

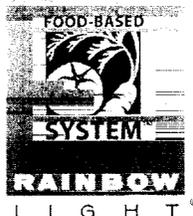
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March 4, 1999

James T. Tanner, Ph.D
 Office of Special Nutritionals
 Center for Food Safety and Applied Nutrition
 Food and Drug Administration
 200 "C" St., S.W. (HFS-450)
 Washington, D.C. 20204

3/11/99

Dear Mr. Tanner:

Pursuant to Section 6 of the Dietary Supplements Health and Education Act of 1994, Rainbow Light Nutritional Systems, Inc. wishes to notify the Food and Drug Administration that it has within the past 30 days, commenced marketing a dietary supplement which bears a statement of nutritional support.

The dietary supplement for which the statement is made is Ten Ginsengs SuperComplex (liquid). The statement of nutritional support reads as follows:

"Siberian ginseng supports the body's natural vitality, defense responses and ability to adapt to a variety of stressors."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This statement of nutritional support is based on data which renders this statement substantiated, truthful and non-misleading.

Sincerely,

Rainbow Light Nutritional Systems, Inc.

Margaret Johnson

Margaret Johnson
 Executive Administrator

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