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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **CARDIO FORMULA**
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **CARDIO FORMULA**

- 1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr. Ste. 250, San Diego CA 92108
- 2) Text of Nutritional Support Statement being Made:
"Cardio Formula provides a rich source of antioxidant and cardiovascular supportive nutrients including vitamins, minerals and herbs. Specially selected for this formula are Vitamin E, Magnesium, B6, Folic Acid, B12, dibenozide, salvia, chromium and hawthorne berry. These nutrients were chosen for their cardiovascular health promoting and healthy cholesterol effects. The Cardio Formula is designed to help combat the ill effects of today's stressful lifestyles by protecting the cardiac system and providing nutrients to support cardiac function."
- 3) Name of dietary ingredient(s): See Attached Product Label
- 4) Brand Name: **CARDIO FORMULA**
- 5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

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8989 Rio San Diego Dr., Suite 250, San Diego, CA 92108 • Phone 619/297-8100 • Fax 619/209-6236

LET 2534

Cardio Formula

Description:

Cardio Formula provides a rich source of antioxidant and cardiovascular supportive nutrients including vitamins, minerals and herbs. Specially selected for this formula are vitamin E, magnesium, B6, folic acid, B12, dibenzoyl, salvia, chromium and hawthorne berries. These nutrients were chosen for their cardiovascular health promoting and healthy cholesterol effects. The Cardio Formula is designed to help combat the ill effects of today's stressful lifestyles by protecting the cardiac system and providing nutrients to support cardiac function.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

Cardio Formula is free of wheat, corn, dairy, sucrose, starch, salt and yeast.

Directions For Use: Take 2 capsules, 1 time per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

Chelavite® is a registered trademark of Albion Laboratories, Inc.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

CARDIO FORMULA

DIETARY SUPPLEMENT

60 CAPSULES

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 2 Capsules – Servings Per Container: 30

| | Amount Per Serving: | % Daily Value |
|---|---------------------|---------------|
| Vitamin E (as d-alpha tocopherol succinate) | 180 IU | 600% |
| Folate (as folic acid) | 400mcg | 100% |
| Vitamin B12 | 100mcg | 1667% |
| Magnesium (as magnesium oxide) | 100mg | 25% |
| Chromium (as chromium Chelavite® amino chelate) | 200mcg | 167% |
| Dibenzoyl | 50mcg | * |
| Pyridoxine HCl | 10mg | * |
| Salvia extract (Salvia miltiorrhiza root, 4:1) | 125mg | * |
| Hawthorn berry extract (Crataegus cuneata fruit, std 5% vitexin flavonoids) | 300mg | * |

*Daily Value not established