

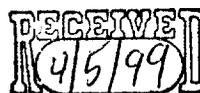


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March 31, 1999

8888 '99 APR 20 P2:04

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food & Drug Administration
200 C Street, S.W.
Washington, DC 20204
Re: Section 403 r (6) Notification



Dear Sir or Madam:

In accordance with the requirements of section 403 (r) (6) of the Federal Food, Drug, and Cosmetic Act, Dynamic Essentials Incorporated notifies the FDA that it has begun using the following statements:

1. "The revolutionary formula helps control your appetite, burn fat and turn it into useable energy by controlling insulin...."
2. "The result will be a more relaxed, alert and focused you, mentally and emotionally zoned in..."
3. "the Daily Advantage System will help boost your immune system and restore your biochemical balance, if taken regularly. Together they work to regulate the metabolism, promote proper digestion, produce energy, detoxify the body, fight harmful free radicals and relieve stress."
4. "These superstars of nutritional chemistry protect you from free radicals..."
5. "This cutting edge product, along with proper diet, exercise and a good nutritional supplementation program, can help nourish and support healthy cartilage and joint function..."

** With the exception of Daily Advantage System, these statements do not appear on the label. They are used in a product pamphlet describing each product.*

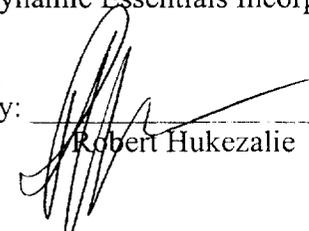
on the following products:

1. "Weight Management"
2. "Mood Zone"
3. "Daily Advantage System"
4. "Antiox Force"
5. "Joint Choice"

Yours truly,

Dynamic Essentials Incorporated

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By: 
Robert Hukezalie

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