia. If oliguria occurs, attention should be directed toward support of blood pressure and renal perfusion with the administration of fluids and potassium as appropriate. Problems associated with prematurity such as patent ductus arteriosus have occurred in association with maternal use of ACE inhibitors, but it is not clear whether they are related to ACE inhibition, maternal hypotension or the underlying pregnancy.

Another ACE inhibitor, enalapril, has been observed from the neonatal circulation by peritoneal dialysis and theoretically may be removed by exchange transfusion, although there is no experience with the latter procedure. There is no experience with either of these procedures for removing lisinopril or other ACE inhibitors from the neonatal circulation.

Nursing Mothers: Milk of lactating rats contains radioactivity following administration of <sup>14</sup>C lisinopril. It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when ZESTRIL is given to a nursing mother.

Pediatric Use: Safety and effectiveness in children have not been established.

**ADVERSE REACTIONS**

ZESTRIL has been found to be generally well tolerated in controlled clinical trials involving 2000 patients and subjects.

The most frequent clinical adverse experience in controlled trials with ZESTRIL were dizziness (8.3%), headache (5.3%), fatigue (3.3%), cough (2.3%), upper respiratory symptoms (2.1%), and rash (2.0%). All of which were more frequent than in placebo-treated patients. For the most part, adverse experiences were mild and transient in nature. Discontinuation of therapy was required in 0.6% of patients. In clinical trials, the overall frequency of adverse experiences should not be related to total daily dosage within the recommended therapeutic dosage range.

For adverse experiences which occurred in more than 1% of patients and subjects treated with ZESTRIL or ZESTRIL plus hydrochlorothiazide in controlled clinical trials, comparative incidence data are listed in the table below.

Percent of Patients in Controlled Studies

	ZESTRIL (n=2000) Incidence (discontinuation)	ZESTRIL + Hydrochlorothiazide (n=804) Incidence (discontinuation)	Placebo (n=307) Incidence
Dizziness	6.3 (8.0)	9.0 (8.0)	1.0
Headache	5.3 (8.2)	4.3 (8.2)	1.0
Fatigue	3.3 (8.2)	3.0 (8.2)	1.0
Cough	2.3 (8.2)	2.0 (8.2)	2.4
Upper Respiratory Symptoms	3.0 (8.0)	4.5 (8.0)	0.0
Cough	2.9 (8.4)	4.5 (8.0)	1.0
Nausea	2.3 (8.2)	2.5 (8.2)	2.0
Hypotension	1.8 (8.0)	1.8 (8.2)	0.5
Rash	1.8 (8.4)	1.8 (8.2)	0.5
Orthostatic Effects	1.4 (8.0)	3.4 (8.2)	1.0
Arthralgia	1.3 (8.4)	2.0 (8.2)	1.0
Chest Pain	1.3 (8.1)	1.2 (8.2)	1.0
Vomiting	1.3 (8.2)	1.4 (8.2)	0.5
Dyspnea	1.1 (8.0)	0.8 (8.2)	1.0
Constipation	1.0 (8.0)	1.0 (8.2)	0.0
Pruritus	0.8 (8.0)	2.0 (8.2)	0.0
Impaired Renal Function	0.7 (8.2)	1.8 (8.2)	0.0
Myocardial Infarction	0.6 (8.0)	2.0 (8.0)	0.5
Back Pain	0.5 (8.0)	1.1 (8.0)	1.0
Heart Conduction Abnormalities	0.3 (8.0)	1.2 (8.0)	0.0
Decreased Libido	0.2 (8.1)	1.2 (8.0)	0.0
Vertigo	0.1 (8.0)	1.1 (8.2)	0.0

Includes 420 patients treated for congestive heart failure who were receiving concomitant digitalis prior to therapy.

Clinical adverse experiences occurring in 0.3% to 1.0% of patients in the controlled trials and were serious, possibly drug related events reported in uncontrolled studies or marketing experience included:

**BODY AS A WHOLE:** Chest discomfort, fever, flushing.

**CARDIOVASCULAR:** Angina pectoris, orthostatic hypotension, rhythm disturbances, tachycardia, peripheral edema, palpitation.

