

**CENTER FOR DRUG EVALUATION AND RESEARCH**

**ADVISORY COMMITTEE: ENDOCRINOLOGIC AND  
METABOLIC DRUGS ADVISORY COMMITTEE**

**DATE OF MEETING: 11/20/97**

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**DATE OF MEETING: 11/20/97**

**SLIDES**

**FDA Advisory Committee Meeting**  
**Bethesda, Maryland**  
**November 20, 1997**

Compound: Raloxifene HCl

Proposed Indication:

Prevention of Postmenopausal Osteoporosis

Jennifer L. Stotka, M.D.  
Director, U.S. Regulatory Affairs  
Eli Lilly and Company

# Raloxifene

- Selective Estrogen Receptor Modulators (SERMs)
  - Selective ability to act like estrogen in the skeleton and cardiovascular system
  - No estrogen-like activity in the breast and uterus
- NDA submitted in June, 1997
  - Clinical trials involved ~ 13,000 women
  - Application comprised 878 volumes

# FDA Guidelines

## Osteoporosis

- Development of raloxifene commenced prior to completion of the 1994 FDA Osteoporosis Guidelines
- Raloxifene works through the estrogen receptor
  - FDA agreed to treat raloxifene as an estrogen in clinical development

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The recommended primary efficacy endpoint for prevention and treatment studies for estrogens is Bone Mineral Density

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# Efficacy

- Preclinical data show the relationship between BMD and bone strength is normal and is similar to estrogen
- Raloxifene is estrogen-like
  - Acts through the estrogen receptor
  - Effects on bone and calcium metabolism similar to estrogen

# Efficacy and Safety

- Raloxifene 60 mg prevents bone loss at the spine and hip and conserves total body bone mineral
- Raloxifene has beneficial effects on bone and cardiovascular intermediate endpoints without stimulatory effects on the endometrium or breast
- No oncogenic risks associated with raloxifene therapy for postmenopausal women

# Safety

- Events probably causally related to raloxifene therapy:
  - Idiopathic leg cramps
  - Hot flashes
  - Venous thromboembolic events

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ON ORIGINAL

# Raloxifene Data

- Skeleton
- Cardiovascular System
- Uterus
- Breast

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# Lilly Advisory Committee Presentation

## Raloxifene

Introduction

Jennifer L. Stotka, MD

Unmet Medical Needs

Ethel S. Siris, MD  
(Columbia University)

Preclinical Overview and  
Clinical Efficacy

John D. Termine, PhD  
Willard H. Dere, MD

Clinical Safety

Fredric J. Cohen, MD

Benefit / Risk and Conclusions

Willard H. Dere, MD

# External Consultants

**John Brunzell, MD**  
University of Washington

**Steve Cummings, MD**  
University of California

**Steven Goldstein, MD**  
New York University Medical Center

**V. Craig Jordan, PhD, DSc**  
Northwestern University

**Robert Lindsay, MD**  
Columbia University

**Monica Morrow, MD**  
Northwestern University

**Larry Norton, MD**  
Cornell University

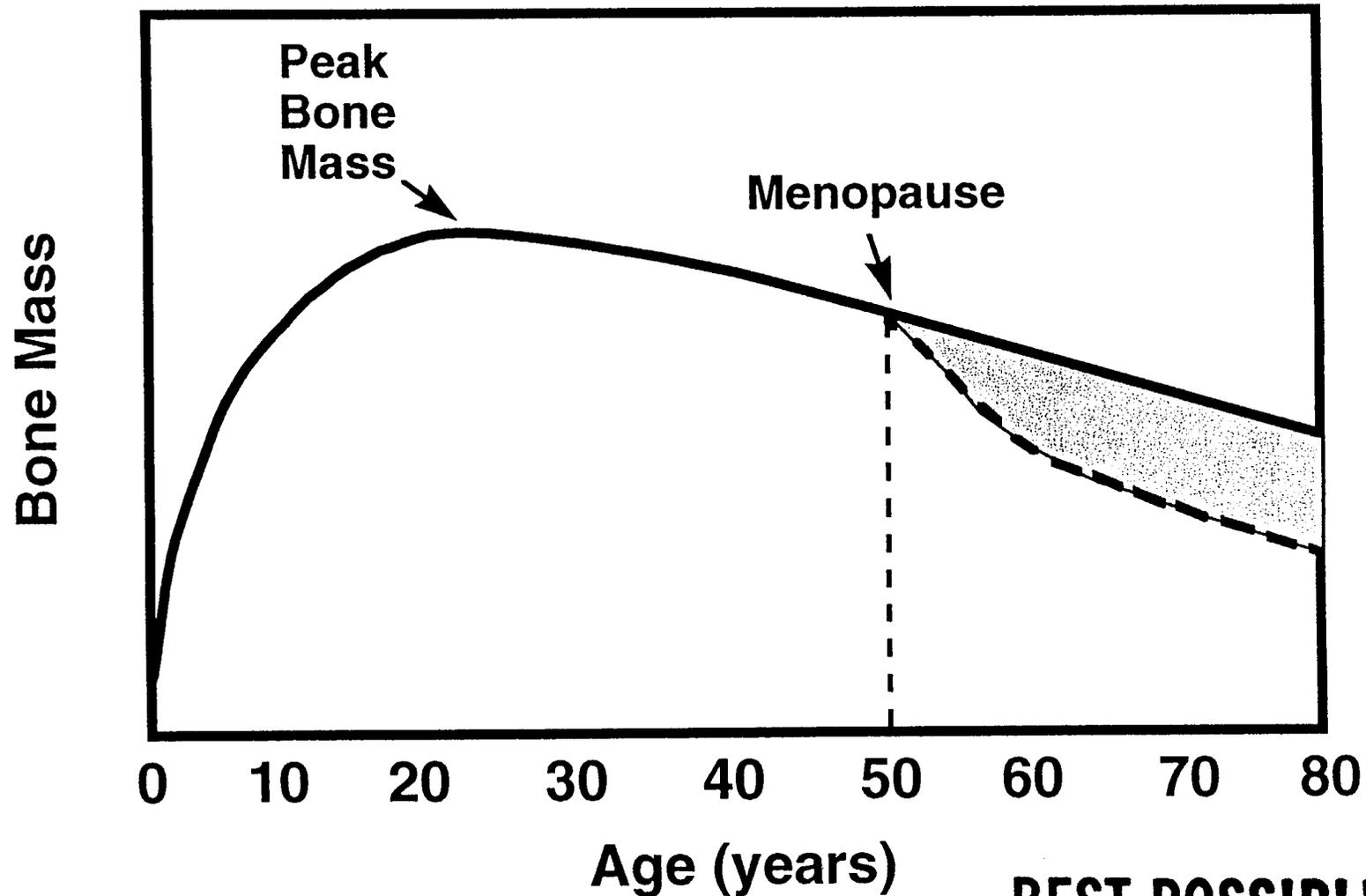
**Ethel Siris, MD**  
Columbia University

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# **Introduction and Unmet Medical Needs**

**Ethel Siris, MD**

# The Natural History of Osteoporosis



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# Osteoporosis

## The Burden of Illness

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- Number of fractures per year
  - Spine 700,000
  - Wrist 200,000
  - Hip 300,000
- Direct medical cost: \$13.8 billion (1995)

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# Hormone Replacement Therapy (HRT)

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- Treatment of choice for menopausal symptoms and genitourinary atrophy
- Potential benefits in decreasing cardiovascular disease
- Proven benefits in preventing osteoporosis

# Postmenopausal Women's Concerns about HRT

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- Resumption of menses
- Breast symptoms
- Fear of breast cancer

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# Poor Long-Term Adherence to HRT

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	<u>After</u>	<u>Adherence</u>
In general population:	3 months	73%
	1 year	60%
	5 years	5-34%
In low BMD patients:	8 months	60%

Speroff et al. 1991, Ryan et al. 1992, Marwick 1994

# Other Therapeutic Choices for Prevention of Osteoporosis

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- Calcium supplementation
- Alendronate 5 mg/day

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# Raloxifene

## A Selective Estrogen Receptor Modulator

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- Prevention of bone loss
- Favorable effects on cardiovascular intermediate endpoints
- No endometrial stimulation or uterine bleeding
- No increased risk of breast cancer
- Favorable benefit / risk profile

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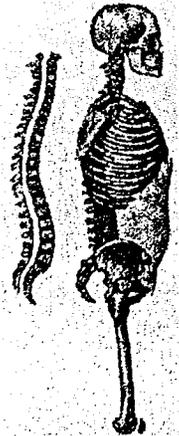
# **Preclinical Overview and Clinical Efficacy**

**John D. Termine, PhD  
Willard H. Dere, MD**

# Selective Estrogen Receptor Modulator

## Agonist

Bone

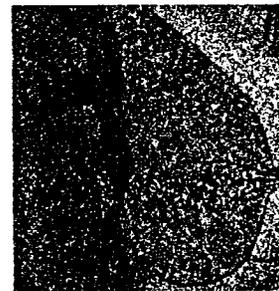


CVS



## Antagonist

Breast

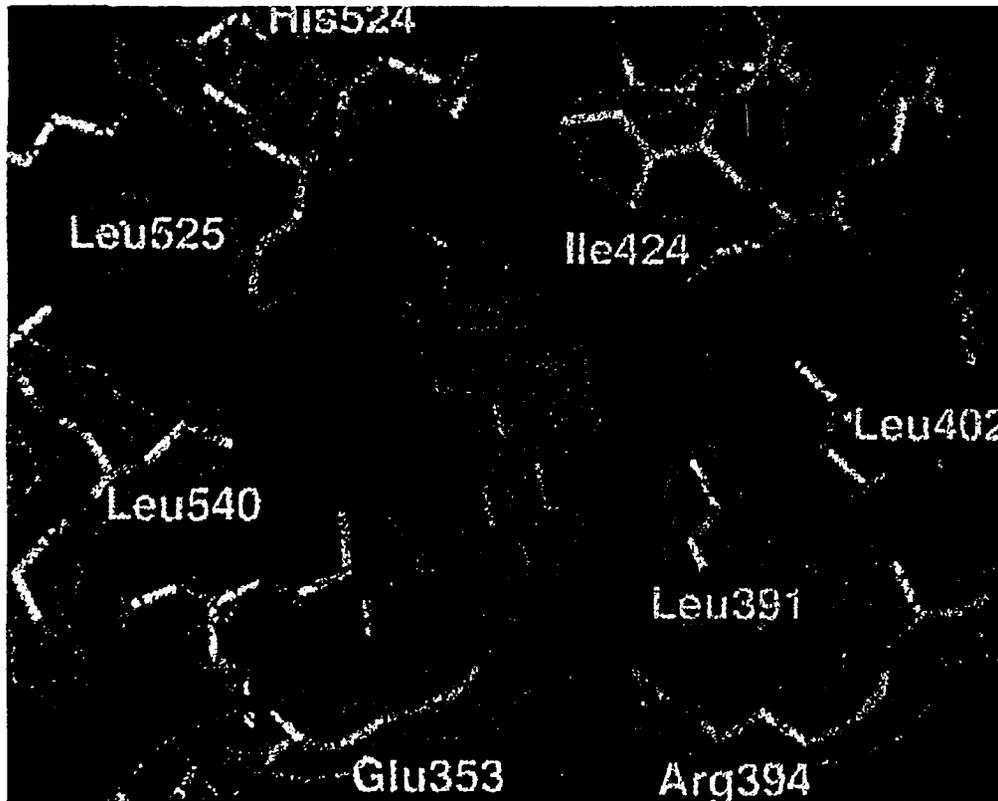


Uterus

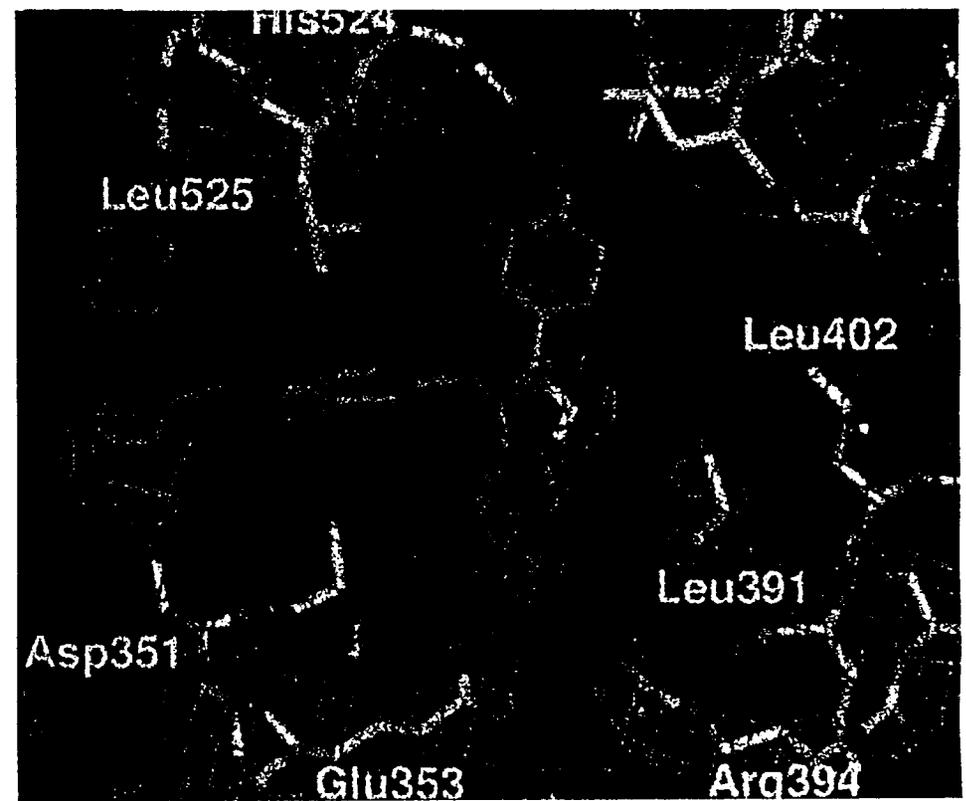


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# Three Dimensional Structure of ER $\alpha$ / E<sub>2</sub> and ER $\alpha$ / RLX Complexes



Estradiol  
K<sub>d</sub>=86 pM



Raloxifene  
K<sub>d</sub>=54 pM

# Estrogen Agonist Effects of Raloxifene in Bone and Other Tissues In Vitro

## Osteoclastic bone resorption cultures

- non-stimulated
- IL-6 induced

## Estrogen

no effect  
inhibition

## Raloxifene

no effect  
inhibition

## Non-osseous cells/organ culture

- endothelial cells
- smooth muscle cells
- aortic strips
- dermal fibroblasts
- vaginal epithelial cells

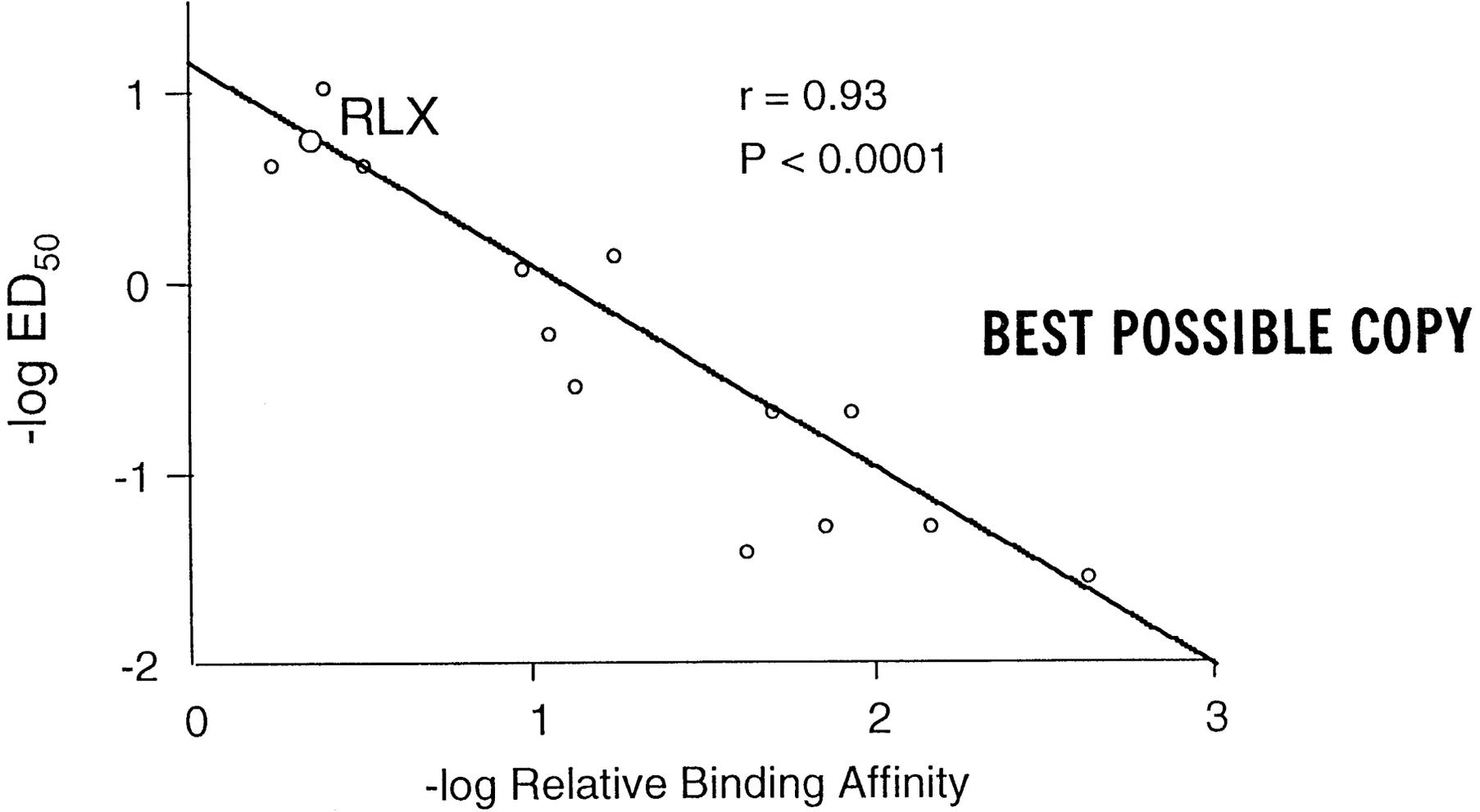
Effects are similar in  
direction, dose response  
and magnitude

