



Natural Factors Nutritional Products Inc.

8373 '98 NOV 18 P2:14

November 2, 1998

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

RECEIVED
11/9/98

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Super Multi – Iron Free

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Pl.
Burnaby, BC
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1420 80th St. SW, Suite B
Everett, WA 98203

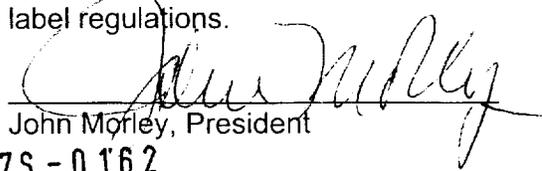
Text of the side panel: The Super Multi Iron Free is a complete spectrum of vitamins and mineral citrates essential to maintaining optimal health. The Super Multi Iron Free is ideal for men, children and those already taking an iron supplement. Fortified with 25mg of the B vitamins, The Super Multi Iron Free is ideal for those needing an energy boost.* citrates are extremely well absorbed and well tolerated by the body. Obtaining an adequate supply of daily nutrients is often difficult with today's lifestyles. The Super Multi Iron Free is insurance to fortify your daily diet with important vitamins and minerals.

Text on PDP: Complete Nutritional Support*

Name of dietary ingredient that is the subject of statement: Multi Vitamins & Minerals

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President

Date 11/2/98

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