

**RICHARD W. HONSINGER**  
**CURRICULUM VITAE**

**ADDRESS:**

Los Alamos Medical Care Clinic, Ltd. (Formerly Allergy, Asthma and Internal Medicine, Ltd.)  
Los Alamos Medical Center, 3917 West Road, Suite 150  
Los Alamos, New Mexico 87544  
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**EDUCATION:**

College: Washington State University  
Teaching assistant, chemistry (1958-59)  
B.S. Zoology with honors (1960)

Medical School: University of Washington  
Thesis Honors "Morphologic Studies on the absorption of fat  
from the intestine."  
NIH Traineeship  
M.D. with honors (1963)  
Alpha Omega Alpha

Internship (Medicine - Pediatrics):  
University of North Carolina (1963-64)

Residency (Internal Medicine):  
University of North Carolina (1964-65)  
University of Washington (1967-68)  
Meade Johnson Scholar of American College of Physicians (1967-68)

Fellowship (Allergy and Immunology):  
University of Washington (1968-69)

Medical Knowledge Self Assessment Program (ACP)  
1992, Reviewer 1994

**CERTIFICATION:**

American Board of Internal Medicine (1969)  
Recertified 1978, 2001  
In-Training Exam 1985  
Subspecialty Allergy - Immunology (1970)  
American Board of Allergy and Immunology (1972)  
Recertified 1984, 1991 (applied 2006)

**LICENSE:**

New Mexico \_\_\_\_\_  
Washington \_\_\_\_\_

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### **UNIFORMED SERVICE:**

Active Duty, USPHS, Bureau of State Services (1965-67)  
Inactive Reserve Officer (Sr.Asst.Surg.)USPHS (1967-present)

### **MEDICAL PRACTICE:**

Private Practice, Los Alamos Medical Care Clinic, Ltd (Formerly Allergy, Asthma and Internal  
Medicine, Ltd, Los Alamos, N.M. (1969-present)  
Active Staff, Los Alamos Medical Center, Los Alamos, N.M.(1969-present)  
Chief of Staff (3 terms)  
Chmn., Medicine Service (5 terms)  
Consulting Staff, St. Vincent Hospital, Santa Fe, N.M. (1992-present)  
Consulting Physician, Indian Health Service, USPHS (1969-2000)  
Consulting Staff, University of New Mexico Hospital, Albuquerque, N.M. (1969-present)  
Dept. of Medicine, School of Medicine, University of New Mexico,  
Clinical Associate, (1969-88)  
Clinical Assistant Professor (1988-91)  
Clinical Associate Professor (1991-95)  
Clinical Professor (1995-present)  
Nominated for "Apple for the Teacher" award for teaching excellence (1993)  
Biosafety Committee, Los Alamos National Laboratory (1987-present)  
Clinical Investigator. \_\_\_\_\_  
\_\_\_\_\_ (1983-present)  
Listed in *Best Doctors in America* 1996-97, 2000-2001, 2004-2005

### **MEMBERSHIPS:**

American Academy of Allergy and Immunology (Fellow)  
Chairman, Medical Practice Services Committee, 1993-96  
Chairman, Credentials Committee 1998-2000  
Chairman, Public Education Committee 2001-2003  
Vice-Chairman, Federation of Regional, State, and Local Allergy Societies (2001-2003)  
Board of Directors (2002-2006)  
Chair, Membership Division (2002-2006)  
Nominee, Secretary-Treasurer leading to President (2006)  
Joint Council for Allergy Asthma Immunology (2002-2006), AAAAI representative,  
Secretary (2004-2006)  
American College of Allergy and Immunology (Fellow)  
American College of Physicians (Fellow 1972, Master 1999)  
Council President, N.M. Region, 1984  
Chairman, N.M. Legislative Retreat, 1987, 1989  
Governor, N.M. Chapter, 1991-95  
Awards and Scholarships Subcommittee, 1991-92  
Task force on By-laws amendments, 1992  
Chapters Subcommittee. 1992-95  
Executive Committee, Board of Governors, 1993-1994  
Health & Public Policy Committee, 1995-1999  
Chairperson, Clinical Practice Subcommittee, 1996-1997  
Nominating Committee 2003-2005  
Council of Subspecialty Societies- AAAAI representative 2003-present  
American College of Chest Physicians (Fellow)  
Southwest Allergy Forum (Chairman, 1978)  
New Mexico Allergy Society (President, 1978)  
Regional, State, Local Allergy Societies (Governor, Western Region 1996-2000)  
New Mexico Medical Society (1969-present)  
New Mexico Society of Internal Medicine (1970-1999)  
Los Alamos Medical Center (Chief of Staff, 1972, 1977, 1978) (Chmn. Medicine Service 1994-  
1996)

