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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **HAWTHORN BERRY EXTRACT**
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as:**HAWTHORN BERRY EXTRACT**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr. Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Hawthorn Berry Extract is useful for the support of the cardiovascular system and a healthy blood pressure."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **HAWTHORN BERRY EXTRACT**

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

975 - 0162

8989 Rio San Diego Dr., Suite 250, San Diego, CA 92108 • Phone 619/297-8100 • Fax 619/209-6236

LET2465

Hawthorn Berry Extract

Description:

Hawthorn Berry, also known as Mayflower is a European shrub that is rich in compounds called flavonoids and proanthocyanidins. These compounds are recognized for being important antioxidants. Hawthorn is useful for the support of the cardiovascular system and a healthy blood pressure.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 capsule 2 times per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Use this product only after consulting your physician about your specific health needs.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

HAWTHORN BERRY EXTRACT

DIETARY SUPPLEMENT

60 CAPSULES

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 1 Capsule – Servings Per Container: 60

Amount Per Serving: %Daily Value

Hawthorn berry extract (Crataegus cuneata fruit, std 5% vitexin flavonoids)	125mg	*
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Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Hawthorn Berry Extract is free of wheat, corn, dairy, sucrose, starch, salt and yeast.