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## Raloxifene Acts Like Estrogen in Rat Bone

	<u>Estrogen</u>	<u>Raloxifene</u>
• Longitudinal growth	↓↓↓	↓↓↓
• Bone mineral density		
– prevention models	+++	+++
– estrogen replete animals	N/A	no $\Delta$
– treatment models	+	+
• Biomechanical effect		
– whole tissue properties	++	++
– material properties	normal	normal
• Histomorphometry		
– resorption	↓↓↓	↓↓↓
– formation	↓↓↓	↓↓ or no $\Delta$
• Bone turnover markers	↓↓	↓↓
• Bone cytokine pathways		
– IL-6	↓↓↓	↓↓↓
– TGF- $\beta$ 3	↑↑↑	↑↑↑

# Correlation Between Cholesterol-Lowering ED50 and Relative Binding Affinity to ER for a Series of Raloxifene Analogs



Kauffman et al. 1997

# Estradiol and Raloxifene Occupy the Same Ligand Binding Site

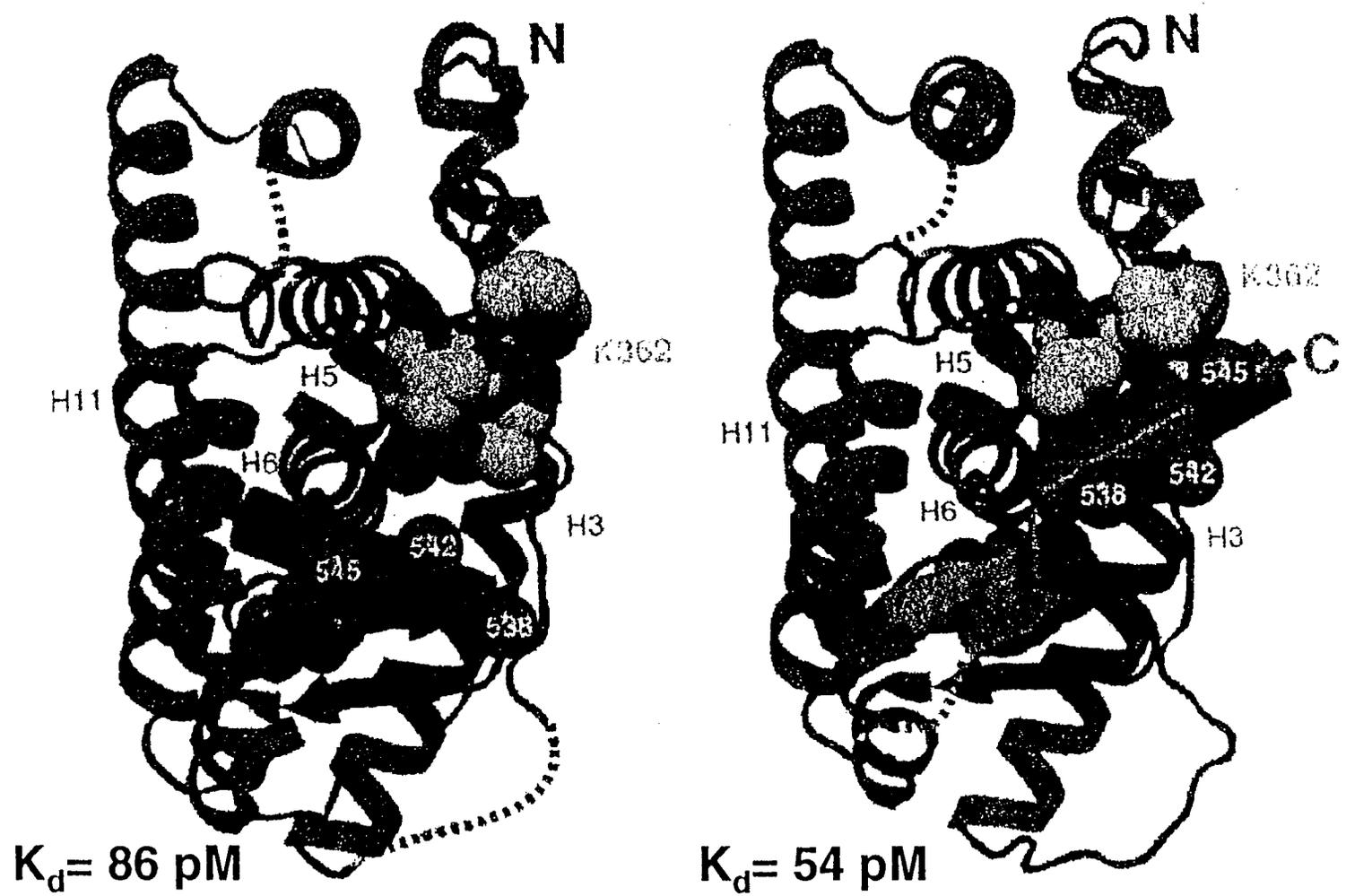
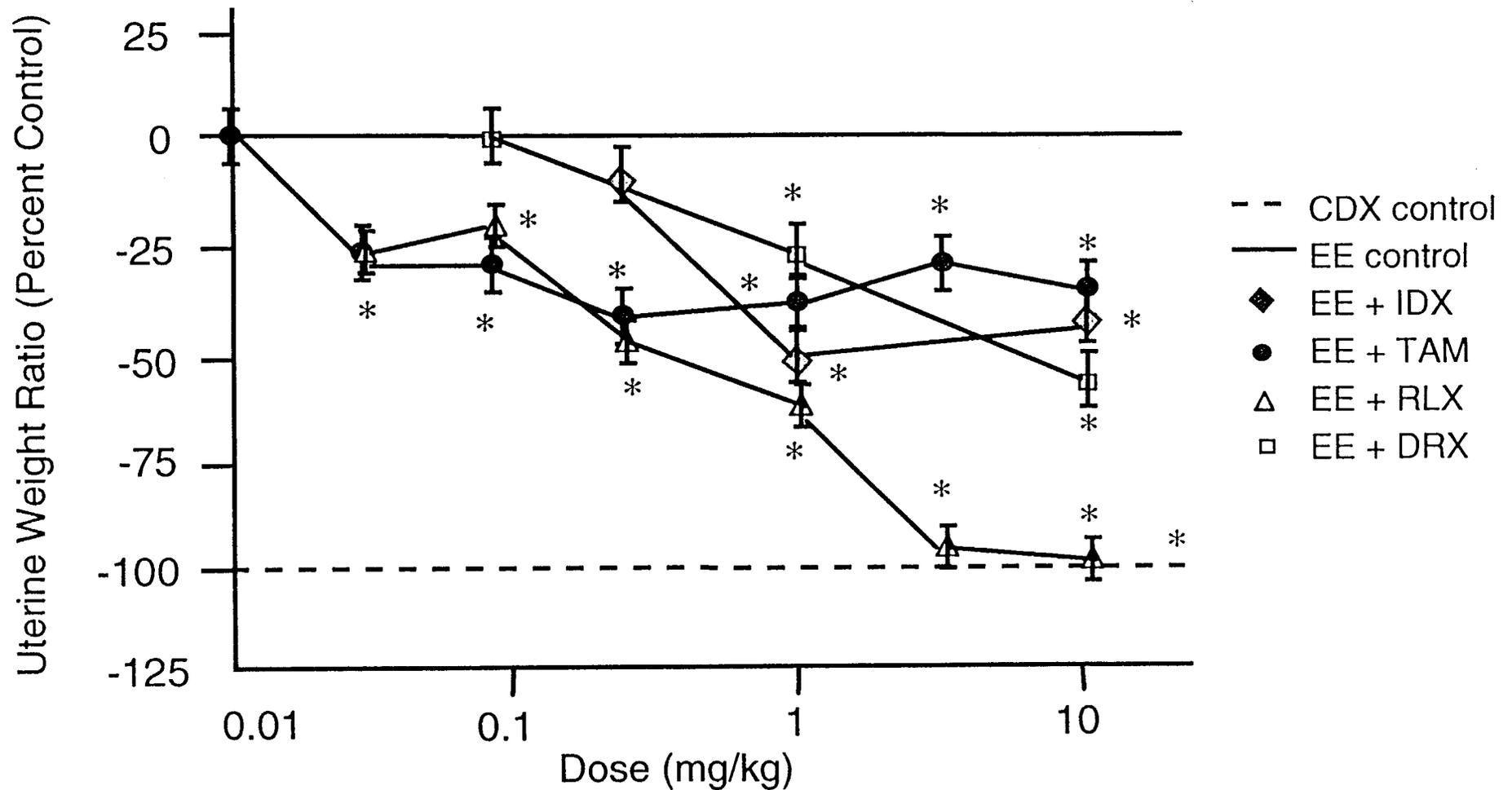


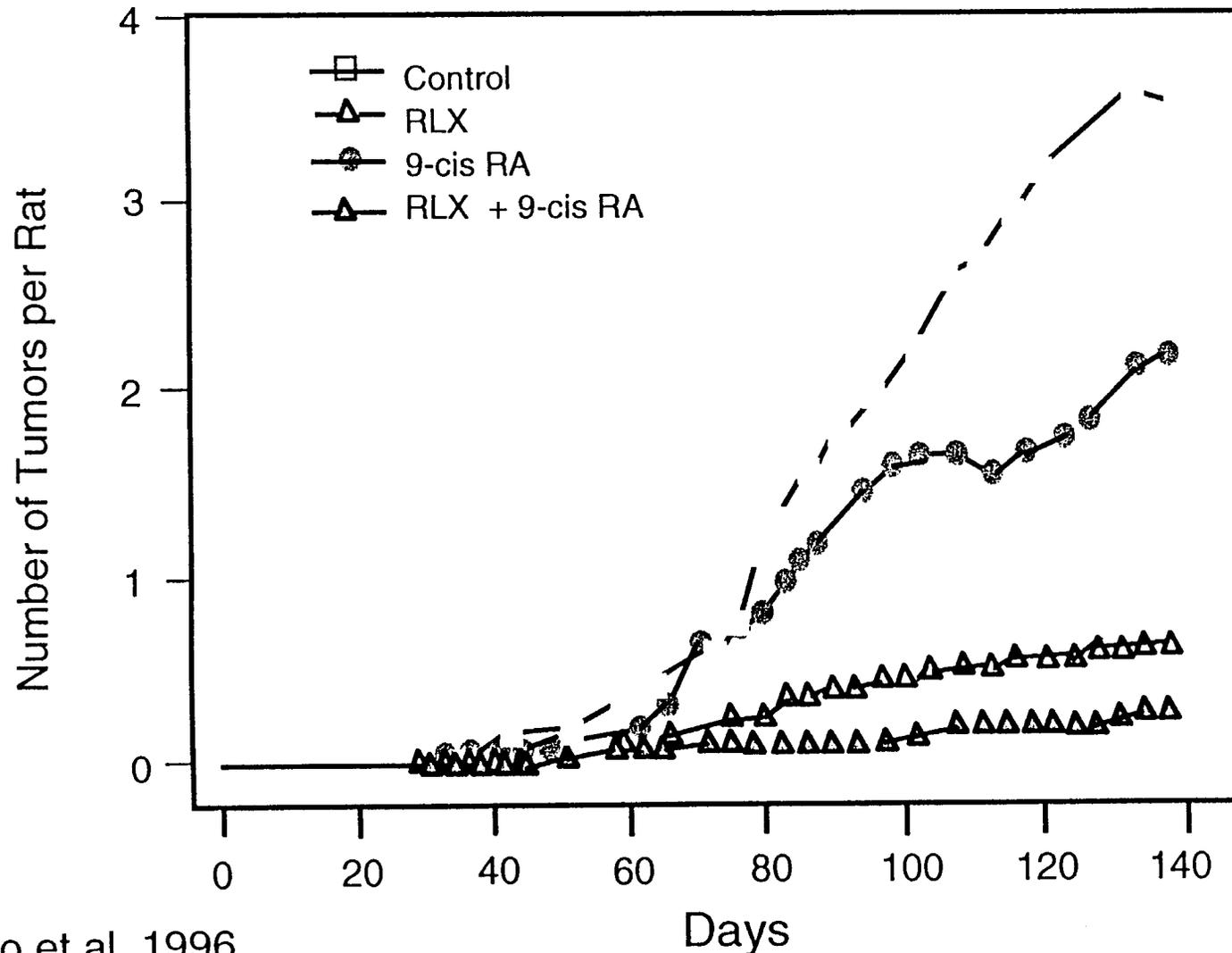
Figure adapted from Brzozowski et al. 1997

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# Raloxifene Acts as a Complete Anti-Estrogen in the Rat Uterus



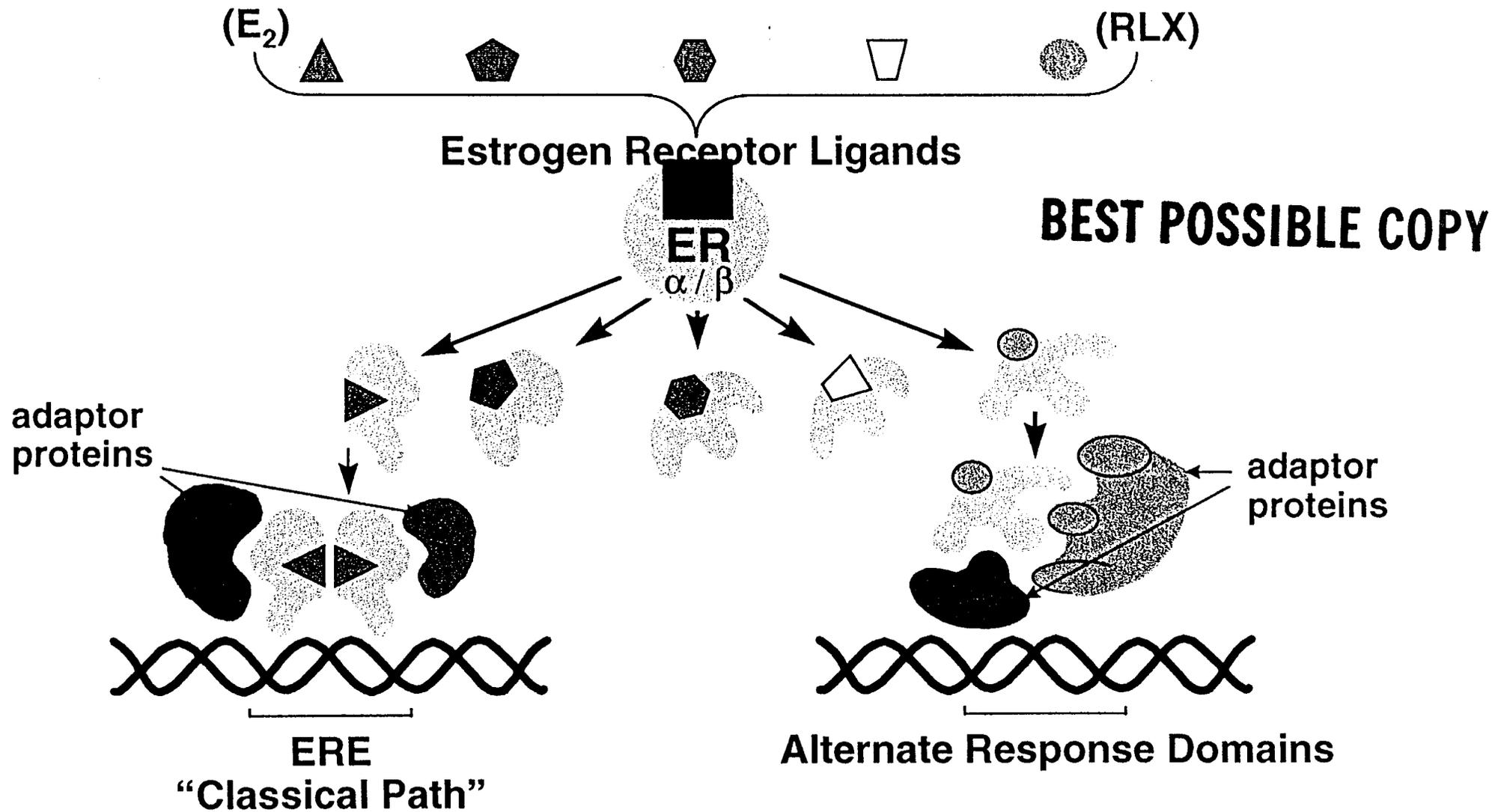
# Raloxifene Prevents Carcinogen Induced Tumors in Rats



