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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support - **DIGESTIVE ENZYME**
Pursuant to 21 CFR Part 101.93, American Specialty Health &
Wellness (ASHW) files the following Statement of Nutritional
Support for the Dietary Supplement marketed as: **DIGESTIVE ENZYME**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Digestive Enzymes are specialized protein molecules that act as
activating catalysts. Enzymes cause the chemical reactions of
the digestive process to occur efficiently and completely."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **DIGESTIVE ENZYME**

5) Substantiation information on file at the company office. The
corporate officer who can certify same is Dr. Doug Metz, Vice
President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

Digestive Enzyme Formula

Description:

Digestive enzymes are specialized protein molecules that act as activating catalysts. Enzymes cause the chemical reactions of the digestive process to occur efficiently and completely.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

Digestive Enzyme Formula is free of wheat, corn, dairy, sucrose, starch, salt and yeast.

Directions For Use: Take 2 capsules 3 times per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

DIGESTIVE ENZYME FORMULA (VEGETARIAN) DIETARY SUPPLEMENT

60 CAPSULES

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 2 Capsules – Servings Per Container: 30

| | Amount Per Serving: | %Daily Value |
|-------------|---------------------|--------------|
| Amylase | 10,000 DU | * |
| Cellulase | 1,000 CU | * |
| Lactase | 650 LACU | * |
| Lipase | 2,750 LU | * |
| Maltase | 350 DP | * |
| Peplidase | 800 USP | * |
| Protease I | 133,300 HUT | * |
| Protease II | 166,800 USP | * |
| Sucrase | 125 SU | * |

Proprietary Chinese herbal detoxification containing extracts of Finger citron fruit (Citrus sarcocodactylis), Bitter orange fruit (Citrus aurantium fruit), Cyperus (Cyperus rotundus rhizome), Corydalis (Corydalis yanhusuo rhizome), Rhubarb (Rheum palmatum rhizome), Shen-chu (Massa medicata fermentata), Peony (Paeoniae lactiflora root), and Gardenia (Gardenia jasminoides fruit)

500mg

*Daily Value not established