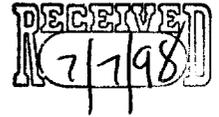


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NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR §101.93.



This notification is being filed on behalf of ~~Doster's Best, Inc.~~ ^{3405-98 JUL 20 11 46} which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplements product on whose label or labeling the statements appear are Best MSM and Best MSM Powder.

The text of each statement for which notification is now being given is as follows:

- Statement 1: MSM supports normal organ function by donating sulfur for maintenance of healthy connective tissue.
- Statement 2: MSM helps maintain the body's pool of sulfur-containing amino acids such as methionine and cysteine.
- Statement 3: MSM helps keep skin, hair and nails healthy by donating sulfur for the formation of keratin, a fibrous protein.
- Statement 4: MSM helps maintain the body's level of sulfur, an essential mineral.
- Statement 5: MSM supports normal elasticity of tissue.
- Statement 6: MSM supports joint function by contributing sulfur for maintenance of healthy connective tissue.
- Statement 7: MSM helps maintain the integrity of connective tissue in joints by donating sulfur for the formation of disulfide bridges in the protein backbone of cartilage proteoglycans.

Statement 8: MSM helps maintain normal digestive function and elimination.

Statement 9: MSM supports mental alertness and emotional well-being.

Statement 10: MSM supports lung function, by helping to maintain healthy membrane surfaces in the lungs.

Statement 11: MSM helps maintain healthy skin.

Statement 12: MSM helps moderate the body's response to antigenic substances.

Statement 13: MSM helps maintain normal muscle contraction and relaxation.

The following summary identifies the dietary ingredients or supplements for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient or Supplement that is the Subject of the Statement</u>
1	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder
2	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder
3	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder
4	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder
5	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder
6	MSM (methylsulfonylmethane) Best MSM/Best MSM Powder

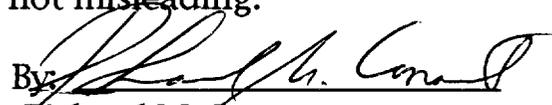
- 7 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder
- 8 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder
- 9 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder
- 10 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder
- 11 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder
- 12 MSM (methylsulfonylmethane)
Best MSM/Best MSM Powder

The following identifies the brand name of each supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1	Doctor's Best	Label/Labeling
2	Doctor's Best	Label/Labeling
3	Doctor's Best	Label/labeling
4	Doctor's Best	Labeling
5	Doctor's Best	Labeling
6	Doctor's Best	Labeling
7	Doctor's Best	Labeling
8	Doctor's Best	Labeling
9	Doctor's Best	Labeling
10	Doctor's Best	Labeling

11	Doctor's Best	Labeling
12	Doctor's Best	Labeling

I, Richard M. Conant, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998 By: 
Richard M. Conant
Director of Nutrition Research