Anzano et al. 1996

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# Estrogen Receptor Transcription Pathways



Adapted from McDonnell et al. (1995), Yang et al. (1996), Paech et al. (1997)

# Role of ER $\alpha$ and ER $\beta$ in Body Organ Systems

Central nervous system:  
beta and alpha

Ovary: beta and alpha

Blood vessels: beta

Bone: beta

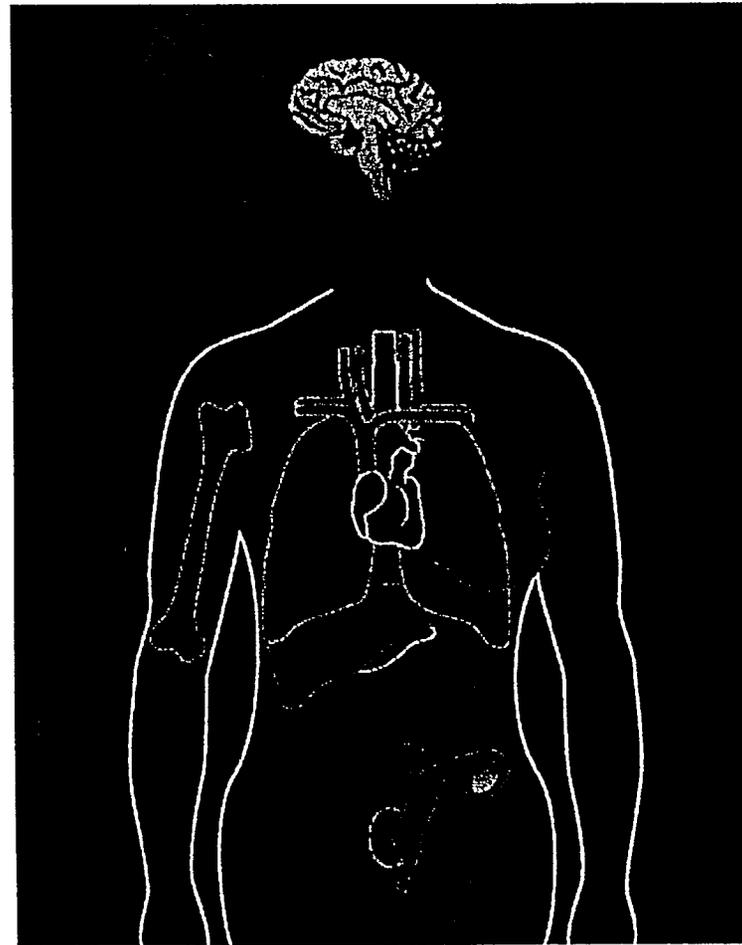
Lungs: beta

Urogenital tract: beta

Breast: alpha

Liver: alpha

Uterus: alpha



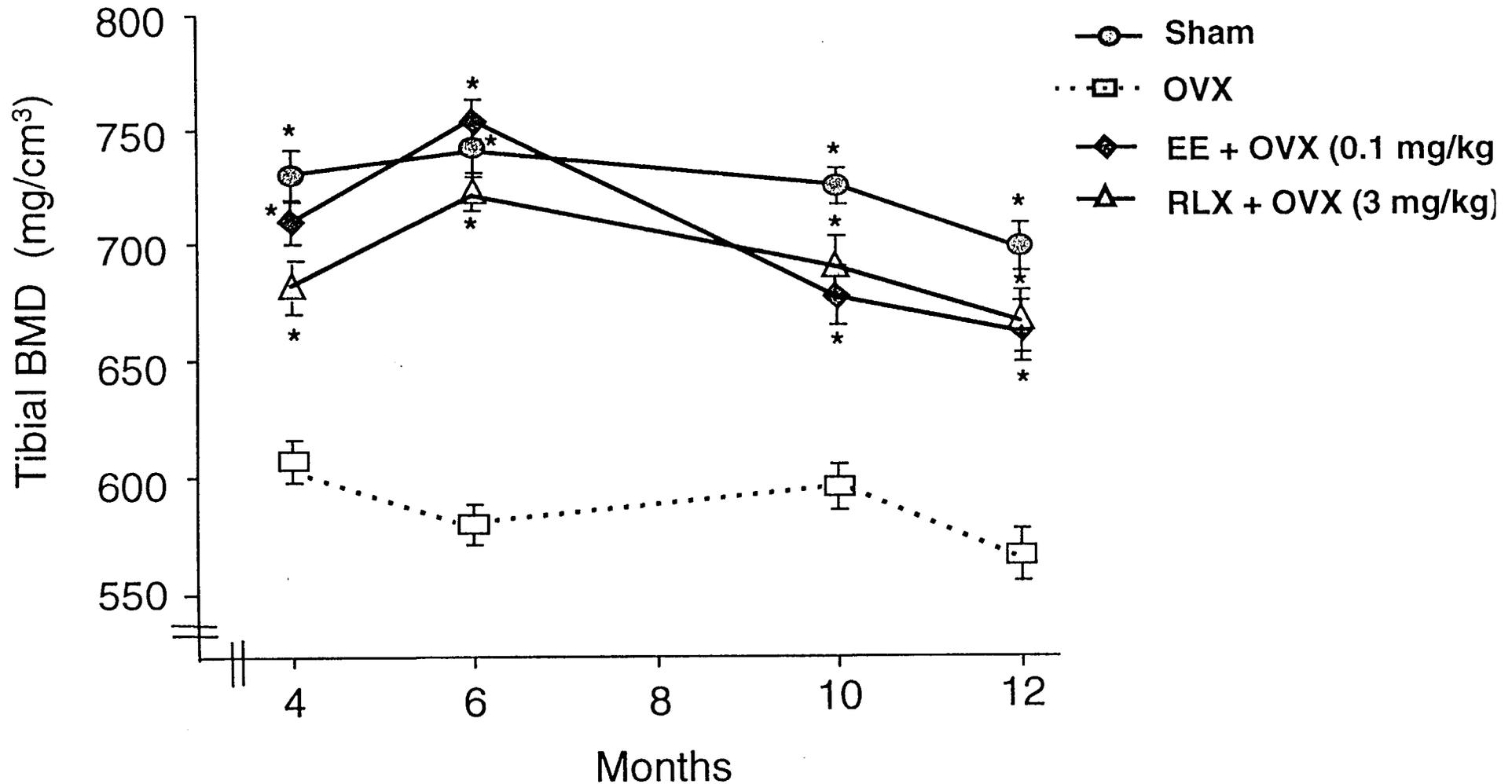
▣ alpha

▣ beta

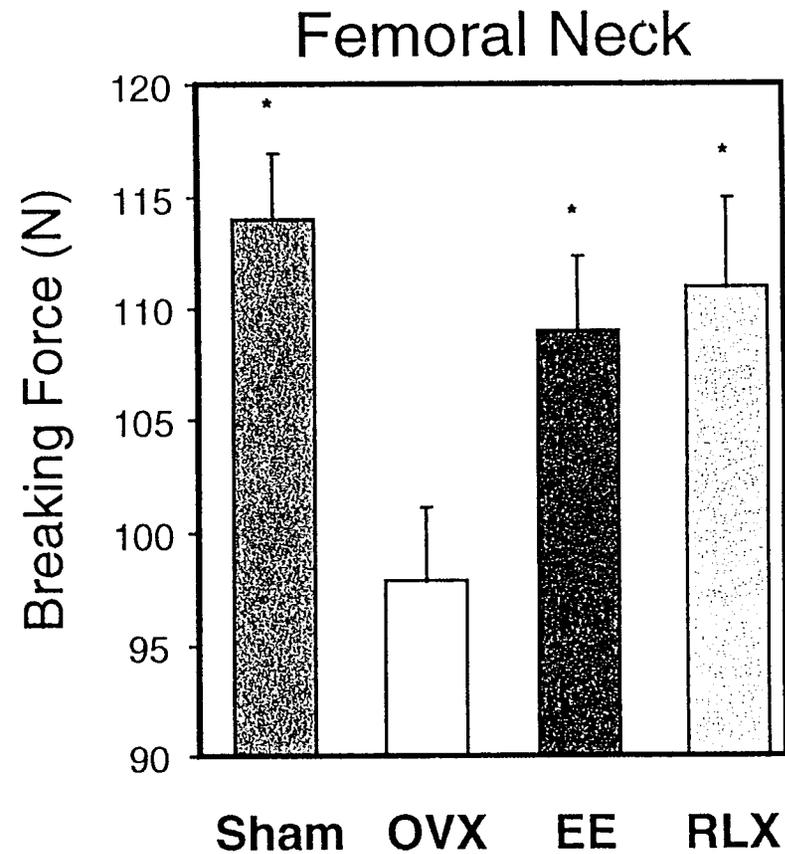
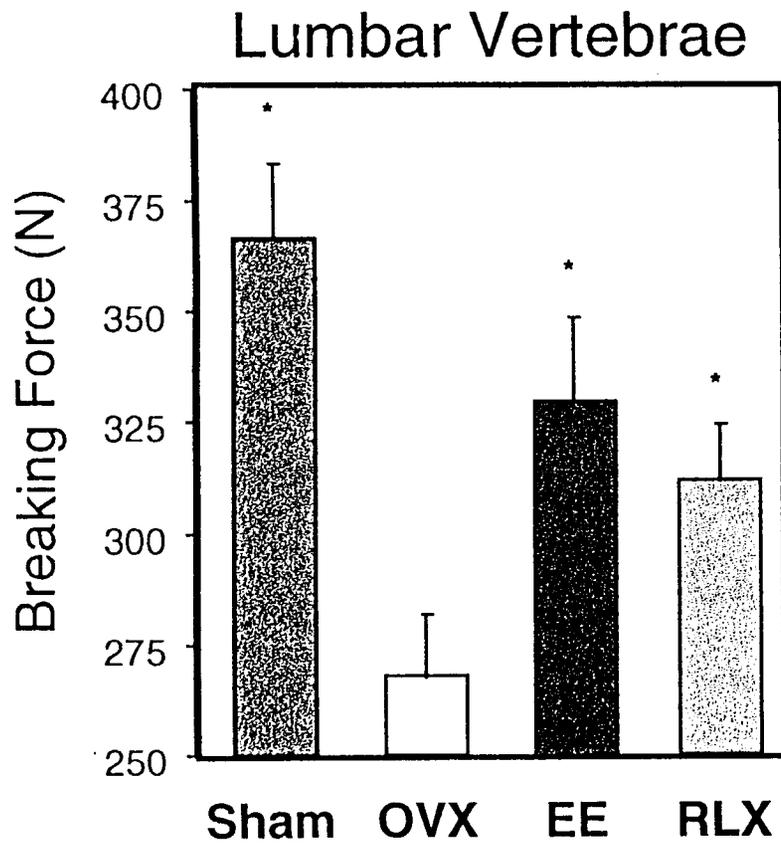
Couse et al. 1997, Shughrue et al. 1996, Arts et al. 1997

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# Raloxifene Prevents Bone Loss in the OVX Rat



# Raloxifene Preserves Bone Strength in the OVX Rat

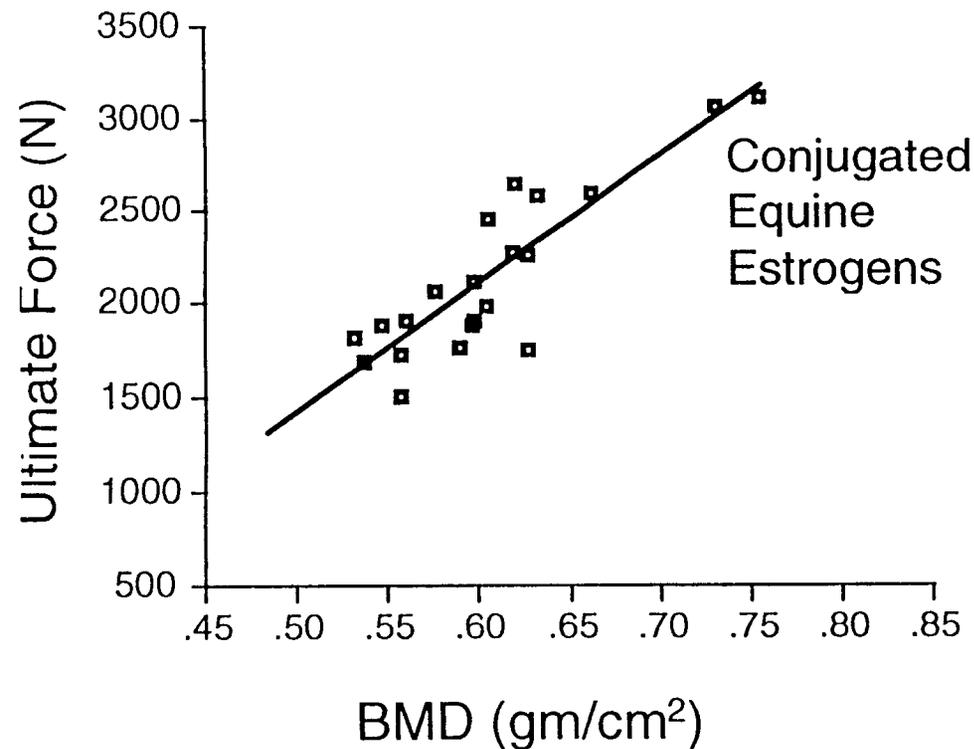


Turner et al. 1994

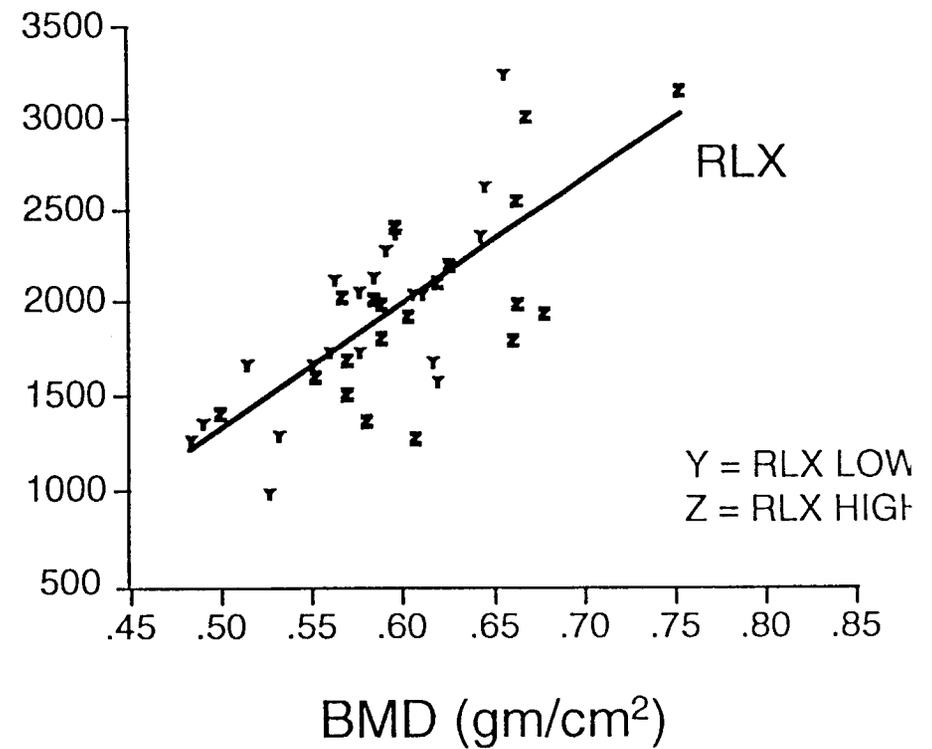
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\* =  $p < 0.05$  vs OVX control

# Relationship Between Vertebral BMD and Ultimate Force in Cynomolgus Monkeys



$r = 0.78, p < 0.0001$



$r = 0.73, p < 0.0001$

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# Histological Criteria for Normal Bone Quality

- No woven bone
- No marrow fibrosis
- No mineralization defect
- No cellular toxicity (light microscopy)
- Histologically normal appearance