Northern New Mexico Community College, Advisory Board for Respiratory Therapy  
1982-1986)  
Los Alamos National Laboratory, Institutional Biosafety Committee (1988-present)  
Physicians for Human Rights (1991-present)  
University of New Mexico-Los Alamos  
Advisory Board Member (Elected Board of Regents) (1987-present)  
Chairperson, Advisory Board (1989-91, 1993-95, 2001)  
New Mexico Human Services Department,  
Medicaid Advisory Committee (1993-2004) (Chairman 1995-2004)

**HONORS and AWARDS:**

Alpha Omega Alpha  
Meade Johnson Post-Doctoral Scholar of American College of Physicians (1967-68)  
Distinguished Laureate Award, American College of Physicians, New Mexico 1997  
Master, American College of Physicians 1999  
Key Contact Award, American College of Physicians 2000

**COMMUNITY ACTIVITIES:**

\_\_\_\_\_(1970-71)  
\_\_\_\_\_(1970-2003)  
Los Alamos Heart Association, President 1972-73  
\_\_\_\_\_, 1973  
HMO Task Force - NORCHAP 1972-75  
\_\_\_\_\_(1971-72)  
\_\_\_\_\_(1973-75)  
\_\_\_\_\_(1975-79)  
Jemez Valley Medical Clinic  
Voluntary Director (1973-74)  
Advisory Board (1975)  
Los Alamos Visiting Nurses  
Founding Board of Directors (1973)  
Board of Directors (1974-75,93-95)  
\_\_\_\_\_(1980-1999)  
\_\_\_\_\_(1982-83)  
\_\_\_\_\_(1983-84)  
Los Alamos Medical Center  
Chief of Staff (1972,1977,1978)  
Local Advisory Board (1983-88)  
\_\_\_\_\_(1987-present)  
\_\_\_\_\_(1989-91, 1993-95, 2001)  
\_\_\_\_\_(1976-1989)  
\_\_\_\_\_(1988-89)  
\_\_\_\_\_(1993-1996)  
\_\_\_\_\_, 1992

## **BIBLIOGRAPHY:**

Alexander, R., Holloway, G. A., Jr., and Honsinger, R. W., Jr.:  
Surgical Debridement for Resistant Bacterial Endocarditis  
JAMA 210: 1757-1759 (1969)

Honsinger, R. W. Jr., Zeitz, S. J., and Van Arsdel, P. P.:  
Penicillin Hypersensitivity in Nurses  
J Allergy 43: No. 3 (1989) (Abst.)

Honsinger, R. W., Jr., Silverstein, D., and Van Arsdel, P. P.:  
Adrenal Function in Steroid-Dependent Asthmatic Patients  
J. Allergy 45: No. 130 (1970) (Abst.)

Honsinger, R. W., Jr., Silverstein, D., and Van Arsdel, P. P.:  
The Eosinophil and Allergy: Why?  
Journal of Allergy and Clinical Immunology 142: 155 (Mar. 1972)

Honsinger, R. W., Jr.:  
The Eosinophil in Allergy and Asthma, Chapter in Bronchial  
Asthma - Mechanisms and Therapeutics  
Edited by M. Segal and E. Weiss - Little Brown & Co. (1977)

Settipane, G. A., Chafee, F. H., Postman, I. M., Levine, M. I.,  
Saker, J. H., Barrick, R. H., Nicholas, S. S., Schwartz, H. H.,  
Honsinger, R. W., Klein, D. E., Cutaneous Allergy Committee:  
Significance of Tartrazine Sensitivity in Chronic Urticaria of Unknown Etiology  
Journal of Allergy and Clinical Immunology 57: 541-546 (1976)

Honsinger, R. W., Jr.:  
The Efficacy and Safety of Astemizole in the Treatment of Mountain Cedar-Induced Allergic  
Rhinitis (Presented at the December 1984 N.M. American College of Physicians Meeting).

