

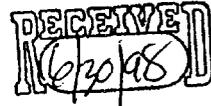


Natural Factors Nutritional Products Inc.

June 26, 1998

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

3393 '98 JUL 20 P1:45



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Lecithin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Pl
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1420 80th St. SW, Suite B
Everett, WA 98203

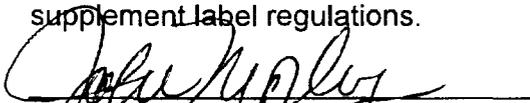
Text of the side panel: These easy-to-swallow softgels contain unbleached whole lecithin, the natural phospholipid fraction of the soy bean. Lecithin's primary active components are the naturally occurring phospholipids: phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol. Used by the vital organs, lecithin is found concentrated in the brain, liver and kidneys. Lecithin's emulsifying properties help the body breakdown fat.

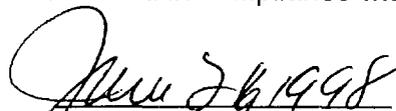
Text on PDP: Helps the body emulsify fat and aids in the absorption of fat soluble vitamins.

Name of dietary ingredient that is the subject of statement: Lecithin

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, Secretary


Date

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