Raloxifene maintains normal bone quality

# **Clinical Efficacy**

**Willard H. Dere, MD**

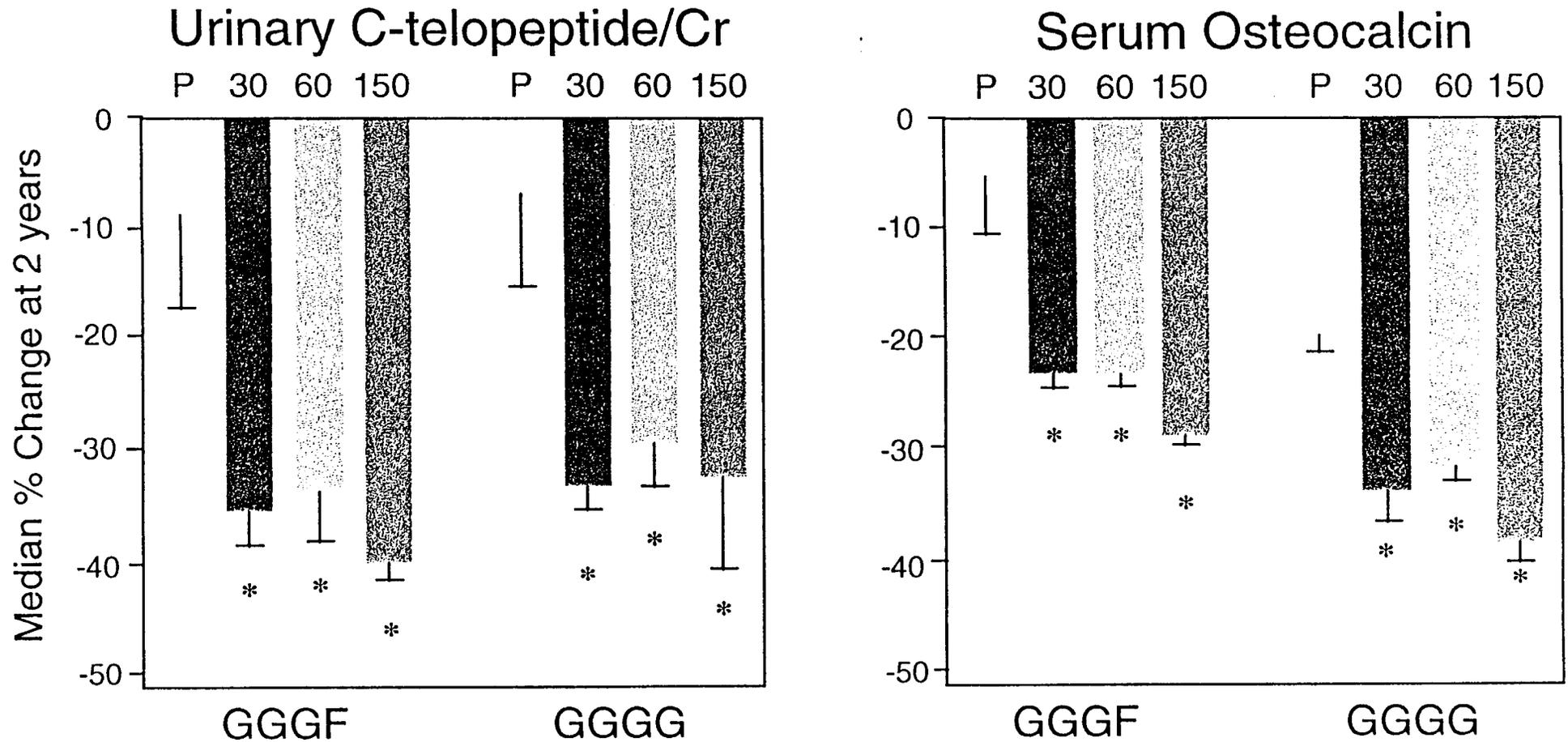
# Osteoporosis Prevention Studies

## Study Characteristics

	GGGF	GGGG	GGGH
Number of Subjects	601	544	619
Years Postmenopausal*	4.9	4.6	6.1
Percent Hysterectomy	12	19	100
Spine BMD (T-Score)*	-1.01	-0.92	-0.74
Therapy Arms	RLX 30 RLX 60 RLX 150 Placebo	RLX 30 RLX60 RLX150 Placebo	RLX 60 RLX150 Premarin® Placebo

\* mean

# Raloxifene Effects on Bone Turnover

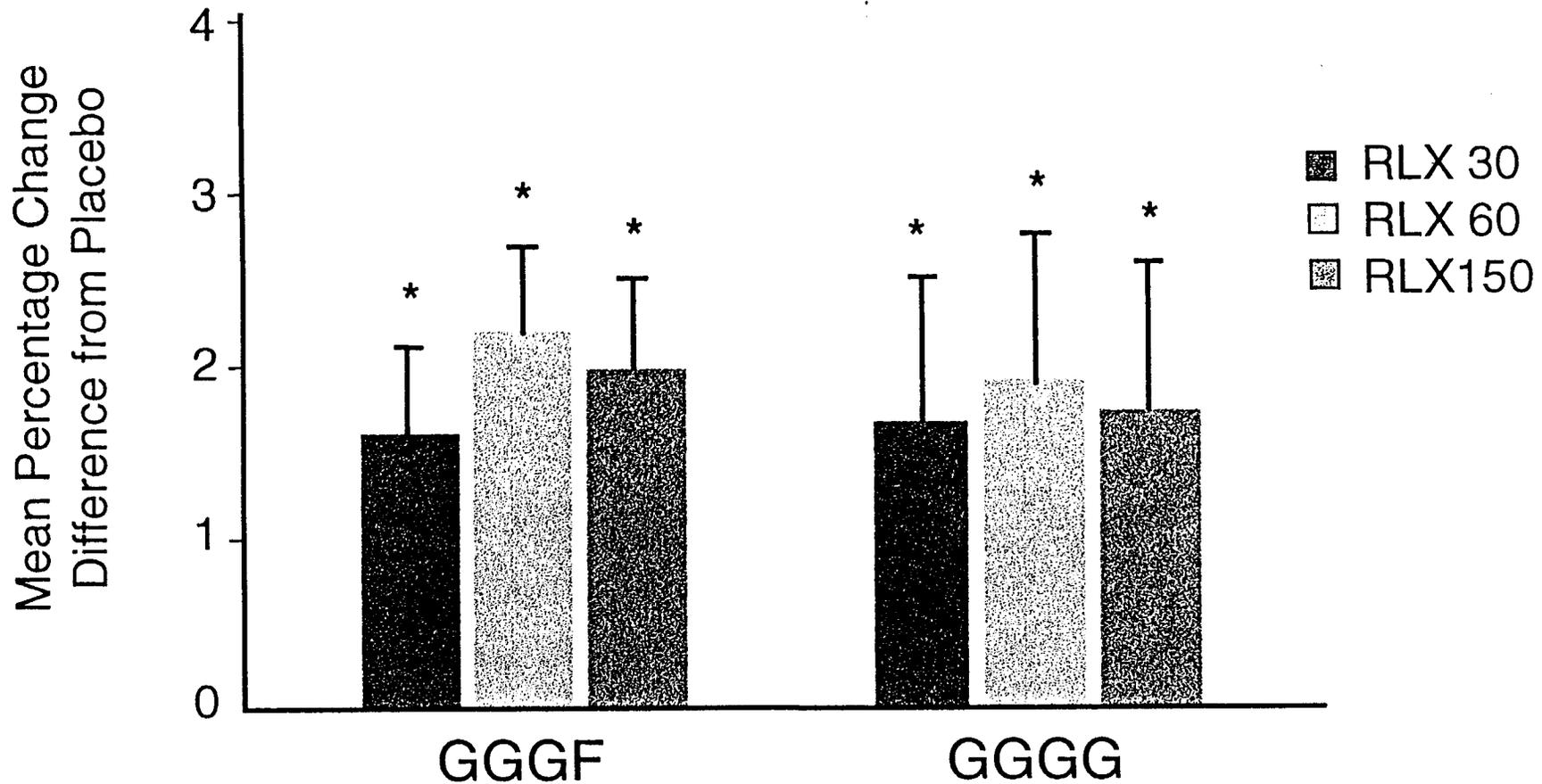


Raloxifene decreases biochemical markers of bone metabolism to the range seen in premenopausal women

\* p < 0.05 compared to placebo

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# Raloxifene Effect on Total Body BMC



Raloxifene increases total body BMC compared with placebo through 2 years

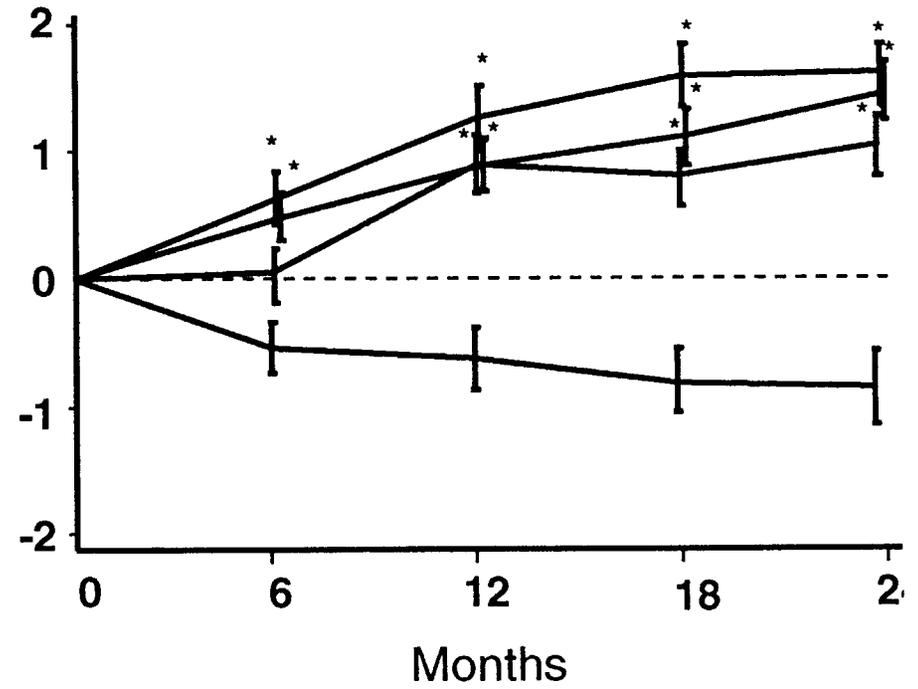
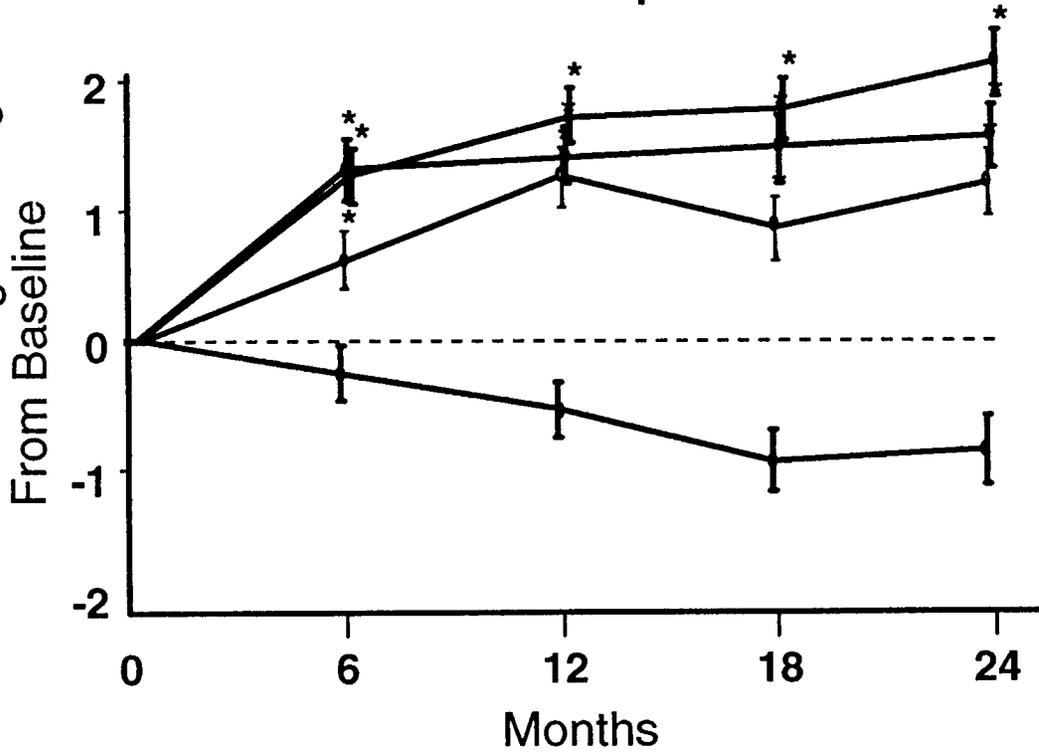
\*  $p \leq 0.029$  compared to placebo

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# Raloxifene Effects on BMD

## Lumbar Spine

## Total Hip



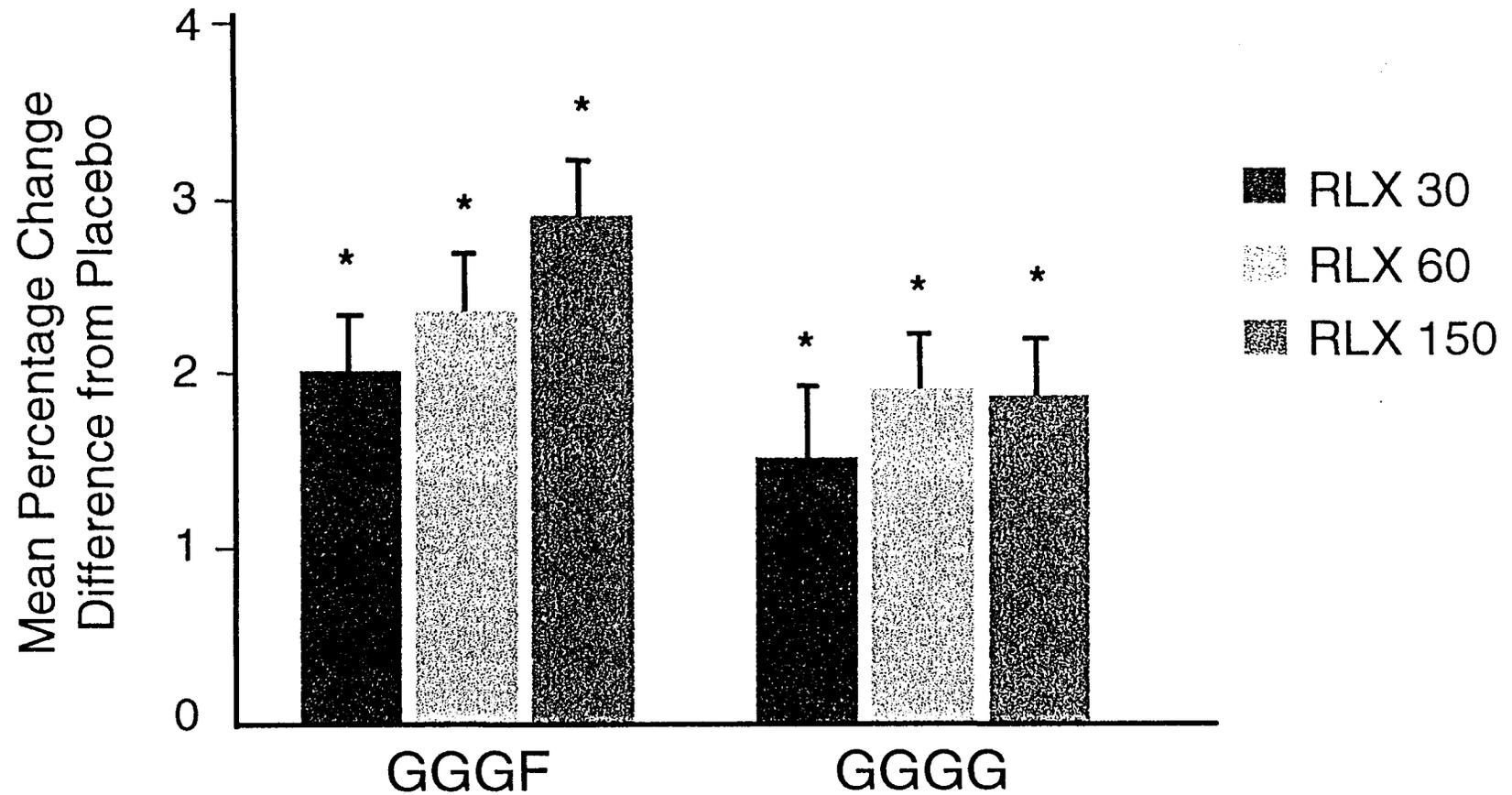
— Placebo      — RLX 30      — RLX 60      — RLX 150

Study GGGF

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\* p < 0.029 compared to placebo