Honsinger, R. W., Jr., Thomsen, R., Alexander, L., Erickson, M. L.:  
Chronic Idiopathic Urticaria: Evaluation of efficacy of Astemizole Treatment.  
(Presented at the December 1985 New Mexico American College of Physicians Meeting)

Honsinger, R. W., Jr., Thomsen, R.:  
Prolonged Remission of Chronic Idiopathic Urticaria Following Astemizole Therapy.  
Journal Allergy and Clinical Immunology 77: 187 (1986) (Abst.)

Honsinger, R. W.:  
Environmental Illness.  
Archives of Internal Medicine 146: 2411 (1986) (Editor's Correspondence)

Honsinger, R. W., Jr.:  
Exercise-induced anaphylaxis provoked by food allergy (presented at the  
December 1989 New Mexico American College of Physicians meeting).

Thomsen, R., Honsinger, R. W., Jr.:  
Dermatitis due to amphibian contact. Archives of Dermatology (1987)

Widmer, D., Widmer, P., Johnson, J., Linnebur, A. C., and Honsinger, R. W.:  
Experiences in a Pulmonary Rehabilitation Program. (presented at the December  
1987 New Mexico American College of Physicians meeting).

Honsinger, R. W., Jr.:  
Transdermal Scopolamine Used as Adjunct in the Management of Asthma --  
A Double-blind Clinical Trial. (abstract).  
Journal of Allergy and Clinical Immunology 83: 179 (Jan 1989)

Honsinger, R. W., Jr., Thomsen, R.:  
Prolonged Benefit in the Treatment of Chronic Idiopathic Urticaria with Astemizole.  
Annals of Allergy 65:194 (Sept 1990)

Slater, J. E., Mostell, L. A., Shaer, C., and Honsinger, R. W.:  
Type I Hypersensitivity to Rubber. Annals of Allergy 65: 411-414 (Nov 1990)

Honsinger, R. W., Jr.:  
Hymenoptera sensitivity in New Mexico.  
Presented at the December 1990 New Mexico American College of Physicians meeting.

Monroe, E., Fox, R., Kalivas, J., Katz, I., Bernstein, D., Honsinger, R., Grabiec, S., Garvin, P.,  
Cuss, F., Lutsky, B.:  
Comparative efficacy and safety of loratadine, hydroxyzine, and placebo in chronic idiopathic  
urticaria. (abstract):  
J. Allergy Clin. Immunol. 87: 224 (Jan 1991)

Honsinger, R. W., Jr.:  
Anaphylaxis during induction of general anesthesia.  
(Letter to the editor) J. Allergy Clin. Immunol. 88: 140 (July 1991)

Honsinger, R. W., Jr.:  
Latex Allergy  
Presented at December 1991 New Mexico American College of Physicians meeting

Monroe, E., Bernstein, D., Fox, R., Honsinger, R., Katz, I., Danzig, M.: Relative Efficacy and  
safety of loratadine, hydroxyzine, and placebo in chronic idiopathic urticaria.  
Arzneim.-Forsch./Drug Res. 42:1119-1121 (1992)

Honsinger, R. W., Monroe, E., Fox, R., Katz, I., Danzig, M., Lutsky, B.:  
Chronic idiopathic urticaria.  
Treatment with SCH37370, an inhibitor of histamine and platelet activating factor. (abstract)  
J. Allergy Clin. Immunol. 91: 246 (Jan 1993)

Sussman, J.H., Honsinger, R.W., Sporik, R., Platts-Mills, T.A.E. :  
Parental versus child's history in the diagnosis of asthma. (abstract)  
J. Allergy Clin. Immunol. 91: 306 (Jan 1993)

Sporik, R., Rose, G., Muller, M., Claytor, D., Price, G., Ingraham, J. Honsinger, R.W., Platts-  
Mills, T.A.E. :  
Relationship between wheezing, bronchial hyperreactivity, and skin tests among school children  
in Los Alamos, New Mexico. (abstract)  
J. Allergy Clin. Immunol. 91: 307 (Jan 1993)

Honsinger, R.: Acute Mountain Sickness at Moderate Altitudes. (Letter to the Editor)  
Ann. I.M. 119:633 (Oct 1993)

