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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **VITAMIN C CHEWABLE**
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **VITAMIN C CHEWABLE**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Vitamin C, also known as ascorbic acid, is an antioxidant that is required for proper tissue growth and maintenance and adrenal gland function. Vitamin C supports a healthy immune system, protects against bruising, and assists in blood clotting, tissue formation and the healing of wounds. Chewable C should be taken with food and chewed well, for best absorption."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **VITAMIN C CHEWABLE**

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

97S - 0162

8989 Rio San Diego Dr., Suite 250, San Diego, CA 92108 • Phone 619/297-8100 • Fax 619/209-6236

LET 2504

Chewable Vitamin C **(Ascorbic Acid)**

Description:

Vitamin C, also known as ascorbic acid, is an antioxidant that is required for proper tissue growth and maintenance and adrenal gland function. Vitamin C supports a healthy immune system, protects against bruising, and assists in blood clotting, tissue formation and the healing of wounds. Chewable C should be taken with food and chewed well, for best absorption.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

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