# Raloxifene Effect on Lumbar Spine BMC

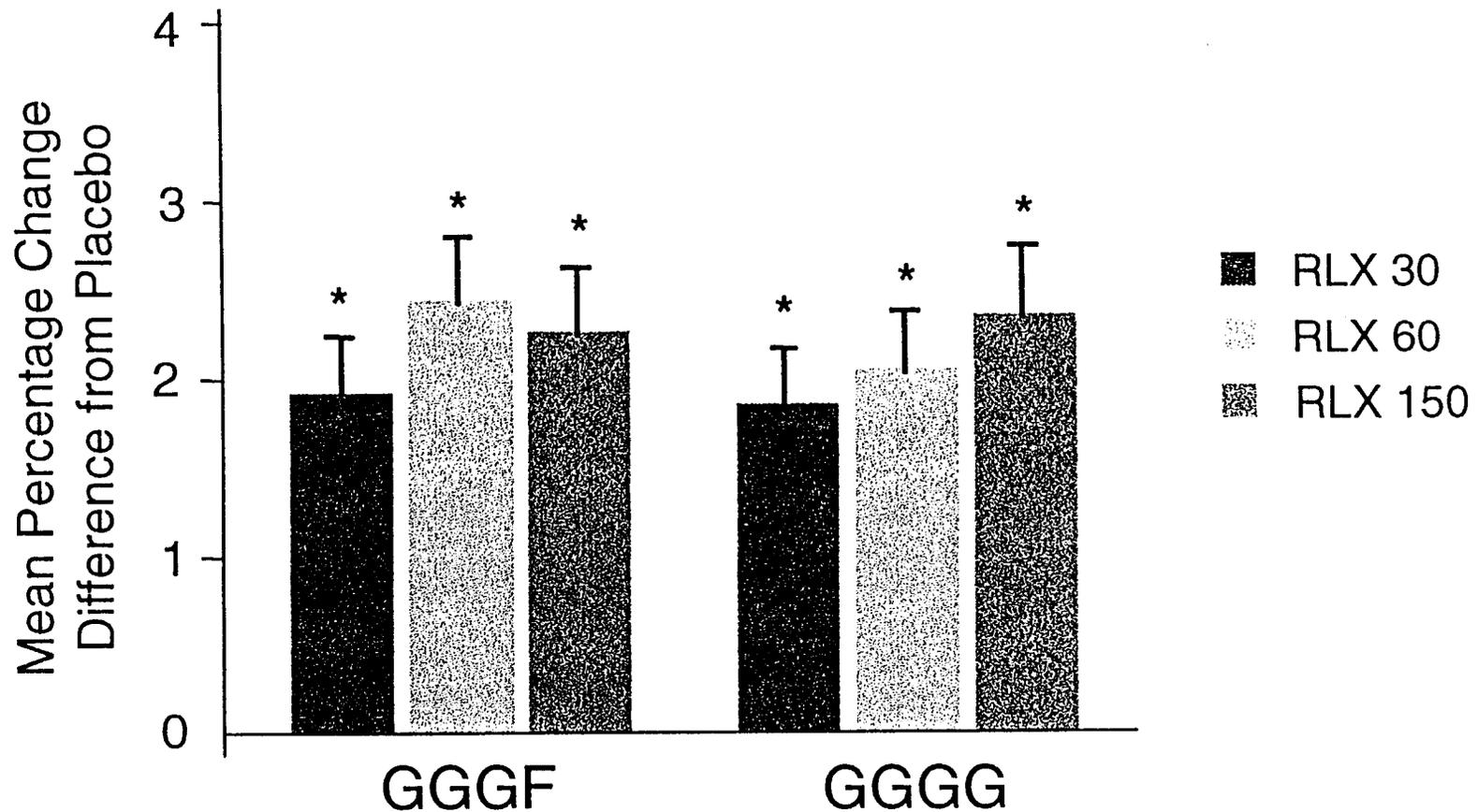


Raloxifene increases lumbar spine BMD through 2 years

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\*  $p \leq 0.029$  compared to placebo

# Raloxifene Effect on Total Hip BMD



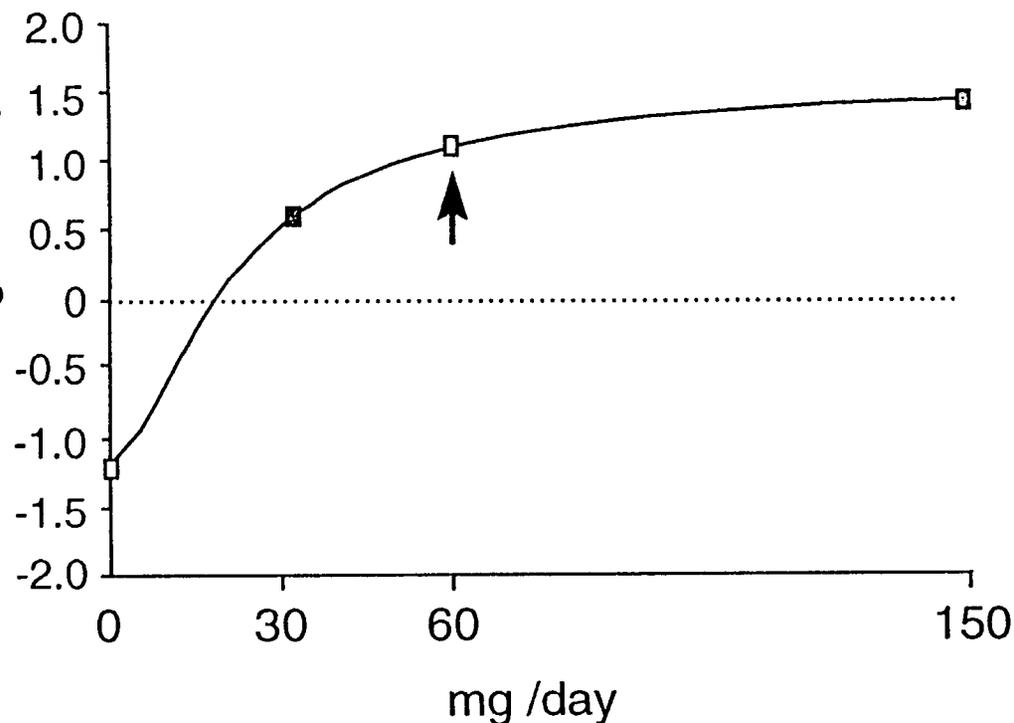
Raloxifene increases total hip BMD through 2 years

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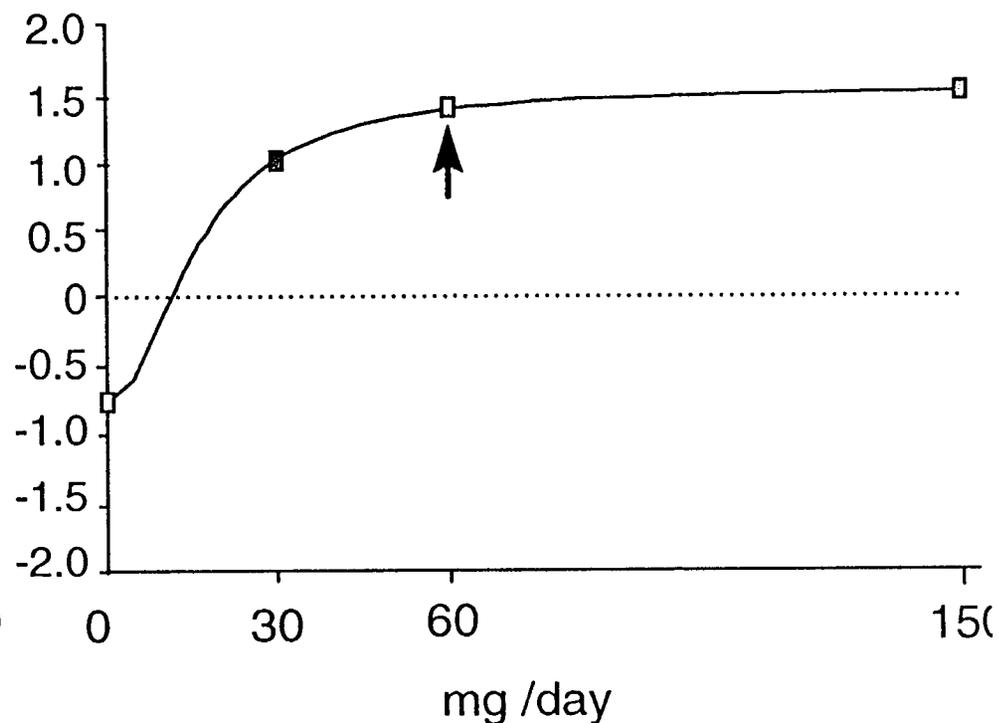
\*  $p \leq 0.029$  compared to placebo

# Percentage Change in BMD Comparison Using Non-linear Models

## Femoral Neck



## Total Hip



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Raloxifene 60 mg/day is the lowest maximally effective dose

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Studies GGGF and GGGG

□ Actual (observed) BMD percentage change

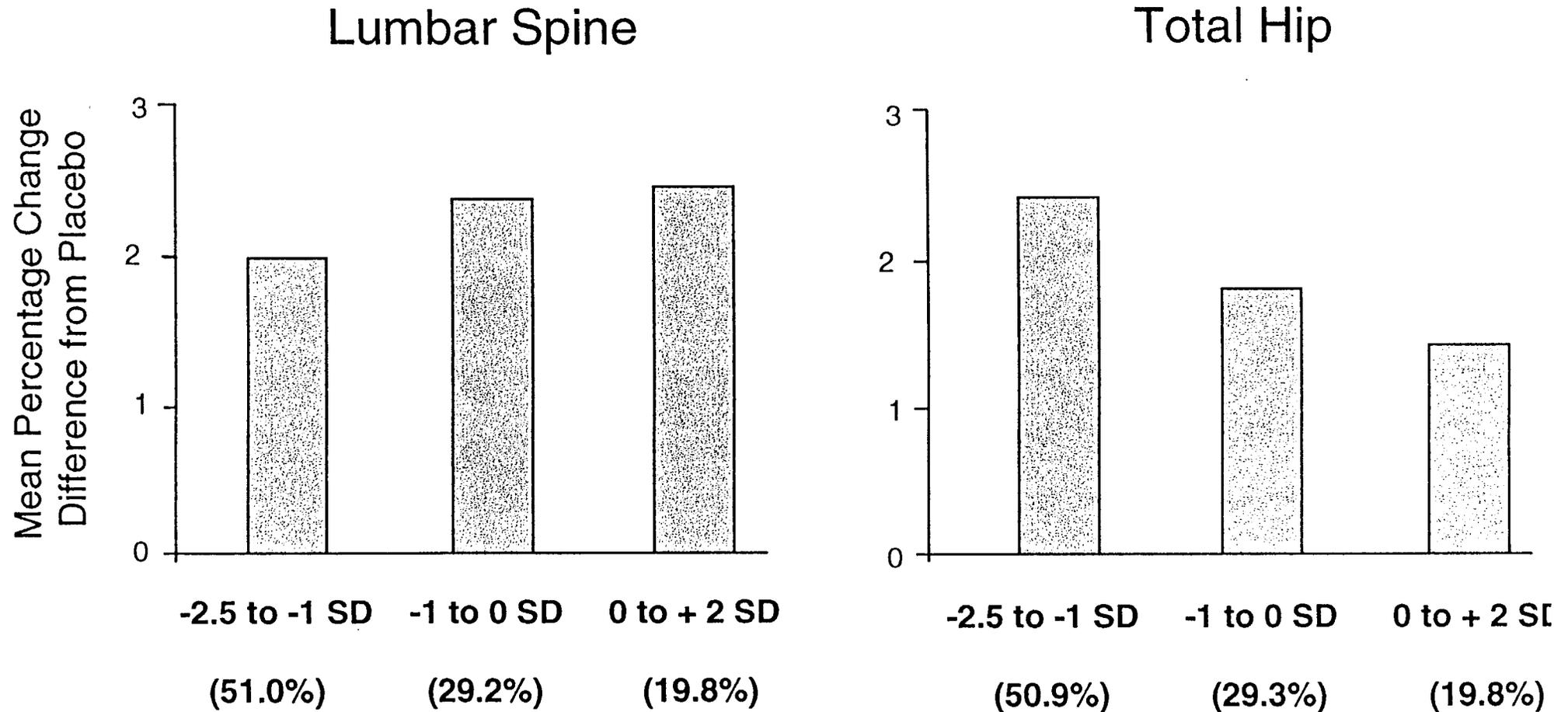
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# Subgroup Analyses

- Initial BMD
- Initial bone turnover
- Age

Subjects respond regardless of subgroup category

# Raloxifene 60 mg Effects Stratified By Initial BMD



Studies GGGF and GGGG

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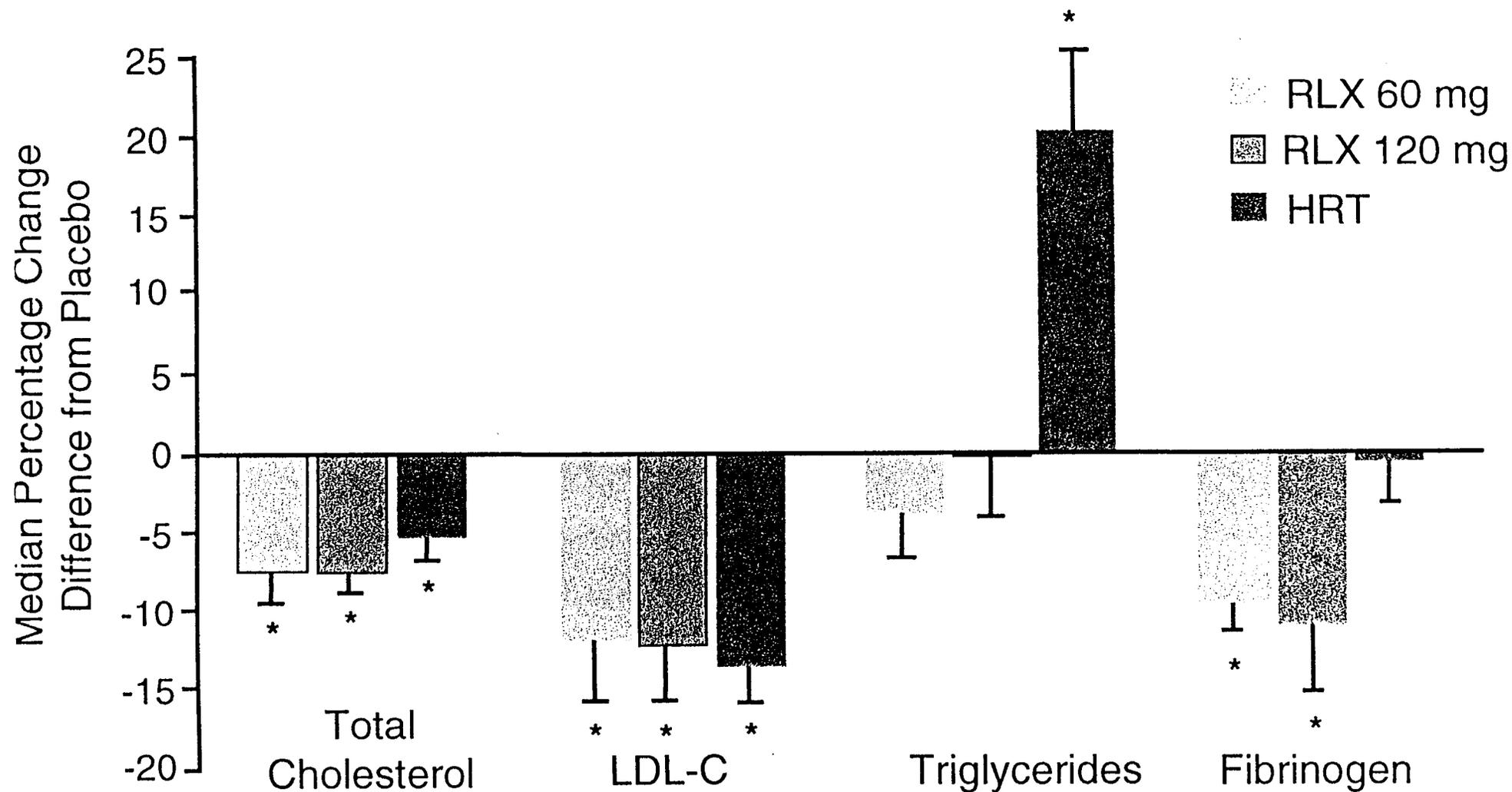
# **Intermediate Cardiovascular Endpoints**

# Summary of Cardiovascular Effects of Raloxifene 60 mg

- Lowers total cholesterol
- Lowers LDL-C
- Lowers fibrinogen
- Lowers Lp(a)
- Does not raise triglycerides
- Is neutral on FPA, F<sub>1+2</sub>, and PAI-1
- Is neutral on total HDL-C

Raloxifene may reduce cardiovascular risk

# Raloxifene Effects on Intermediate Cardiovascular Endpoints



Study GGGY

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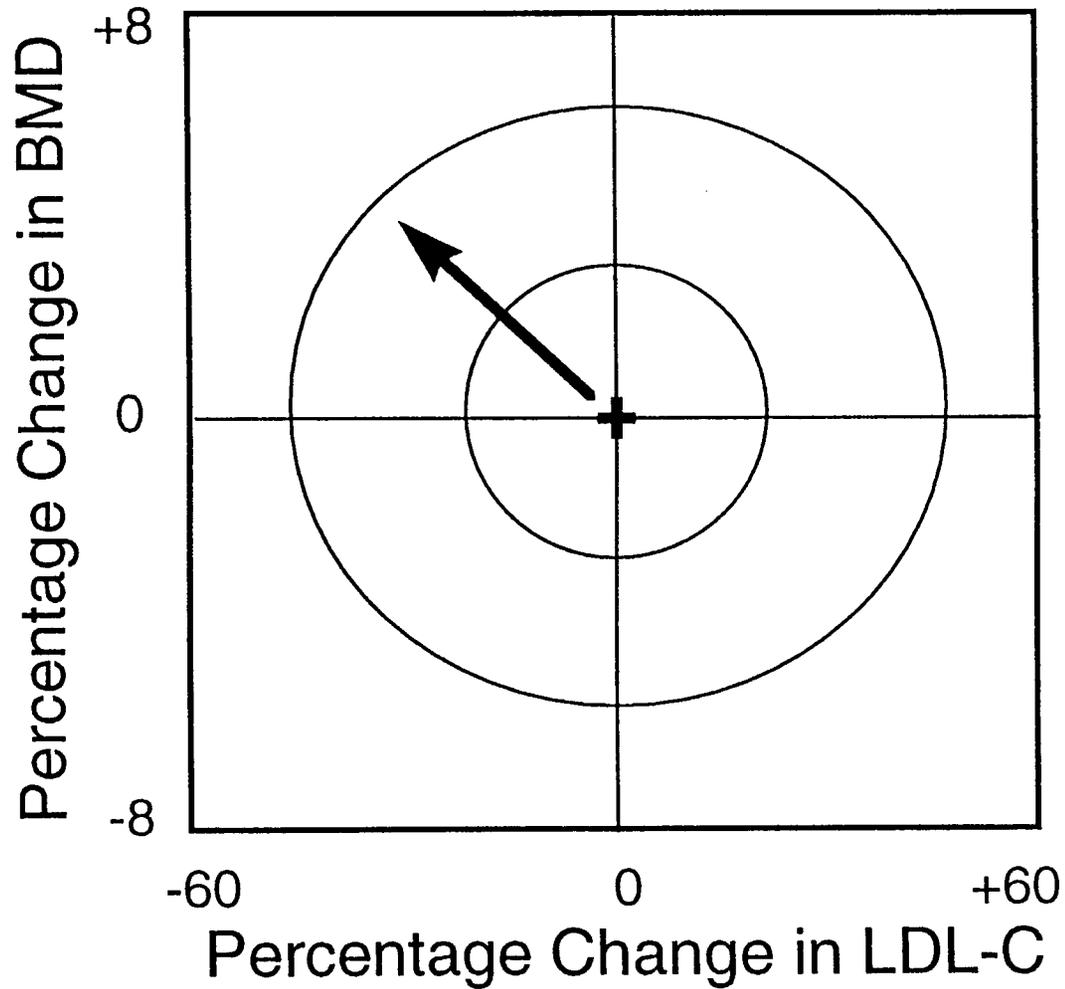
\* p<0.05 compared to placebo