**DIGESTIVE:** Abdominal pain, anorexia, constipation, flatulence.

**METABOLISM:** Gout.

**MUSCULOSKELETAL:** Joint pain, shoulder pain.

**NERVOUS SYSTEM/PSYCHIATRIC:** Depression, somnolence, weakness, drowsiness.

**RESPIRATORY SYSTEM:** Bronchitis, sinusitis, pharyngitis, pain.

**UROGENITAL:** Oliguria, progressive azotemia, acute renal failure.

**OTHER:** Blurred vision, pruritus, urinary tract infection, vasculitis of the legs.

**ANGIOEDEMA:** Angioedema has been reported in patients receiving ZESTRIL (0.1%). Angioedema associated with laryngeal edema may be fatal. If angioedema of the face, extremities, lips, tongue, glottis and/or larynx occurs, treatment with ZESTRIL should be discontinued and appropriate therapy instituted immediately. (See WARNINGS.)

**HYPOTENSION:** In hypertensive patients, hypotension occurred in 1.2% and syncope occurred in 0.1% of patients. Hypotension or syncope was a cause of discontinuation of therapy in 0.3% of hypertensive patients. (See WARNINGS.)

In patients with congestive heart failure, hypotension occurred in 0.6% and syncope occurred in 1.0% of patients. These adverse experiences were caused by discontinuation of therapy in 1.2% of these patients.

**Clinical Laboratory Test Findings**

**Serum Electrolytes: Hypokalemia (See PRECAUTIONS)**

**Creatinine:** Blood urea nitrogen: Minor increases in blood urea nitrogen and serum creatinine, reversible upon discontinuation of therapy, were observed in about 2.0% of patients with essential hypertension treated with ZESTRIL alone. Increases were more common in patients receiving concomitant diuretics and in patients with renal artery stenosis. (See PRECAUTIONS.) Reversible minor increases in blood urea nitrogen and serum creatinine were observed in approximately 0.1% of patients with congestive heart failure on concomitant diuretic therapy. Frequently, these abnormalities resolved when the dosage of the diuretic was decreased.

**Hemoglobin and Hematocrit:** Small decreases in hemoglobin and hematocrit (mean decrease of approximately 0.4 g% and 1.3 vol%, respectively) occurred frequently in patients treated with ZESTRIL, but were rarely of clinical importance in patients without some other cause of anemia. In clinical trials, less than 0.1% of patients discontinued therapy due to anemia.

**Other (Causal Relationship Unknown):** Rarely, elevations of liver enzymes and/or serum bilirubin have occurred.

Overall, 2.6% of patients discontinued therapy due to laboratory adverse experiences, principally elevations in blood urea nitrogen (0.6%), serum creatinine (0.5%) and serum potassium (0.4%).

**WARNINGS**

The oral LD<sub>50</sub> of lisinopril is greater than 20 g/kg in mice and rats. The most likely manifestation of overdosage would be hypotension, for which the usual treatment would be intravenous infusion of normal saline solution.

Lisinopril can be removed by hemodialysis.

**DOSEAGE AND ADMINISTRATION**

usual therapy to patients with uncomplicated essential hypertension 10 mg once daily. The recommended initial dose is 10 mg once daily. Dosage should be adjusted according to blood pressure response. The usual dosage range is 10-40 mg per day administered in a single daily dose. The antihypertensive effect may diminish toward the end of the dosing interval regardless of the administered dose, but most commonly with a dose of 10 mg daily. This can be evaluated by measuring blood pressure just prior to dosing in hypertensive patients undergoing usual therapy maintained for 24 hours. If it is not, an increase in dose should be considered. Doses up to 40 mg have been used but do not appear to show greater effect. If blood pressure is not controlled with ZESTRIL alone, other drugs of a diuretic may be added. Hydrochlorothiazide, 12.5 mg has been shown to provide an additive effect. After the addition of a diuretic, it may be possible to reduce the dose of ZESTRIL.

**Diuretic Treated Patients:** In hypertensive patients who are currently being treated with a diuretic, symptomatic hypotension may occur especially following the initial dose of ZESTRIL. The diuretic should be discontinued, if possible, for two to three days before beginning therapy with ZESTRIL to reduce the likelihood of hypotension. (See PRECAUTIONS.) The dosage of ZESTRIL should be adjusted according to blood pressure response. If the patient's blood pressure is not controlled with ZESTRIL alone, diuretic therapy may be resumed as described above.

