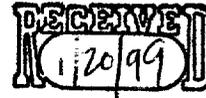


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Office of Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street SW
Washington, D.C. 20204



January 11, 1999

Dear Sirs,

The purpose of this letter is to provide you with notification of the descriptive claims that RealAge, Inc. has included on four (4) of their products:

L-Tyrosine Supplement
Glucosamine Sulfate Supplement
Standardized Feverfew Extract Supplement
Standardized Milk Thistle Extract Supplement.

1. Name and address of the distributor of the dietary supplement that bears the statement:

RealAge, Inc.
6498 Weathers Place, Suite 100
San Diego, CA 92121
Phone: (619) 784 3720
Fax: (619) 784 3721

2. The text of the statement that is being made:

L-Tyrosine is synthesized in the body and is essential to important neurotransmitters in the brain.*

Glucosamine Sulfate provides nutritional support for joints and cartilage.*

Feverfew helps support healthy blood vessel tone.*

Milk Thistle supports a healthy liver.*

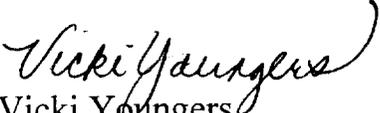
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

This letter certifies that the information contained in this notice is complete and accurate and that RealAge, Inc. has substantiation that the statements are truthful and not misleading.

Signed:  _____

Charles Silver, President
January 11, 1999

Thank you very much.


Vicki Youngers
Director of Merchandising