# Summary

## Raloxifene 60 mg

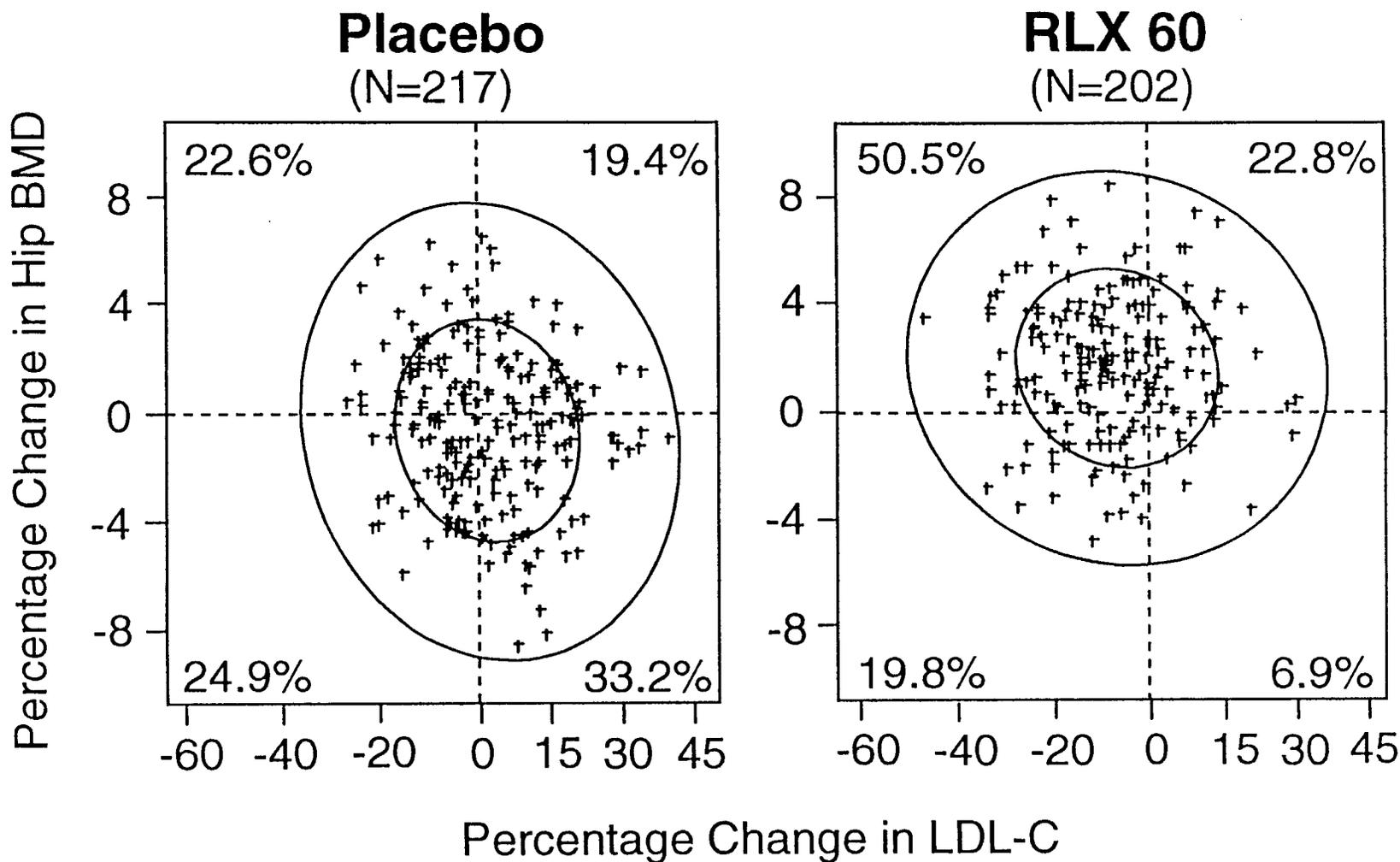
- Decreases bone turnover as assessed by biochemical markers of bone metabolism
- Increases spine and hip BMD and total body BMC
- Decreases fibrinogen, total and LDL-cholesterol without increasing triglycerides

# Total Hip BMD and Serum LDL-C Bivariate Analysis



Circles contain 50 and 95 percent of subjects, respectively

# Raloxifene Exerts Global Population Benefit on Hip BMD and LDL-C



Studies GGGG and GGGF

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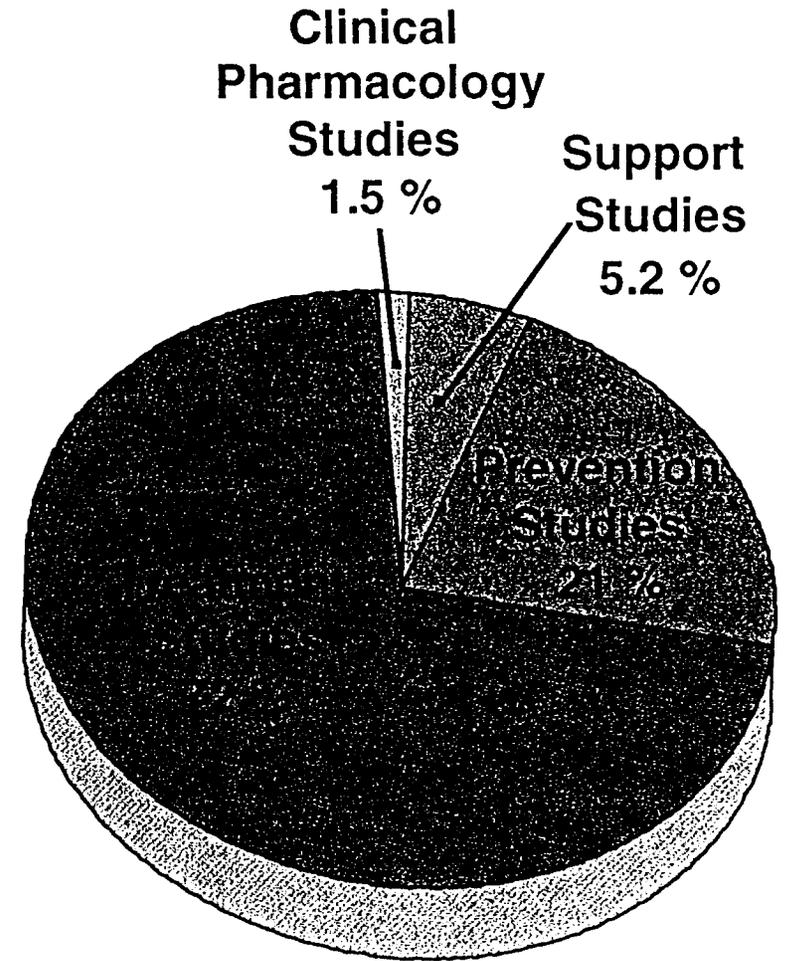
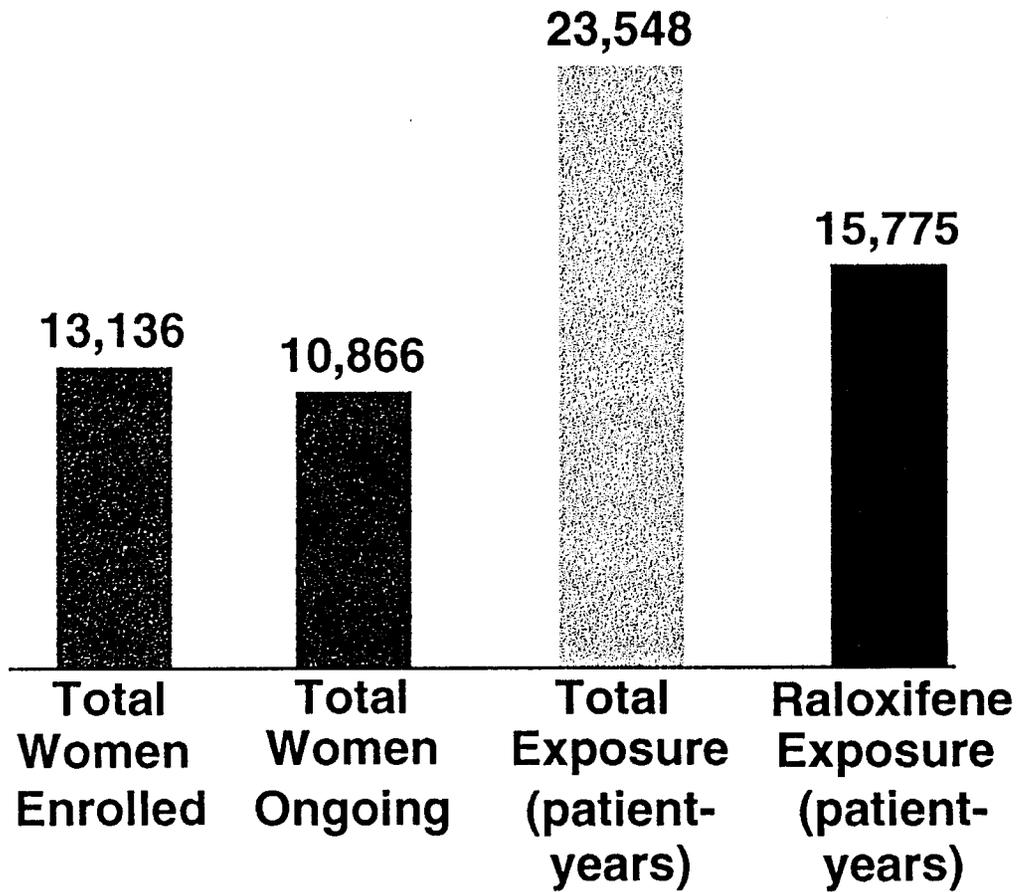
# Conclusions

- Working through estrogenic mechanisms, raloxifene prevents osteoporosis and maintains normal bone quality
- Raloxifene 60 mg per day is the lowest maximally effective dose
- Effects of raloxifene on intermediate markers of cardiovascular risk may provide added benefit

# **Raloxifene Clinical Safety**

**Fredric J. Cohen, MD**

# Scope of Safety Assessments



Total Exposure (patient-years)  
23,548

Data from all fully enrolled studies as of 22 Sept 1997

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# Safety Data Integration

## Primary Placebo-Controlled Studies

- GGGF
- GGGG
- GGGH
- GGGN
- GGGY

N = 2043

## ERT-Controlled Studies

- GGGH
  - GGGM
- N = 670

## HRT-Controlled Studies

- GGGR
  - GGGX
  - GGGY
  - GGGZ
- N = 974

**Other clinical studies used for safety analyses include:**  
GGGK, GGGP, GGHD, GGHG, GGHI, JOAA (N = 8374)

# **Agenda**

## **General Safety**

- **Toxicology/Phase 1**
- **Phase 2 and 3**

**Mortality**

**Serious Adverse Events**

**Discontinuations**

**General Adverse Events**

## **Specific Safety**

- **Menopause-Related Adverse Events**
- **Circulatory System**
- **Reproductive System**

## **Conclusions**

# Phase 1 Clinical Testing

- Preceded by toxicology testing: no findings of clinical relevance to postmenopausal women
- 20 Phase 1 Studies, 376 volunteers
- Oral dosing up to 600 mg/day
- No acute toxicity or physiological changes
- May be given once daily without regard to food
- Not metabolized via P450

# **General Safety**

## **Mortality**

- No significant change in mortality at any dose

## **Serious Adverse Events**

- No therapy difference in incidence of serious adverse events, overall or individually

## **Discontinuations**

- No therapy difference overall or for discontinuations due to adverse event

## **Vital Signs and Laboratory Findings**

- No effect on vital signs; no clinically important effects on laboratory parameters

# Adverse Events

	<b>Placebo</b> <b>N = 584</b> <b>(%)</b>	<b>RLX 30</b> <b>N = 288</b> <b>(%)</b>	<b>RLX 60</b> <b>N = 581</b> <b>(%)</b>	<b>RLX HI</b> <b>N = 590</b> <b>(%)</b>	<b>TOTAL</b> <b>N = 2043</b> <b>(%)</b>
<b>Any Event</b>	<b>87</b>	<b>85</b>	<b>87</b>	<b>87</b>	<b>87</b>
<b>Vasodilatation*</b>	<b>18</b>	<b>17</b>	<b>25</b>	<b>28</b>	<b>23</b>
<b>Leg cramps*</b>	<b>2</b>	<b>3</b>	<b>6</b>	<b>5</b>	<b>4</b>

p<0.05 for overall therapy difference and linear dose trend

RLX HI refers to RLX120/150

# Leg Cramps

	<b>Placebo</b>	<b>RLX 30</b>	<b>RLX 60</b>	<b>RLX HI</b>	<b>TOTAL</b>
	<b>N = 584</b>	<b>N = 288</b>	<b>N = 581</b>	<b>N = 590</b>	<b>N = 2043</b>
	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>
<b>Incidence*</b>	<b>1.9</b>	<b>3.1</b>	<b>5.9</b>	<b>5.3</b>	<b>4.2</b>
<b>Severe</b>	<b>0.2</b>	<b>0.3</b>	<b>0.3</b>	<b>0.2</b>	<b>0.2</b>
<b>Discontinued</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.3</b>	<b>0.1</b>

p<0.05 for overall therapy difference and linear dose trend

# Hot Flashes

	<b>Placebo</b>	<b>RLX 30</b>	<b>RLX 60</b>	<b>RLX HI</b>	<b>TOTAL</b>
	<b>N = 584</b>	<b>N = 288</b>	<b>N = 581</b>	<b>N = 590</b>	<b>N = 2043</b>
	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>	<b>(%)</b>
<b>Incidence*</b>	<b>18</b>	<b>17</b>	<b>25</b>	<b>28</b>	<b>23</b>
<b>Severe</b>	<b>1.9</b>	<b>1.7</b>	<b>2.1</b>	<b>3.2</b>	<b>2.3</b>
<b>Discontinued</b>	<b>2.2</b>	<b>1.7</b>	<b>1.7</b>	<b>3.1</b>	<b>2.3</b>

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Incidence differences limited to 1st 6 months of therapy

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p<0.05 for overall therapy difference and linear dose trend

# Lack of Effect on Other Reported Menopause-Related Adverse Events

## CNS

depression  
insomnia  
anxiety  
emotional lability  
sleep disorder  
libido decreased  
tolerance decreased

## GU

urinary tract infection  
vaginitis  
cystitis  
urinary frequency  
urinary incontinence  
dyspareunia

## Skin

sweating  
pruritus  
acne  
alopecia  
dry skin  
hirsutism  
mucous membrane disorder

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No therapy difference for any event or group of events