If the diuretic cannot be discontinued, an initial dose of 5 mg should be used under medical supervision for at least two hours and until blood pressure has stabilized for at least an additional hour. (See PRECAUTIONS and PRECAUTIONS, Drug Interactions.)

**Concomitant Administration of ZESTRIL with potassium supplements, potassium salt substitutes, or potassium-sparing diuretics may lead to increases in serum potassium. (See PRECAUTIONS.)**

**Use in Elderly:** In general, blood pressure response and adverse experiences were similar in younger and older patients given similar doses of ZESTRIL. Pharmacokinetic studies, however, indicate that maximum blood levels and area under the plasma concentration-time curve (AUC) are elevated in older patients so that dosage adjustments should be made with particular caution.

**Dosage Adjustment in Renal Impairment:** The usual dose of ZESTRIL (10 mg) is recommended for patients with creatinine clearance > 30 mL/min (normal creatinine of up to approximately 3 mg/dL). For patients with creatinine clearance 10-30 mL/min < 30 mg/dL (normal creatinine 2-3 mg/dL), the first dose is 5 mg once daily. For patients with creatinine clearance < 10 mL/min (usually on hemodialysis) the recommended initial dose is 2.5 mg. The dosage may be titrated upward until blood pressure is controlled or to a maximum of 40 mg daily.

Renal Status	Creatinine Clearance mL/min	Initial Dose mg/day
Normal Renal Function	>30	10
Mild Impairment		
Moderate to Severe Impairment	10-30	5
Dialysis Patients	<10	2.5*

\*Dosage of dialysis control should be adjusted depending on the blood pressure response.

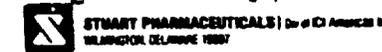
**HOW SUPPLIED**  
5 mg Tablets (NDC 0030-0120) pink, round, bicolor, uncoated tablets debossed "ZESTRIL 5" debossed on one side, and "120" debossed and scored on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

10 mg Tablets (NDC 0030-0121) pink, round, bicolor, uncoated tablets debossed "ZESTRIL 10" debossed on one side, and "121" debossed and scored on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

20 mg Tablets (NDC 0030-0122) red, round, bicolor, uncoated tablets debossed "ZESTRIL 20" debossed on one side, and "122" debossed and scored on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

40 mg Tablets (NDC 0030-0123) yellow, round, bicolor, uncoated tablets debossed "ZESTRIL 40" debossed on one side, and "123" debossed and scored on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

Store at room temperature. Protect from moisture, freezing and excessive heat. Observe U.S. light color.



**CENTER FOR DRUG EVALUATION AND RESEARCH**

**APPLICATION NUMBER: NDA 19777/S4**

**CHEMISTRY REVIEW(S)**

<b>CHEMIST'S REVIEW</b> <small>(If necessary, continue any item on 8 1/2 x 14 1/2 paper. For continuation to form by number.)</small>		<b>1. ORGANIZATION</b> HFD-110	<b>2. NDA NUMBER</b> 19-777
<b>3. NAME AND ADDRESS OF APPLICANT (City and State)</b> ICI Pharmaceuticals Group Wilmington, DE 19897		<b>4. AP NUMBER</b> 7-612	
<b>6. NAME OF DRUG</b> Zestril Tablets		<b>7. NONPROPRIETARY NAME</b> Lisinopril	<b>5. SUPPLEMENT (S)</b> NUMBER(S) DATE(S) 5004 3/20/89
<b>8. SUPPLEMENT(S) PROVIDES FOR:</b> FPL for revised PI.		<b>9. AMENDMENTS AND OTHER (Reports, etc.) DATES</b> None	
<b>10. PHARMACOLOGICAL CATEGORY</b> Antihypertensive	<b>11. HOW DISPENSED</b> <input checked="" type="checkbox"/> RX <input type="checkbox"/> OTC		<b>12. RELATED IND/NDA/DMF(S)</b> NDA 19-558
<b>13. DOSAGE FORM (S)</b> TCM	<b>14. POTENCY (see)</b> 5, 10, 20 and 40 mg		
<b>15. CHEMICAL NAME AND STRUCTURE</b>		<b>16. RECORDS AND REPORTS</b> CURRENT <input type="checkbox"/> YES <input type="checkbox"/> NO REVIEWED <input type="checkbox"/> YES <input type="checkbox"/> NO	
<b>17. COMMENTS</b>			
<b>18. CONCLUSIONS AND RECOMMENDATIONS</b> Labeling is satisfactory as far as technical aspects are concerned. APPROVAL is recommended.			
<b>19. REVIEWER</b> NAME James H. Short		DATE COMPLETED MAR 29 1989	
DISTRIBUTION <input checked="" type="checkbox"/> ORIGINAL JACKET		REVIEWER <input checked="" type="checkbox"/> DIVISION FILE	

