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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support- HEALTHY CHOLESTEROL FORMULA

Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as:
HEALTHY CHOLESTEROL FORMULA

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Healthy Cholesterol Formula is a combination of herbal ingredients formulated to provide support for a healthy blood cholesterol and triglyceride level."

3) Name of dietary ingredient: See Attached Product Label

4) Brand Name: HEALTHY CHOLESTEROL FORMULA

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

97S-0162

LET2480

Healthy Cholesterol Formula

Description:

Healthy Cholesterol Formula is a combination of herbal ingredients formulated to provide support for a healthy blood cholesterol and triglyceride level.

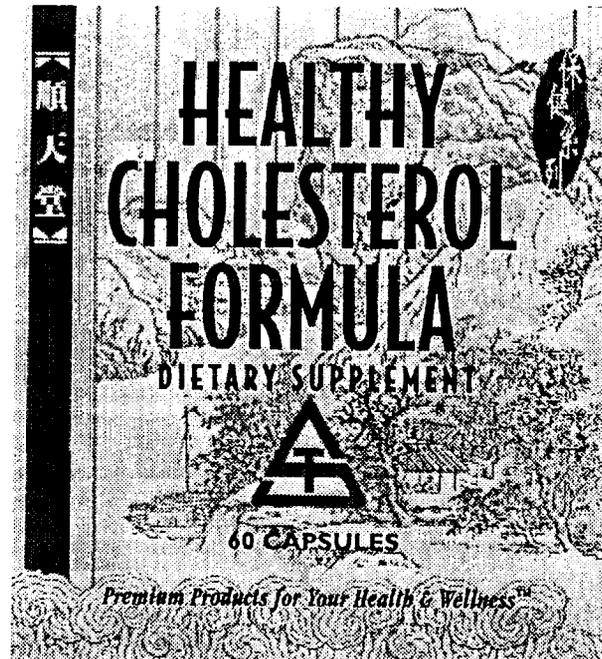
These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 tablet 2 times per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: This product contains Rhubarb (Rheum palmatum rhizome) and senna (Cassia tora seed). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication or have a medical condition, consult your physician before using this product.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.



Supplement Facts

Serving Size: 2 Tablets – Servings Per Container: 30

Amount Per Serving: %Daily Value

Herbal decoction containing extracts of Hawthorn Berry (Crataegus cuneata fruit), Ho-Shou-Wu (Polygonum multiflorum root), Senna (Cassia tora seed), Chrysanthemum (Dendranthema x morifolium flower), Lotus (Nelumbo nucifera leaf), Alisma (Alisma orientale rhizome), Hu-Zhang (Polygonum cuspidatum rhizome), Rhubarb (Rheum palmatum rhizome), Garlic (Allium sativum bulb), Green tea (Camellia sinensis leaf), Bulrush (Typha angustifolia pollen) and Ligustrum (Ligustrum lucidum fruit) 2,800mg *

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Cholesterol Formula is free of wheat, corn, soy, dairy, sucrose, starch, salt and yeast.