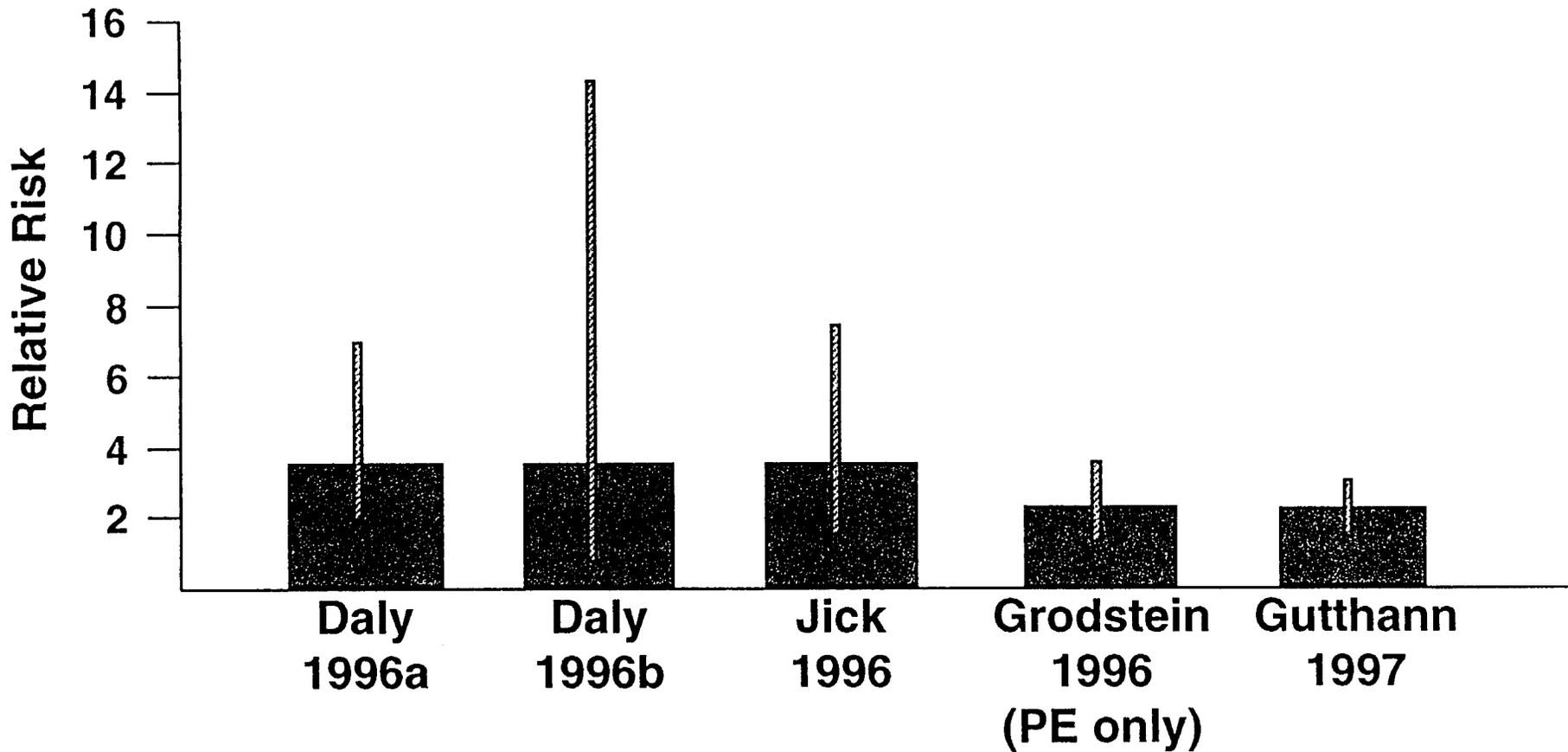
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# Arterial Events

- Preclinical and clinical efficacy results suggest possible benefits to reduce arterial events
- Few cases of myocardial infarction or stroke in primary placebo-controlled database
- Serious adverse event monitoring of all studies indicates possible risk reductions (not significant)

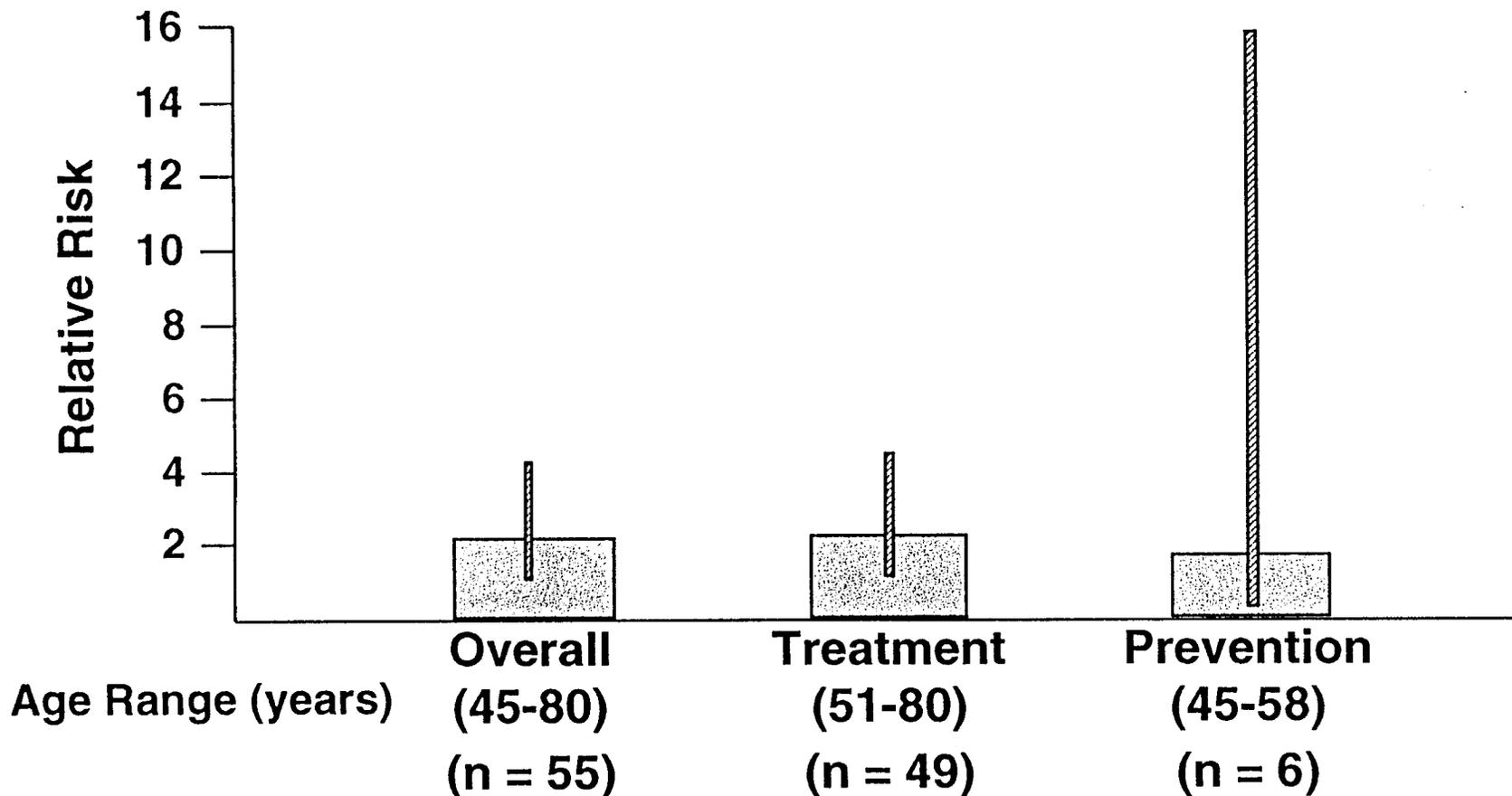
# Venous Thromboembolism

## Review of HRT Literature



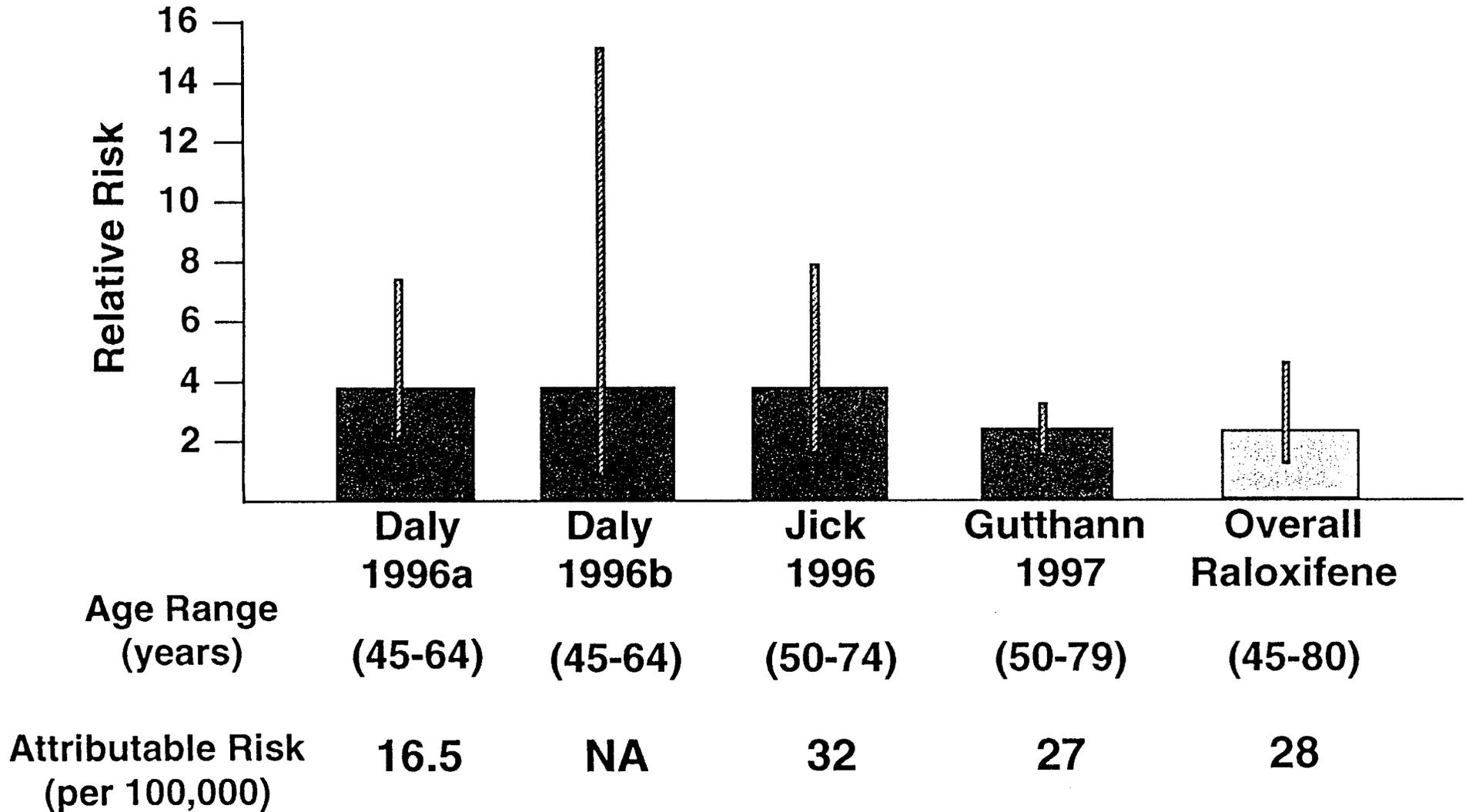
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# Venous Thromboembolism Raloxifene Experience



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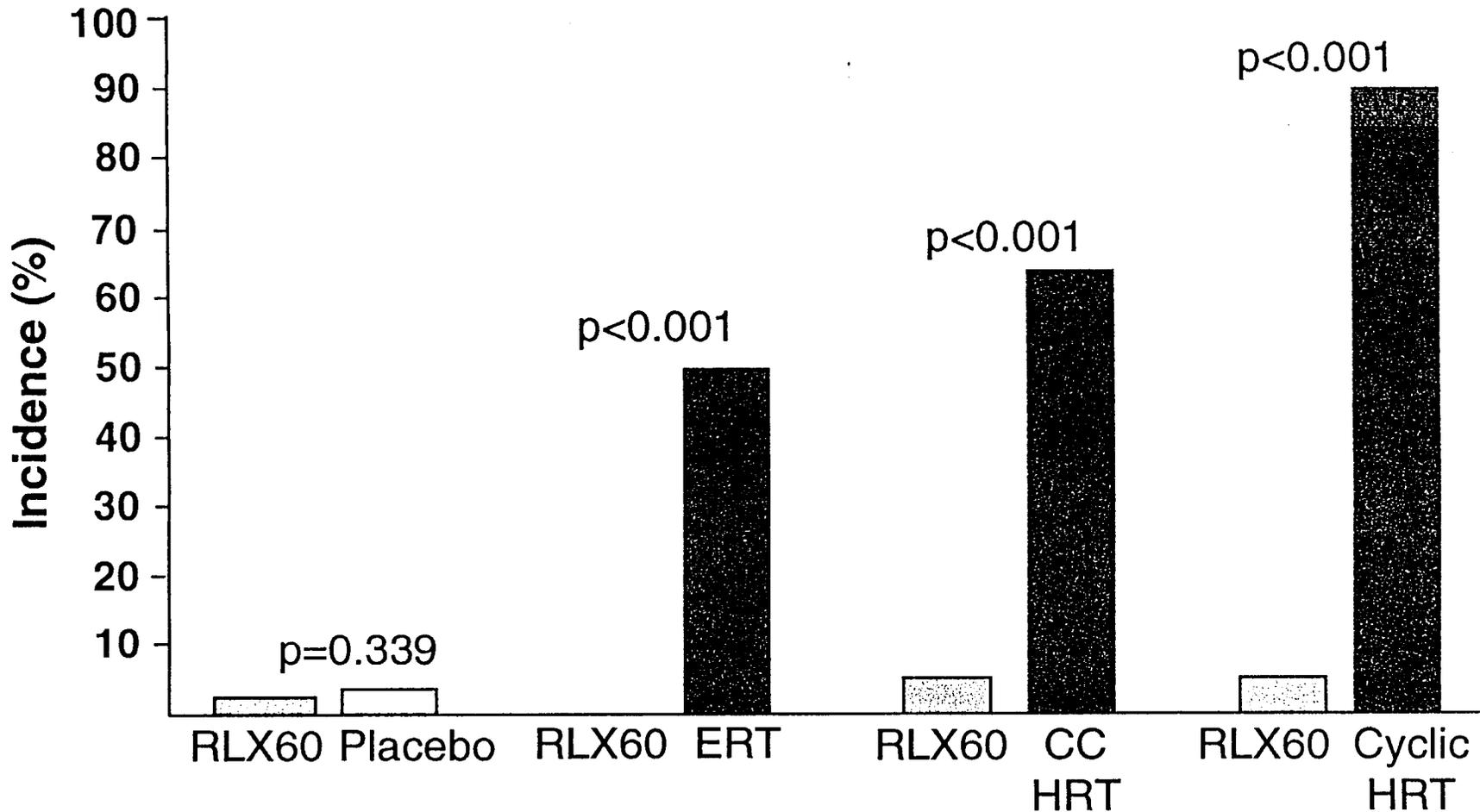
# Venous Thromboembolism Raloxifene versus HRT



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# Vaginal Bleeding

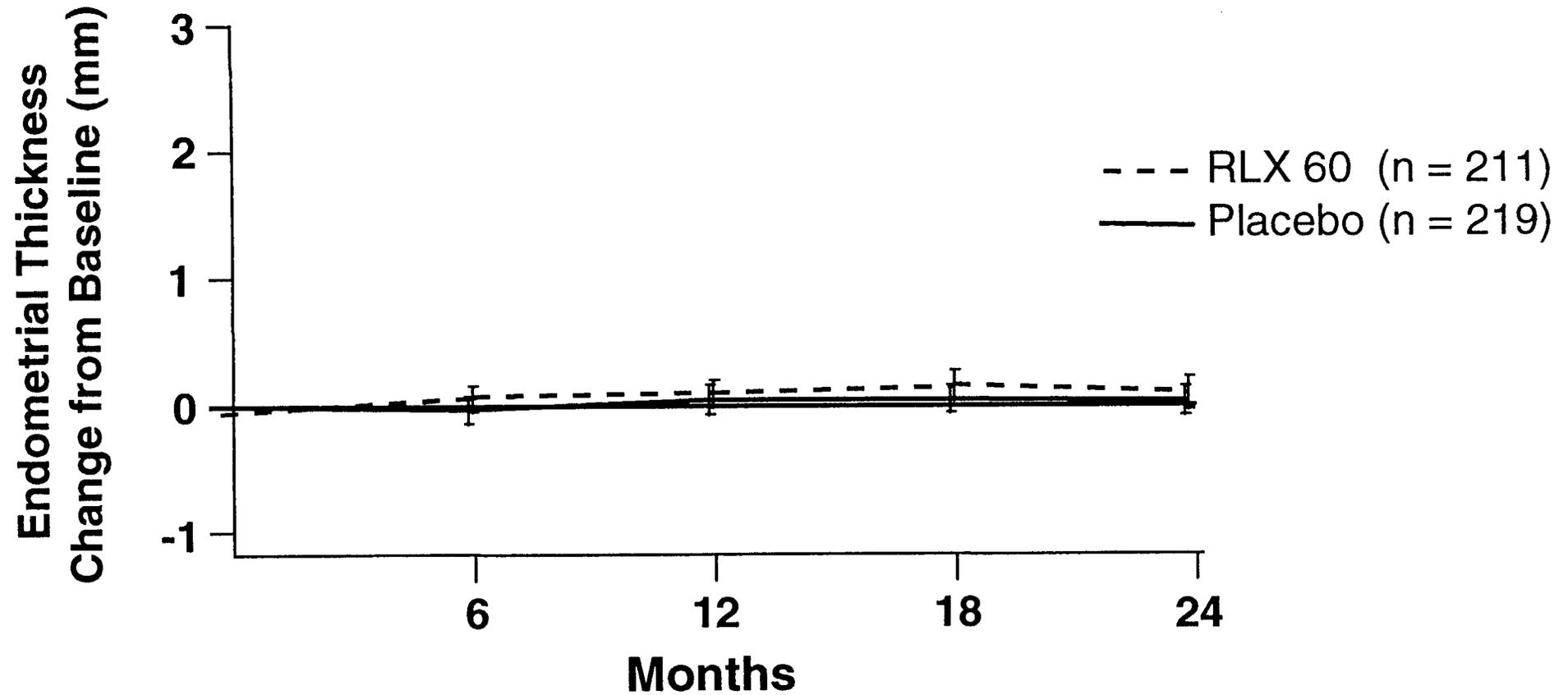
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Incidence of bleeding during raloxifene same as placebo and less than ERT or HRT

