



12/2/98  
JAN -4 P3:00

Office of Special Nutritionals (HFS-450)  
Center for Food and Safety  
Food and Drug Administration  
200 C. St. SW.  
Washington, DC 20204

RECEIVED  
12/14/98

Re: Notice of (a) structure/function statement(s) on a dietary supplement.

(i) Name and address of manufacturer:  
HERB PHARM • PO BOX 116 • WILLIAMS, OR 97544

(ii) Text of statement:

"Promotes Serenity and Sense of Well Being."

(iii) Dietary ingredient:  
Kava (Piper methysticum)

(iv) Dietary supplement:  
Liquid Herbal Extract, Kava

(v) Brand name:  
HERB PHARM

HERB PHARM • WILLIAMS, OR 97544

SUGGESTED USE  
SHAKE WELL BEFORE USING  
Two to five times per day  
take 30 to 40 drops in a little water.

Four Fluid Ounces (118.4 ml)  
LIQUID HERBAL EXTRACT  
**KAVA**  
Whole Rootstock  
Promotes Serenity  
& Sense of Well Being \*



A Dietary Herbal Supplement

We prepare our Kava Extract from the whole rootstock of *Piper methysticum* plants which are grown on the South Pacific Islands of Vanuatu using traditional, chemical-free growing methods. With our special vacuum concentration process we first thoroughly extract the roots, and then evaporate away much of the extract's free liquid (under a high vacuum at less than 110°F) to create a more concentrated extract which is richer in Kava's kavalactones and other bioactive compounds.  
Our Kava is never fumigated or irradiated.  
... Dry herb / menstruum ratio: 1 : 1  
Contains grain alcohol (60 - 80%) & Kava aromatics.  
\* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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I hereby certify that the information contained in this notice is complete and accurate and that Herb Pharm has substantiation that the statement is truthful and not misleading.

Ed Smith  
CEO of Herb Pharm

CC: 2/FDA, 1/FILE

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P.O. Box 116 • 20260 Williams Hwy. • Williams, Oregon 97544, USA  
Tel: (541) 846-6262 • Fax: (541) 846-6112 • E-Mail: HerbPharm@aol.com

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