*Handwritten signature and date: 3/29/89*

**CENTER FOR DRUG EVALUATION AND RESEARCH**

**APPLICATION NUMBER: NDA 19777/S4**

**ADMINISTRATIVE DOCUMENTS**

NDA 19-777/S-004

Date of submission: March 20, 1989

Applicant: ICI Pharmaceuticals Group

Drug Name: Zestril (lisinopril) Tablets

Date of Review: April 3, 1989

Type of Submission: Special Supplement - Changes Being Effected

ICI submitted this supplement to change their Zestril labeling to conform to the approved labeling for Prinivil (Merck's product). The changes include:

**Clinical Pharmacology and Overdosage:** addition of the statement "Lisinopril can be removed by hemodialysis."

**Contraindications:** addition of a drug-class contraindication to use in patients with a history of angioedema related to previous treatment with an ACE inhibitor.

**How Supplied:** addition of the statement "Dispense in a tight container."

These changes were approved for Prinivil N19-558/S-005, on January 31, 1989.

**Precautions, subsection Pregnancy:** third paragraph revised to read: "Fetotoxicity was demonstrated in rabbits by an increased incidence of fetal resorption at an oral dose of lisinopril at 1 mg/kg/day and by an increased incidence of incomplete ossification at the lowest dose tested (0.1 mg/kg/day). A single intravenous dose of 15 mg/kg of lisinopril administered to pregnant rabbits on gestation days 16, 21 or 26 resulted in 88% to 100% fetal death."

**Precautions, subsection Drug Interactions:** addition of the word "close", to read "...initiate therapy with ZESTRIL at a dose of 5 mg daily and provide close medical supervision..."

**How Supplied:** addition of "Protect from moisture, freezing and excessive heat."

These changes were approved for Prinivil N19-558/S-001 and S-002 on October 25, 1988.

**Precautions, subsection Pregnancy:** addition of information on the outcome of the use of ACE inhibitors in humans during pregnancy, consistent with the labeling approved for Prinzipide (N19-778). This addition was approved for Prinivil N19-558/S-004 on March 29, 1989.

**Dosage and Administration, subsection Dosage Adjustment in Renal Impairment:** the "greater than" sign was changed to a "greater than or equal to" sign in the sentence "For patients with creatinine clearance  $\geq 10$  mL/min  $\leq 30$  mL/min (serum creatinine  $\geq 3$  mg/dl)..." This change makes the Zestril labeling conform to the Prinivil labeling.

In addition, the **Description and How Supplied** sections have been changes to include a new 40 mg tablet size. According to Jim Short, Ph.D, the chemistry reviewer, this tablet size was included in the original application and was approved. At the time of approval, however, ICI decided not to market this tablet size.

**Precautions, subsection Hyperkalemia:** the incidence of hyperkalemia was changed from 2.2 to 1.4 percent. I called Mr. William Best at ICI and asked for the basis for this change. He called back on April 3, 1989 and said that he had found that it was a mistake; the number was taken from the labeling for Prinzipide (lisinopril/HCTZ) and does not apply to Prinivil or Zestril. He said that ICI will be submitting labeling at the end of April to add a statement about the use of lithium and ACE inhibitors, and he said that they could correct the error at that time. I asked Dr. Lipicky and he said that that would be acceptable.

