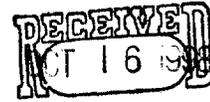


David J. Foreman, R. Ph.  
C&D Foreman, Inc.  
8004 Gates Bluff Place  
Chesterfield, VA 23832



October 14, 1998

3309 '98 OCT 27 P4:53

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition, Food  
and Drug Administration  
200 C Street, SW  
Washington, DC 20204

To Whom It May Concern:

Please accept this notification of the following nutritional support statement.

“Supports the natural response to fatigue

Name of Supplement or Ingredient that the statement describes: Product name: Energizing formula

Ingredient- korean ginseng, bee pollen

Distributed by: Herbal RPh.

8004 GATES BLUFF PLACE

CHESTERFIELD VA 23832

Date of first marketing of the supplement with the disclaimer: 11/16/98

I hereby certify that the information contained in this notice is complete and accurate, and C&D Foreman, Inc. dba/Herbal RPh. has substantiation that the statement(s) of nutritional support is truthful and not misleading. Sincerely,

David J. Foreman, R. Ph.

President, C&D Foreman DBA Herbal Pharmacist

A handwritten signature in black ink, appearing to be "D. Foreman". The signature is fluid and cursive, with a large initial "D" and a long, sweeping underline.