



Natural Factors Nutritional Products Inc.

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November 2, 1998

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

RECEIVED
11/9/98

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Valerian Root Extract 300mg

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Pl.
Burnaby, BC
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1420 80th St. SW, Suite B
Everett, WA 98203

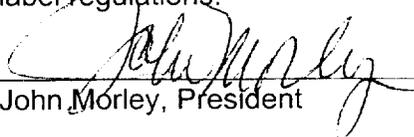
Text of the side panel: Natural Factors Valerian extract is the natural way to unwind, relax and get a good night's sleep. It contains concentrated, standardized Valerian extract, scientifically studied for its unique relaxing and sleep promoting properties. Remember, a balanced diet and exercise can enhance the benefits of this calming and sleep promoting herb.*

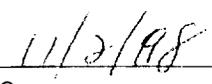
Text on PDP: Promotes Sleep and Relaxation*

Name of dietary ingredient that is the subject of statement: Valerian Root extract

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

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