

NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93

RECEIVED  
12/1/98

This notification is being filed on behalf of 4 Today™ Inc which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5032 Cheerful Dr, Salt Lake City, Utah, 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Ultimate.

The text of each structure-function statement for which notification is now being given is:

- (Statement 1): Together these nutrients provide you with optimum nutritional support to meet daily energy demands
- (Statement 2): '4 Today Ultimate' offers protection against stress and premature aging.
- (Statement 3): It may also establish an environment for natural cellular rejuvenation and regeneration.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

Statement Number	Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement
1.	<u>Vitamins, Amino Acid Chelated Minerals, Phytonutrients, Herbs, Anti-Oxidants &amp; Enzymes</u>
2.	<u>Vitamins, Amino Acid Chelated Minerals, Phytonutrients, Herbs, Anti-Oxidants and Enzymes</u>
3.	<u>Vitamins, Amino Acid Chelated Minerals, Phytonutrients, Herbs, Anti-Oxidants and Enzymes</u>

The following identifies the brand name of each supplement for which a statement is made:

Statement Number	Brand Name	Label or Labeling?
1.	<u>4 Today 'Ultimate'</u>	<u>label and labeling</u>
2.	<u>4 Today 'Ultimate'</u>	<u>label and labeling.</u>
3.	<u>4 Today 'Ultimate'</u>	<u>label and labeling</u>
4.		

I, Jan L. Kerr, am authorized to certify this Notification on behalf of 4 Today™ Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today™ Inc has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: Nov. 20, 1998 By: Jan L. Kerr, President  
[Name] LET 2776  
[Title] 62503

**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93**

This notification is being filed on behalf of 4 Today™ Inc., which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5032 Chevrolet Dr., Salt Lake City, Utah, 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Ultimate.

The text of each structure-function statement for which notification is now being given is:

- (Statement 4): 4 Today™ "Ultimate" forms a strong foundation for fortifying the immune system, protecting the respiratory system, maintaining a healthy intestinal tract, and assisting digestion for a healthier body.
- (Statement 5): Vitamins boost energy.
- (Statement 6): Amino Acid Chelated Minerals may help make vitamins even more effective.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
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- |    |  |
|----|--|
| 4. | <u>Vitamins, Amino Acid Chelated Minerals, Phytonutrients, Herbs, Anti-Oxidants &amp; Enzyme</u>   |
| 5. | <u>Vitamins: A, Beta Carotene, C, D-3, E, B-1, B2, niacin, B6, Folic Acid, B-12, Biotin, and Pantothenic Ac.</u>   |
| 6. | <u>Minerals: Calcium AAC, Iron AAC, Magnesium AAC, Zinc AAC, Selenium AAC, Copper AAC, Manganese AAC, Chromium AAC, Molybdenum AAC, Potassium AAC, Boron AAC, Vanadium AAC</u> |

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
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- |    |                         |                           |
|----|-------------------------|---------------------------|
| 4. | <u>4 Today Ultimate</u> | <u>label and labeling</u> |
| 5. | <u>4 Today Ultimate</u> | <u>label and labeling</u> |
| 6. | <u>4 Today Ultimate</u> | <u>label and labeling</u> |

I, Jan L. Kerr am authorized to certify this Notification on behalf of 4 Today™ Inc.. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today™ Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: Nov. 20, 1998 By: Jan L. Kerr, president.  
[Name]  
[Title]

**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93**

This notification is being filed on behalf of 4 Today™/Inc which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5032 Cavalier Dr., Salt Lake City, Utah, 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Ultimate

The text of each structure-function statement for which notification is now being given is:

- (Statement 7): They fortify the immune system.
- (Statement 8): Fructo Oligosaccharides (Flora) has been added to maintain a healthier intestinal tract.
- (Statement 9): Scientists have found that phytonutrients may help maintain healthy cholesterol, and normal blood pressure, stimulate regular heartbeat elevate the mood and detoxify blood.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
7.	<u>Phytonutrients: Grape Seed Extract, Broccoli, Cabbage, Carrot, Apple Pectin, Lecithin and Fructo Oligosaccharides</u>
8.	<u>Fructo Oligosaccharides (Flora), a phytonutrient</u>
9.	<u>Phytonutrients: Grape Seed Extract, Broccoli, Cabbage, Carrot, Apple Pectin, Lecithin and Fructo Oligosaccharides</u>

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
7.	<u>4 Today Ultimate</u>	<u>Label and Labeling</u>
8.	<u>4 Today Ultimate</u>	<u>Label and Labeling</u>
9.	<u>4 Today Ultimate</u>	<u>Label and Labeling</u>
4.		

I, Jan L. Kerr, am authorized to certify this Notification on behalf of 4 Today™ Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today™ Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: Nov. 20, 1998 By: Jan L Kerr, president  
 [Name]  
 [Title]

**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93**

This notification is being filed on behalf of 4 Today<sup>TM</sup> Inc which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5032 Cheerdul Dr. Salt Lake City, Utah, 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Ultimate

The text of each structure-function statement for which notification is now being given is:

- (Statement 10): *Phytonutrients also help cleanse the liver, and improve circulation in body organs.*
- (Statement 11): *Phytonutrients are powerful anti-oxidants*
- (Statement 12): *Anti-Oxidants are elements that neutralize free radicals in the body and help detoxify it.*

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
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- |     |   |
|-----|---|
| 10. | <i>Phytonutrients: Grape Seed Extract, Broccoli, Cabbage, Carrot, Apple Pectin, Lecithin and</i>      |
| 11. | <i>Phytonutrients: Grape Seed Extract, Broccoli, Cabbage, Carrot, Apple Pectin, Lecithin and</i>      |
| 12. | <i>Anti-Oxidants: Vitamins A, C, E, and the mineral Selenium and phytonutrients Grape Seed Ex.</i>    |
|     | <i>and Herbs: green Tea Extract, gotu kola, Cucurbit C3 Complex Turmeric Extract and Cayenne Ppr.</i> |

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
10	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
11.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
12.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
4.		

I, Jan L. Kerr, am authorized to certify this Notification on behalf of 4 Today<sup>TM</sup> Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today<sup>TM</sup> Inc has substantiation that each structure-function statement is truthful and not misleading.

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 [Name]  
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This notification is being filed on behalf of 4 Today<sup>TM</sup> Inc which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5032 Cheerdale Dr, Salt Lake City, Utah, 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Ultimate.

The text of each structure-function statement for which notification is now being given is:

- (Statement 13): *The herbs in this product may enhance memory and concentration.*
- (Statement 14): *Enzymes help digest foods, especially protein and dairy products.*
- (Statement 15): *Taking Enzymes allows the body to focus on strengthening the immune system.*

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
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- 13. Herbs: *Ginkgo Biloba, Green Tea Extract, Gorku Kola Extract, Curcumin C3 Complex, Turmeric Extract, Siberian Ginseng, Cayenne Pepper, and Aloe Vera Extract.*
- 14. Enzymes: *Aspergillus Digestive Enzymes, Pineapple and Papaya.*
- 15. Enzymes: *Aspergillus Digestive Enzymes, Pineapple and Papaya.*

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
13.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
14.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
15.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>
4.	<i>4 Today Ultimate</i>	<i>Label and Labeling</i>

I, Jan L. Kerr, am authorized to certify this Notification on behalf of 4 Today<sup>TM</sup> Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today Inc has substantiation that each structure-function statement is truthful and not misleading.

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