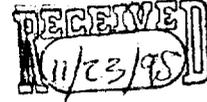




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November 19, 1998



Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing Fructooligosaccharides under the following brand names: American Health, Body Fortress, Good 'N Natural, Herbal Authority, Hudson, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, Vitamin World:

Fructooligosaccharides (FOS) help promote intestinal flora such as Lactobacillus and bifidobacteria in the intestines.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Nutritionist

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