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LAW OFFICES

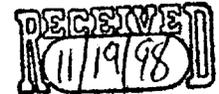
HYMAN, PHELPS & MCNAMARA, P. C.

JAMES R. PHELPS  
PAUL M. HYMAN  
ROBERT A. DORMER  
STEPHEN H. MCNAMARA  
ROGER C. THIES  
THOMAS SCARLETT  
JEFFREY N. GIBBS  
BRIAN J. DONATO  
FRANK J. SASINOWSKI  
DIANE B. MCCOLL  
A. WES SIEGNER, JR.  
SAMIA N. RODRIGUEZ  
MARY BETH NERAAS  
JUDITH E. BEACH  
JENNIFER B. DAVIS  
JOHN A. GILBERT, JR.  
FRANCES K. WU  
DAVID B. CLISSOLD  
KATE DUFFY MAZAN  
HOLLY M. BAYNE\*  
CASSANDRA A. SOLTIS\*  
JOSEPHINE M. TORRENTE\*  
  
\*NOT ADMITTED IN DC

700 THIRTEENTH STREET, N. W.  
SUITE 1209 054 '98 NOV 24 P2:47  
WASHINGTON, D. C. 20005

TELEPHONE  
(202) 737-5600  
FACSIMILE  
(202) 737-9329  
DIRECT DIAL  
(202) 737-4298

HYMAN, PHELPS & MCNAMARA  
2603 MAIN STREET  
SUITE 650  
IRVINE, CALIFORNIA 92614  
TELEPHONE (949) 553-7400  
FACSIMILE (949) 553-7433  
  
ALAN M. KIRSCHENBAUM  
DOUGLAS B. FARQUHAR  
OF COUNSEL  
  
ROBERT T. ANGAROLA  
(1945-1996)



November 17, 1998

Office of Special Nutritionals  
Center for Food Safety and  
Applied Nutrition (HFS-450)  
Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204

**NOTIFICATION OF STATEMENTS  
OF NUTRITIONAL SUPPORT**

This notification is filed pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. § 343(r)(6), on behalf of Khalsa International Industries and Trade, with respect to the following dietary supplements.

Name of Supplement	Joint Comfort Decaffeinated Green Tea with Yucca and Turmeric Root
Dietary ingredients	Lemon grass, decaffeinated Green tea leaf, Alfalfa seed, Turmeric root, Celery seed, Yucca, Devil's claw.
Statements of nutritional support for the supplement 1.	Joint Comfort.

2. Herbs are used by many cultures to support healthy joints.
3. Ayurvedic tradition extols the beneficial properties of Turmeric root.
4. Native Americans used Yucca for its joint-supporting abilities.
5. Devil's claw, an herb from Africa, also has an established reputation for providing comfort to the joints.
6. By drawing from many kinds of traditional herbal knowledge, Joint Comfort Decaffeinated Green Tea has been carefully formulated to encourage the natural rejuvenating abilities of the body.

\* \* \* \* \*

Name of supplement Hawthorn Berry Heart Tea with Red Clover and Hyssop

Dietary ingredients Lemon grass, Licorice root, Red clover, Hyssop, Gotu kola, Hawthorn Berry, Ginkgo biloba, Cayenne.

Statements of nutritional support for the supplement

1. Hawthorn Berry Heart Tea is a unique herbal tonic that includes some of the most reliable herbs traditionally known to support the cardiovascular system.
2. Hawthorn berry is believed to improve oxygen utilization and increase circulation.
3. Hyssop and Red Clover are known to support the health of the arteries.

\* \* \* \* \*

Name of supplement Menopause Special Formula Tea with Vitex and Black Cohosh

Dietary ingredients           Ginger root, Hibiscus flower, Licorice root, Raspberry leaf, Dong quai, Chaste berry, Kava Kava, Natrum phosphoricum 3x, Wild Yam, Black cohosh.