**Conclusion:** I have reviewed the labeling and found that the changes do conform to approved changes for the Prinivil labeling, with the exception of the incidence of hyperkalemia. I recommend that the labeling be approved with the condition that the incidence of hyperkalemia be changed back to 2.2 percent at the time of the next labeling submission, which is expected in late April.

cc: N19-777/S-004  
HFD-110  
HFD-110/CSO

JS  
Kathleen Bongiovanni, CSO

**CENTER FOR DRUG EVALUATION AND RESEARCH**

**APPLICATION NUMBER: NDA 19777/S4**

**CORRESPONDENCE**



NDA NO. 19-777 REF. NO. S-203  
NDA SUPPL FOR S.F. with

FPL

CERTIFIED MAIL  
RETURN RECEIPT REQUESTED

MAR 20 1989

Division of Cardio-Renal  
Drug Products  
Center for Drug Evaluation and Research  
Food and Drug Administration  
HFD No. 110, Room No. 16B-30  
5600 Fishers Lane  
Rockville, MD 20857



*Handwritten signature and date: 3/15/89*

Gentlemen:

Re: ZESTRIL® (lisinopril - Stuart) Tablets  
NDA 19-777  
Special Supplement - Changes Being Effected

We take this opportunity to advise you of several changes to the labeling for ZESTRIL® (lisinopril - Stuart) Tablets.

Changes have been made in response to your letters of June 21 and June 30, 1988. The letter of June 21 requested the addition of a new subheading and paragraphs entitled "HUMAN EXPERIENCE" to appear under the section "PRECAUTIONS, PREGNANCY." The letter of June 30 provided for the addition of the company name "STUART" to follow the generic name, and the trademark designation as a registered trademark symbol (ie, ®). Also, in response to the June 30 letter, the storage statement was augmented with the phrase: "Protect from moisture, freezing and excessive heat."

Additionally, ZESTRIL labeling was revised to be in agreement with the labeling changes for Prinivil effected by Merck Sharp & Dohme Research Laboratories under NDA 19-558. Specifically, these labeling changes included the following items:

1. Under the CLINICAL PHARMACOLOGY heading, the sentence: "Lisinopril can be removed by hemodialysis," was added to the subsection Pharmacokinetics and Metabolism.
2. Under the CONTRAINDICATIONS heading, the following text was added: ". . . and in patients with a history of angioedema related to previous treatment with an angiotensin converting enzyme inhibitor."
3. Under the PRECAUTIONS heading, subheading Hypercalcemia, the incidence of hypercalcemia was revised to 1.4%.

ORIGINAL

4. Under the **DRUG INTERACTION** heading, subheading **Hypotension - Patients on Diuretic Therapy**, the word "close" was added to the sentence so it reads: ". . . initiate therapy with ZESTRIL at a dose of 5 mg daily and provide close medical supervision . . . ."
5. Under the **PREGNANCY** heading, add a new subheading entitled **Human Experience and its related text**.
6. Under the **PREGNANCY** heading, the paragraph discussing fetotoxicity was revised to read: "Fetotoxicity was demonstrated in rabbits by an increased incidence of fetal resorption at an oral dose of lisinopril at 1 mg/kg/day and by an increased incidence of incomplete ossification at the lowest dose tested (0.1 mg/kg/day). A single intravenous dose of 15 mg/kg of lisinopril administered to pregnant rabbits on gestation days 16, 21 or 26 resulted in 88% to 100% fetal death."
7. Under the **OVERDOSAGE** heading, the following statement was added: "Lisinopril can be removed by hemodialysis."
8. Under the **DOSAGE AND ADMINISTRATION** heading, subheading **Dosage Adjustment in Renal Impairment**, the sentence was revised to read: "For patients with creatinine clearance  $\geq 10$  mL/min  $\leq 30$  mL/min (serum creatinine  $\geq 3$  mg/dl) . . . ."

Furthermore, please take notice that we have added a 40 mg tablet to the ZESTRIL product line. Accordingly, the **DESCRIPTION AND HOW SUPPLIED** section reflect this.

For your convenience, the changes in ZESTRIL labeling have been highlighted on the enclosed copies of final printed labeling (two in copy one, one in copy two and nine unbound). This revised labeling was first used in production during March 1989.

If there are further questions, please feel free to contact me.

Sincerely,



William A. Best  
Senior Specialist, Regulatory Compliance  
Drug Regulatory Affairs Department  
(302) 575-2135

WAB/TKR/mjb  
Attachment