

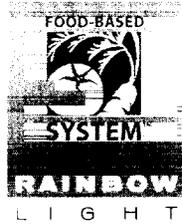
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1-800-635-1233

March 4, 1999

James T. Tanner, Ph.D.
 Office of Special Nutritionals
 Center for Food Safety and Applied Nutrition
 Food and Drug Administration
 200 "C" St., S.W. (HFS-450)
 Washington, D.C. 20204

RECEIVED
 3/11/99

Dear Mr. Tanner:

Pursuant to Section 6 of the Dietary Supplements Health and Education Act of 1994, Rainbow Light Nutritional Systems, Inc. wishes to notify the Food and Drug Administration that it has within the past 30 days, commenced marketing a dietary supplement which bears a statement of nutritional support.

The dietary supplement for which the statement is made is Golden Seal (Liquid). The statement of nutritional support reads as follows:

"Golden seal has traditionally been used to support the integrity of the mucous membranes and skin."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This statement of nutritional support is based on data which renders this statement substantiated, truthful and non-misleading.

Sincerely,

Rainbow Light Nutritional Systems, Inc.

A handwritten signature in cursive script, appearing to read "Margaret Johnson".

Margaret Johnson
 Executive Administrator

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