Sporik, R., Rose, G., Honsinger, R., Platts-Mills, T.A.E., Ingram, J.M. :  
Sensitization to Dog Allergen (*Can f 1*) as a Risk Factor for Asthma in New Mexico: Relationship to Allergen Exposu  
J. Allergy Clin. Immunol. 93: 229 (Jan 1994)

**APPEARS THIS WAY  
ON ORIGINAL**

Rose, G., Sporik, R., Squillace, S., Ingram, J., Sussman, J., Honsinger, R., Platts-Mills, T.A.E. : Measurement of IgE Ab to Cat and Dust Mite in Sera from Middle School Children: Assessment of the Association with Asthma.  
J. Allergy Clin. Immunol. 93: 229 (Jan 1994)

Sporik, R., Ingram, J, Price, W., Sussman, J., Honsinger, R., Platts-Mills, T.: Association of Asthma with Serum IgE and Skin Test Reactivity to Allergens Among Children Living at High Altitude: Tickling the Dragon's Breath:  
Am. J. Respir. Crit. Care Med.;151:1388-92 (June 1995)

Platts-Mills, T., Sporik, R., Ingram, J, Honsinger, R.: Dog and Cat Allergens and Asthma among School Children in Los Alamos, New Mexico, USA: Altitude 7,200 feet.  
Int. Arch. Allergy Immunol.;107:301 (July 1995)

Ingram, J.M., Sporik, R., Rose, G., Honsinger, R., Chapman, M., Platts-Mills, T.: Quantitative Assessment of Exposure to Dog (Can f 1) and Cat Allergens: Relation to Sensitization and Asthma among Children living in Los Alamos, New Mexico.  
J.Allergy Clin. Immunol.; 96:449-455 (Oct 1995)

Sporik, R., Squillace, S., Ingram, J., Price, W., Rose, G., Honsinger, R., Platts-Mills, T.: The Association of Total IgE, Indoor and Outdoor allergen specific IgE and Asthma -- The 3 Schools Study. (abstract)  
J.Allergy Clin. Immunol.; 97:243 (Jan 1996)

Haddad, K. (ACP Health & Public Policy Comm. member): Voluntary Purchasing Pools: A Market Model for Improving Access, Quality, and Cost in Health Care.  
Ann Intern Med. 124:845-853 (April 1996)

American College of Physicians (ACP Health & Public Policy Comm. member): Physician-Run Health Plans and Antitrust  
Ann. Intern. Med.; 125:59-65 (July 1996)

American College of Physicians (ACP Health & Public Policy Comm. member): Insurance Reform in a Voluntary System:  
Implications for the Sick, the Well, and Universal Health Care.  
Ann. Intern. Med.; 125:242-249 (August 1, 1996)

American College of Physicians (ACP Health & Public Policy Comm. member): Medical Savings Accounts.  
Ann. Intern. Med.; 125:333-340 (August 15, 1996)

American College of Physicians (ACP Health & Public Policy Comm. member): Inner City Health Care.  
Ann. Intern. Med.; 127:485-490 (March 15, 1997)

American College of Physicians (ACP Health & Public Policy Comm. member): Firearm Injury Prevention.  
Ann. Intern. Med.; 128:236-241 (February 1, 1998)

American College of Physicians (ACP Health & Public Policy Comm. member): Strategies for Incremental Expansion of Access to Care: Steps to Universal Coverage. (March 1998)

Honsinger, R.W.: Zafirlukast and Churg-Strauss Syndrome. (Letter to the Editor) JAMA;  
279:1949 (June 24, 1998)

Bronchodilator and hypoxemia in Pulmonary Function Testing

Honsinger, R.W.: How to avoid fraud and abuse by following compliance guidelines. *Allergy and Asthma Proc* 22:221-224 (July-Aug 2001)

Parental versus child's history in the diagnosis of asthma. (abstract)  
*J. Allergy Clin. Immunol.* 91: 306 (Jan 1993)

Honsinger, R.W. and Green, G.R. (Editors): *Handbook of Drug Allergy*. Lippincott, Williams, & Wilkins; Baltimore (Nov 2003).

Honsinger, R.W. (Guest Editorial): Drug Allergy. *Ann Allergy Asthma Immunol.* 2004;93:137-141

Honsinger, R.W.: Complying with Federal Guidelines: Medicare Prescription Drug, Improvement, and Modernization Act of 2003: Amendments to Social Security Act. *Allergy and Asthma Proceedings* 26:29-34, 2005

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