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# Endometrial Thickness



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Raloxifene does not increase endometrial thickness

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# Endometrial Histology

	Placebo N = 247	RLX 60 N = 245
Inadequate (insufficient tissue)	8	8
Surface Endometrium	1	2
Inactive/Atrophic	3	5
Non-proliferative	4	5
Proliferative	2	0
Polyps	3	2
Malignancy	0	0
<hr/>	<hr/>	<hr/>
Total	21	22

Raloxifene does not induce endometrial proliferation

# Endometrial Cancer

<b>Overall</b>	<b>RR</b>	<b>(95% CI)</b>
Raloxifene vs Placebo	0.84	(0.25, 2.87)

<b>After 12 Months</b>	<b>RR</b>	<b>(95% CI)</b>
Raloxifene vs Placebo	0.12	(0.02, 0.75)

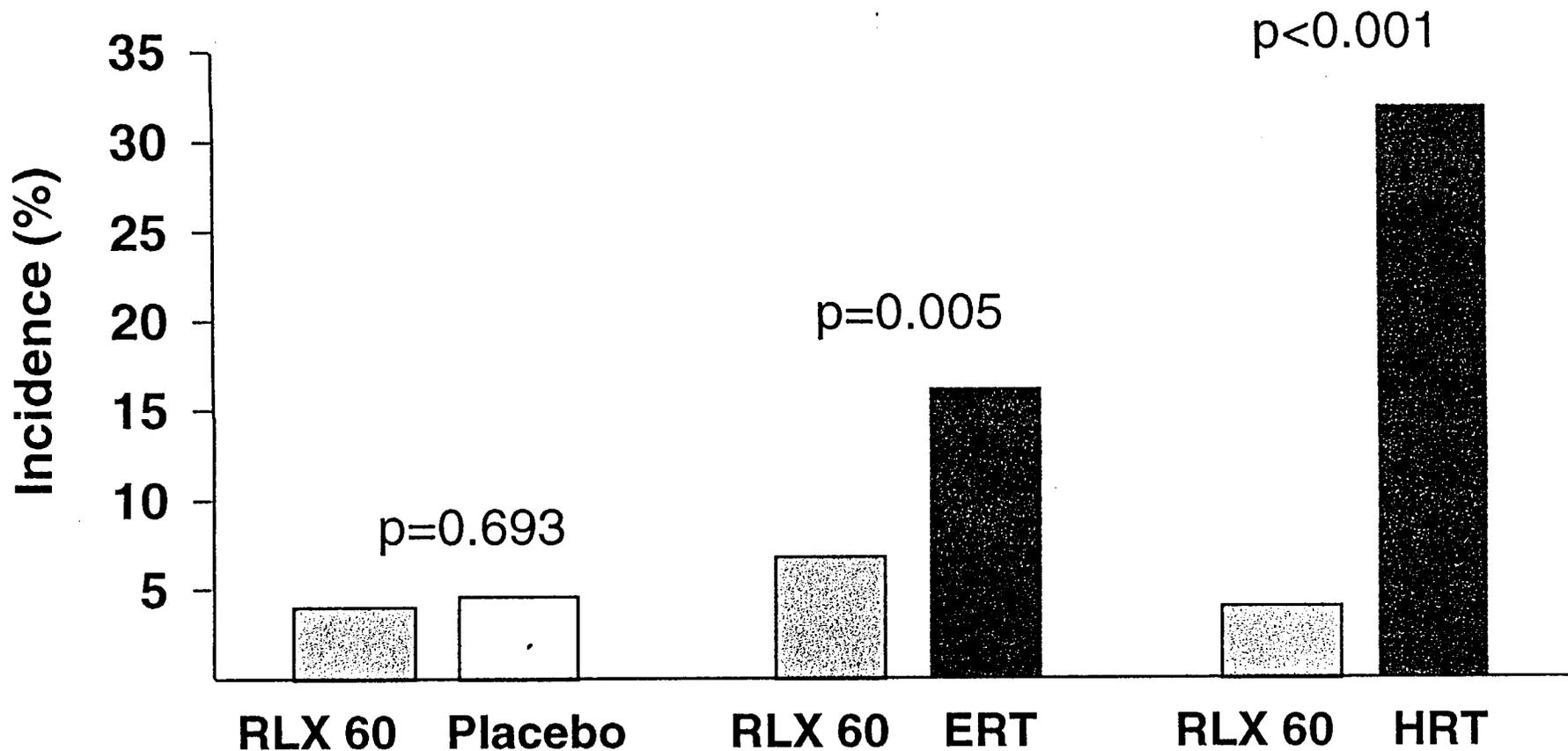
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Raloxifene does not increase endometrial cancer risk

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# Breast Pain



Incidence of breast pain during raloxifene same as placebo and less than ERT or HRT

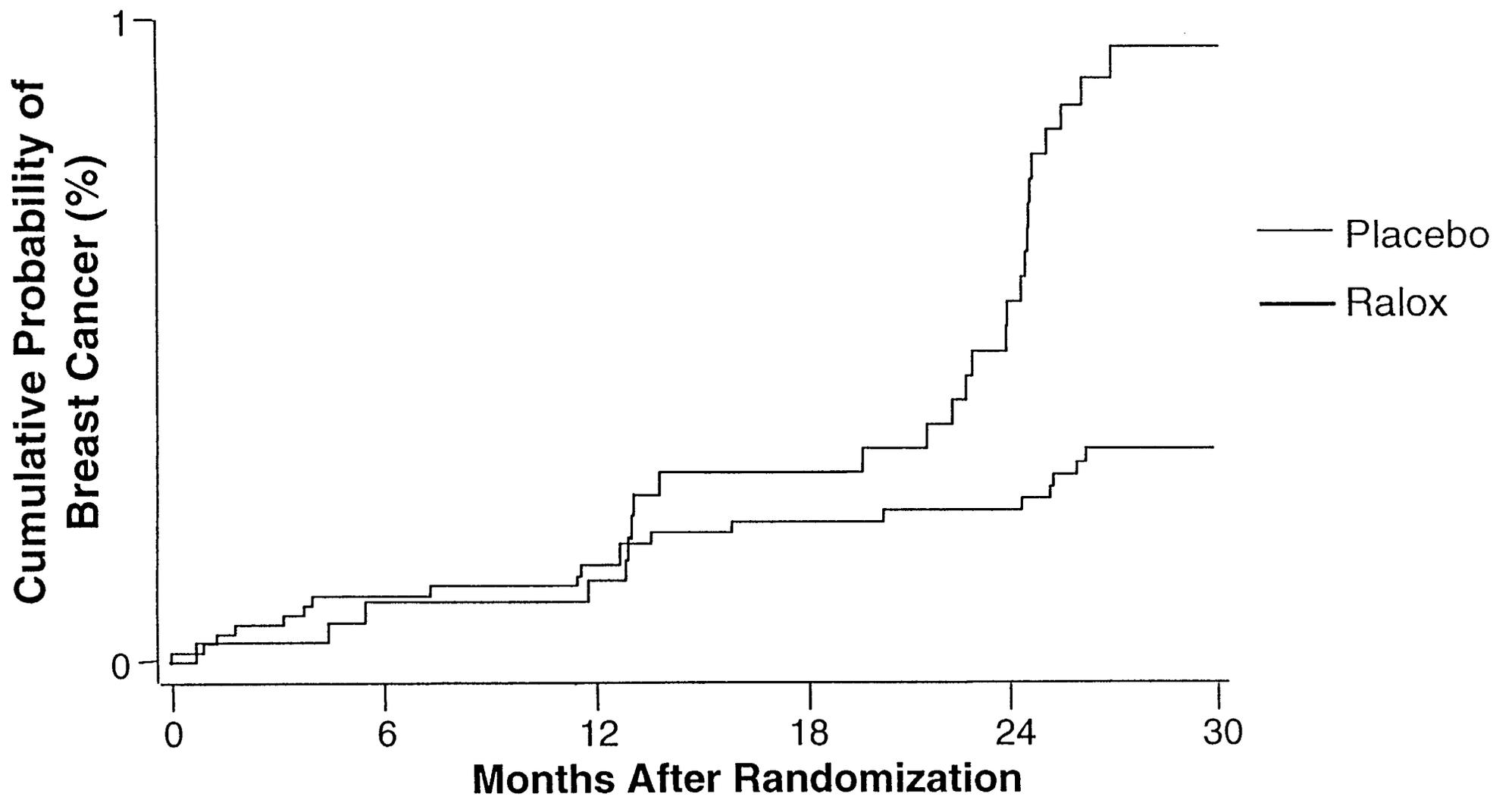
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# Breast Cancer Incidence and Relative Risk Raloxifene versus Placebo

Population	Cases After	Placebo n	Raloxifene n	Relative Risk (95% CI)	
<b>Overall</b>	<b>1 month</b>	<b>25</b>	<b>20</b>	<b>0.38</b>	<b>(0.22, 0.68)</b>
	<b>18 months</b>	<b>17</b>	<b>8</b>	<b>0.23</b>	<b>(0.10, 0.49)</b>
<b>Treatment</b>	<b>1 month</b>	<b>22</b>	<b>14</b>	<b>0.32</b>	<b>(0.17, 0.60)</b>
	<b>18 months</b>	<b>14</b>	<b>5</b>	<b>0.18</b>	<b>(0.07, 0.44)</b>
<b>Prevention</b>	<b>1 month</b>	<b>3</b>	<b>6</b>	<b>0.79</b>	<b>(0.20, 3.12)</b>
	<b>18 months</b>	<b>3</b>	<b>3</b>	<b>0.39</b>	<b>(0.08, 1.84)</b>

Raloxifene does not increase breast cancer risk  
and may be protective

# Time to Diagnosis of Breast Cancer All Placebo-Controlled Studies



g rank p-value = 0.001

Data cutoff as of 22 September 19

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# Safety Considerations for Optimal Dose

- Lowest maximally effective dose
- Most extensively studied
- Safe and well-tolerated

Raloxifene HCl 60 mg is optimal  
from a safety perspective

# Summary and Conclusions

- Extensively studied in postmenopausal women
- 3 adverse events probably causally related to raloxifene:
  - leg cramps
  - hot flashes
  - venous thromboembolism
- No evidence of effect on other menopausal symptoms
- No evidence of estrogenic effects on breast and uterus
- Does not increase breast cancer risk and may be protective

**Raloxifene  
Benefit / Risk Profile  
and Conclusions**

**Willard H. Dere, MD**

# Raloxifene

## Preclinical Pharmacology

### Mechanism

- High affinity binding and action through the estrogen receptor

### Skeleton

- Preserves BMD
- Maintains normal bone quality
- Maintains bone strength

# **Raloxifene**

## **Preclinical Pharmacology**

### **Cardiovascular**

- Improves lipid profile
- Favorable non-lipid effects

### **Uterus**

- Estrogen antagonism

### **Breast**

- Estrogen antagonism

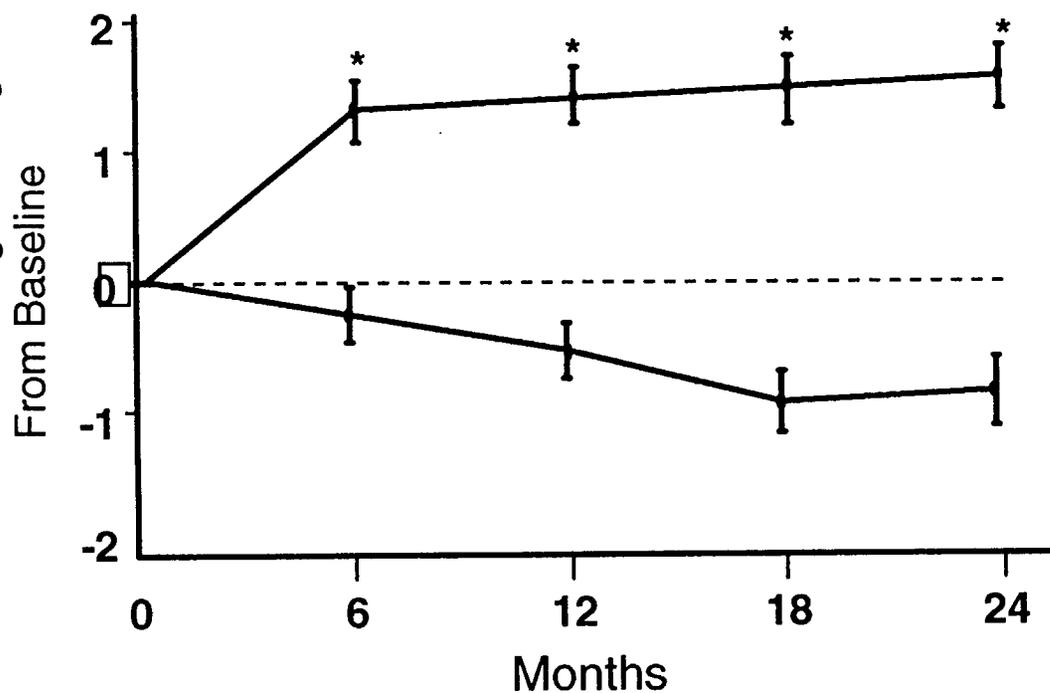
# Histological Criteria for Normal Bone Quality

- No woven bone
- No marrow fibrosis
- No mineralization defect
- No cellular toxicity (light microscopy)
- Histologically normal appearance

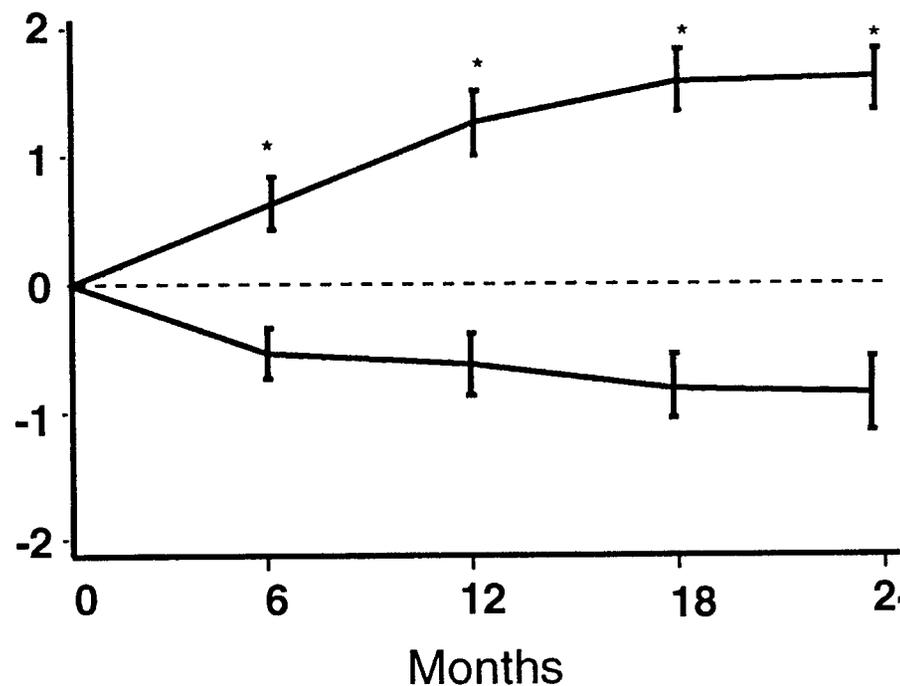
Raloxifene maintains normal bone quality

# Raloxifene 60 mg Prevents Osteoporosis

## Lumbar Spine



## Total Hip



— Placebo    — RLX 60

Study GGGF

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\* p<0.029 compared to placebo

# **Raloxifene**

## **Clinical Safety**

**Venous thromboembolism (VTE)**

- Comparable to HRT

**Hot flashes and leg cramps**

- Severity comparable to placebo

**Uterus**

- Lack of endometrial bleeding and proliferation

**Breast**

- Anti-proliferative effects

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# **Raloxifene 60 mg**

- Lowest maximally effective dose on BMD
- Improves markers of cardiovascular risk
- Protects the uterus and breast

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# Raloxifene Benefit / Risk Considerations

## Benefits

Skeletal preservation  
Positive lipid profile  
No bleeding  
No breast pain  
No increased risk of  
endometrial carcinoma  
No increased risk of breast  
carcinoma  
Convenient once-daily dosing

## Risks

VTE  
Hot flashes  
Leg cramps

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# Conclusion

- Postmenopausal osteoporosis is an area of unmet medical need
- Raloxifene is estrogen-like in bone
- Raloxifene preserves bone mineral density with normal bone quality
- The 60 mg dose provides the most favorable benefit / risk profile

Raloxifene will provide an important new choice for the prevention of postmenopausal osteoporosis