

1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

July 7, 1998

6 9 2 1 '98 AUG -5 P1 :42

Dr. Elizabeth Yetley, Ph.D.
F.D.A.
Office of Special Nutrition
200 "C" St., S.W.
Washington, DC 20204



Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: Amino Surge™, 250 tablets

Active Ingredient(s): Whey peptides and egg albumen

Claim(s): Amino Surge™ is especially rich in Branched Chain Amino Acids which are essential to the formation of muscle mass and promote positive nitrogen balance. Amino Surge™ is formulated with synergists that enhance the absorption, metabolism and efficacy of the amino acids. All body proteins are produced from amino acids. Amino acids are involved in a variety of human body functions. Amino acids play a role in energy production, as the carbon backbone can also be shunted into the Tri-Carboxylic Acid (TCA) cycle. Structural proteins, such as collagen, cartilage and elastin are rich in amino acids. Some amino acids are modified to produce hormones, enzymes or neurotransmitters.

The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Siddharth S. Shastri".

Siddharth S. Shastri, B.A., C.C.N.

Director of Product Development

SUGGESTED USAGE:

General Use: As a dietary supplement, take 2 fast dissolving tablets up to 3 times daily, or as directed by your qualified health consultant.

Low Level Resistance or Aerobic Training: Take 2 to 3 tablets, preferably with juice, about 30 minutes before meals.

High Level Resistance or Anaerobic Training: Take 4 to 6 tablets, preferably with juice, about 30 to 60 minutes before exercise.

AMINO SURGE™ is rich in various forms of amino acids, free form, di-, tri-, and polypeptides. **Amino Surge™** is especially rich in **Branched Chain Amino Acids** (283 mg per tablet), which are essential to the formation of muscle mass and promote positive nitrogen balance.

AMINO SURGE™ is a combination of amino peptides from whey and egg albumen proteins plus extra **Branched Chain Amino Acids** resulting in an ideal amino acid ratio and superior absorption.

AMINO SURGE™ is formulated with synergists that enhance the absorption, metabolism and efficacy of the amino acids. Amino acids are relatively simple molecules with a molecular weight of about 100. All body proteins are produced from amino acids. Amino acids are involved in a variety of human body functions. Amino acids play a role in energy production, as the carbon backbone can also be shunted into the Tri-Carboxylic Acid (TCA) cycle. Structural proteins, such as collagen, cartilage and elastin are rich in amino acids. Some amino acids are modified to produce hormones, enzymes or neurotransmitters.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Jarrow FORMULAS™

AMINO SURGE

996 mg Amino Acids
Rich in BCAAs
from Whey Peptides

250 Tablets

1032 mg each

Each 1032 mg **AMINO SURGE™** tablet, contains 996 mg of amino acids (including whey peptides (hydrolyzed to provide short chains of amino acids) and egg albumen peptides).

Essential Amino Acids

Isoleucine 72mg; Leucine 110mg; Lysine 35mg; Methionine 23mg; Phenylalanine/Tyrosine 11mg; Threonine 35mg; Tryptophan 11mg; Valine 35mg

Non-Essential Amino Acids

Alanine 81mg; Arginine 32mg; Aspartic Acid 10mg; Cysteine/Cystine 10mg; Glutamic Acid 10mg; Glycine 32mg; Histidine 22mg; Proline 60mg; Serine 52mg

Amino Acid Synergists

Vitamin C 20mg (33% RDI); Vitamin B1 10mg (133% RDI); Vitamin B2 2mg (117% RDI); Vitamin B3 5mg (50% RDI); Vitamin B5 5mg (50% RDI); Vitamin B6 2mg (100% RDI)

Superior Nutrition and Formulation
Jarrow FORMULAS, INC™
Los Angeles, CA 90035-4317

PROD # 15003

Lot #, Best Used Before:

