



December 10, 1998

Office of Special Nutritional
HFS-450 Center for Food Safety and Applied Nutrition
Us. Food and Drug Administration 2336 '99 JAN -5 P2:14
200 c St. Sw
Washington DC 20204

Statement of Nutritional Support - **ASTRAGALUS** EXTRACT
Pursuant to 21 CFR Part 101.93, American Specialty Health &
Wellness (ASHW) files the following Statement of
Nutritional Support for the Dietary Supplement marketed as:
ASTRAGALUS EXTRACT

1) Name and Address of Distributor: ASHW 8989 Rio San Diego
Dr. Ste . 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:

"Astragalus, also known as milk vetch root, is considered a
general tonic. The root of the plant is used to support a
healthy immune system and counteract fatigue. General
tonics such as astragalus are believed to enhance the
body's ability to cope and adapt to stressful conditions."

3) Name of dietary ingredient(s) : See Attached Product Label

4) Brand Name: **ASTRAGALUS** EXTRACT

5) Substantiation information on file at the company office .
The corporate officer who can certify same is Dr. Doug
Metz, Vice President.

Yours truly,

A handwritten signature in cursive script that reads "Doug Metz".

Dr. Doug Metz
Vice President

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LET2869

Astragalus Extract

Description:

Astragalus, also known as milk vetch root, is considered a general tonic. The root of the plant is used to support a healthy immune system and counteract fatigue. General tonics such as **astragalus** are believed to enhance the body's ability to cope and adapt to stressful conditions.

Directions for Use: Take 1 capsule per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 50900, SAN DIEGO, CA 921504040

ASTRAGALUS EXTRACT DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule - Servings Per Container: 30

Amount Per Serving: % Daily Value

Astragalus extract (Astragalus membranaceus root, std 16% astragalosides)	450mg
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Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Astragalus Extract is free of wheat, corn, soy, dairy, sucrose, starch, salt and yeast.

30 CAPSULES

Premium Products for Your Health & Wellness™