

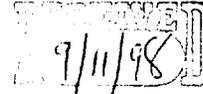


PHARMAVITE

August 27, 1998

6279 '98 SEP 21 P1:53

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, DC 20204



Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name and address of manufacturer:  
Pharmavite Corporation, PO Box 9606, Mission Hills, CA 91346

(2) Text of the statement(s):  
Helps promote daytime and nighttime rest

This unique combination of herbs may have benefits as both a calming agent, and as an aid to help people achieve good nighttime rest.

(Hops fruit) Exerts calming effect, thereby inducing rest.

(Kava kava root) Tradition of use for calming and relaxation.

(Passionflower herb) Tradition of use for relaxation and rest.

(Valerian root) Popular for centuries for people seeking natural support to enhance their nighttime rest.

(3) Name of the dietary ingredient if not provided in the text of the statement:  
see above

(4) Name of the dietary supplement:  
Relax and Rest Formula

The above statement(s) may be used in one or more of the following brands of products: Nature Made, Sunny Maid, Nature's Resource, AAFES, AARP, Osco, Sav-On, Valu Wise, Bartell Drug, CVS, Duane Reade, Walgreens, Longs, Spring Valley, Brite Life, Family Pharmacy, GNP, Valu-Rite.

97S - 0162

LET 2116  
61140



®

PHARMAVITE

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read 'David Kropp', is written over a faint, circular stamp or watermark.

David Kropp  
Manager, Regulatory and Legal Affairs