Statements of nutritional

- support for the supplement
1. In traditional Chinese medicine, Black cohosh root is used to promote balance and maintain normal hormone function.
  2. Chaste berry (Vitex) is thought to work primarily on balancing the pituitary which helps in equalizing hormones.
  3. Wild Yam is believed to soothe nerves with its natural hormone precursors.
  4. We have also added the cell salt Nat Phos 3x to this formula as it is known to promote regularity of menstruation.

\* \* \* \* \*

Name of supplement           Computer De-Stress Tea with Eyebright and Kelp

Dietary ingredients           Ginger root, Licorice root, Ginkgo biloba, Eyebright, Oat straw, Echinacea, Gotu kola, Kelp.

Statements of nutritional

- support for the supplement
1. Computer De-Stress Tea is created especially to support the body in adapting to common workplace stress.
  2. Kelp is known to be high in trace minerals and natural iodine, which is thought to help the body adapt to the non-specific stress of low level radiation.
  3. Eyebright has been traditionally used for stimulating general eye health.

\* \* \* \* \*

Name of supplement	Super Anti-oxidant Green Tea with Grapeseed and Amla
Dietary ingredients	Lemon grass, Green tea leaf, Licorice root, Jasmine Green tea leaf, Alfalfa leaf, Burdock root, Dandelion root, Grapeseed extract, Amla fruit extract, Irish Moss.
Statements of nutritional support for the supplement	<ol style="list-style-type: none"><li>1. Research has shown Green Tea and Grapeseed to have excellent antioxidant properties.</li><li>2. Our formula also contains Amla Fruit, which is one of the most bioavailable sources of Vitamin C, an antioxidant nutrient.</li><li>3. Included in this tonic formula are herbs that are known to be rejuvenating and restorative to the body.</li><li>4. Super Anti-Oxidant Green Tea has been specifically formulated to support the body's immune system.</li></ol>

\* \* \* \* \*

Name of supplement	Head-Aid Green Tea with Feverfew and Kava
Dietary ingredients	Green tea leaf, Lemon grass, Licorice root, Fennel seed, Feverfew leaf, Kava Kava, Rosemary leaf.

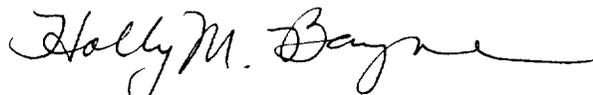
Statements of nutritional

support for the supplement

1. Head-Aid Green Tea has been specially formulated to aid circulation to the head and support the body's natural ability to reduce stress.
2. Feverfew is traditionally used in many areas of the world to help maintain normal blood vessel tone and promote cerebral well-being.
3. This formula also contains Kava Kava, an herb known by many cultures to be effective in the relief of stress and tension.
4. Rosemary is believed to stimulate the circulatory system and soothe the nervous system.

The certification, signed by a responsible company individual, as required by Food and Drug Administration regulation, 21 C.F.R. § 101.93(a)(3), is attached.

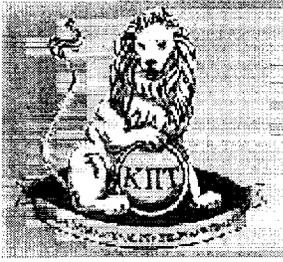
Sincerely,



Holly M. Bayne

HMB/jhb  
Enclosure

cc: Guru Hari S. Khalsa



## Khalsa International Industries and Trade

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Golden Temple- Yogi Tea- Sunshine Oils- Yogi Botanicals  
2545-A Prairie Rd., Eugene, Oregon 97402  
Tel.: 541-461-2160 (ext. 281) Fax: 541-461-1633  
Email: guruhari@kiit.com

Date: 10/30/98  
From: Guru Hari Singh Khalsa, Director Technical Services/R&D  
To: Office of Special Nutritionals  
Re: Notification of Statements of Nutritional Support  
Cc:

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration (HFS-450)  
200 C Street, S.W.  
Washington, D.C. 20204

This certification is filed in accordance with the Food and Drug Administration regulation 21 C.F.R. 101.93 (a) (3).

I certify that the information in the attached notification is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

By   
Guru Hari S. Khalsa  
Technical Services Director